



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2023-2024

LFIR # 1471

1. **Project Title**
2. **Senate Sponsor**
3. **Date of Request**

4. Project/Program Description

Cayuga Centers proposed project is an expansion of the evidence-based Healthy Steps program in Circuit 11 and into Circuit 19 that includes Miami-Dade and St. Lucie Counties. The expansion will include the hiring and implementation of two Healthy Steps teams in already established Cayuga Centers office locations that provide other community based services. As an agency with over a decade of experience in providing Healthy Steps in Miami-Dade County, Cayuga Centers is well-positioned to expand the Healthy Steps program to the additional locations in Florida. Healthy Steps is an Evidence Based Program (EBP), that provides guidance, education and support to families of children ages 0-3 at the infant's/toddler's pediatricians office by a Developmental Specialist assigned to that family. The goal of the Healthy Steps service is to provide early intervention, screening, and support to assist parents in raising their infant/toddler in a healthy, positive manner.

5. **State Agency to receive requested funds**
- State Agency contacted?** No

6. Amount of the Nonrecurring Request for Fiscal Year 2023-2024

Type of Funding	Amount
Operations	733,735
Fixed Capital Outlay	0
Total State Funds Requested	733,735

7. Total Project Cost for Fiscal Year 2023-2024 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	733,735	100%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2023-2024	733,735	100%

8. **Has this project previously received state funding?** No

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. **Is future funding likely to be requested?** Yes
- a. **If yes, indicate nonrecurring amount per year.**
- b. **Describe the source of funding that can be used in lieu of state funding.**
- Cayuga Centers could potentially pursue other grant opportunities to fund the project.



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10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

If yes, indicate the amount of funds received and what the funds were used for.

Cayuga Centers received The Department of Health and Human Services (HHS) Provider Relief Funds. \$1,166,178 was received over the time period of September 2020- April 2022. The HHS supplemental provider relief funds were used to support staffing pay initiatives including COVID vaccination incentives and retention bonuses for direct care staff.

Complete questions 11 and 12 for Fixed Capital Outlay Projects

11. Status of Construction

a. What is the current phase of the project?

Planning
 Design
 Construction

b. Is the project "shovel ready" (i.e permitted)?

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

12. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

13. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits	Indirect costs: 15% of all program salary and benefits	77,062
Expense/Equipment/Travel/Supplies/Other	Indirect costs: 15% of all program expenses	14,143
Consultants/Contracted Services/Study	Indirect costs: 15% Healthy Steps consultant fees	4,500
Operational Costs: Other		
Salary and Benefits	2 Healthy Steps Program Managers @ \$65,000 annually 4 Healthy Steps Developmental Specialists @ \$44,000 annually 2 Healthy Steps Data Specialists @ \$41,000 annually Fringe benefits on all staff (32%) includes Social Security, Health insurance, Dental insurance, 401k, Disability, Workers' Compensations, and Unemployment Insurance	513,744
Expense/Equipment/Travel/Supplies/Other	Travel: 50 miles per staff x 46 working weeks/yr x 8 FTEs annually at .625 per mile Program supplies such as library media for infant/toddlers, program brochures in Spanish and Creole, toys, books, crayons, Play Doh, safety and medical kits for participants, and academy of pediatric books for new clients. Other expenses include program space, staff equipment such as lap tops and cell phones, office supplies, postage, etc.	94,286



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Consultants/Contracted Services/Study	Healthy Steps Fees for 2 new program sites: \$30,000, includes: Practice assessment; Contracting; Implementation planning; Data consultation and Welly; Virtual HealthSteps Institute; Technical Assistance Calls during 1st year	30,000
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		733,735

14. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The requested funds will be used to add an additional Healthy Steps team in Circuit 11, and expand Healthy Steps services into Circuit 19 in Florida, that includes Miami-Dade and St. Lucie Counties. The expansion will add a Healthy Steps team to each of our established offices in those two Circuits. Each site will have one (1) Program Manager, two (2) Developmental Specialists, and one (1) Data Specialist.

b. What activities and services will be provided to meet the intended purpose of these funds?

Healthy Steps is a pediatric, EBP, that places Developmental Specialists in pediatric health clinics to provide anticipatory guidance, education and support to families of young children 0-3. The model includes well child visits with the family in the health clinic, home visits and family support groups as well as phone consultation using the Healthy Steps-High Intensity model. The model requires the target child/youth to attend required activity sessions. The Pediatrician works alongside the Developmental Specialist, enhancing the well-child visit for the child and parent/family. The program allows the Pediatrician to focus on the medical needs of the baby/toddler and the Developmental Specialist on the developmental and emotional needs of the family. The Developmental Specialist is very much like a live "Baby/Toddler Manual" for families, located at the family's trusted Pediatrician's office.

c. What direct services will be provided to citizens by the appropriation project?

The prevention program services include parent consultations at pediatric offices or health care centers, home visits, parent groups, developmental screens, depression screening, parent stress screening, parent-child interaction screening, home safety, written materials, parent education, and home literacy, guidance and support. The Healthy Steps Program's goal is to screen all babies/toddlers, intervene early and help parents be the best parents possible.

d. Who is the target population served by this project? How many individuals are expected to be served?

The eligibility criteria for the Healthy Steps Evidence Based Model focuses on the first three years of life. In order to stay true to the philosophy of the model, enrollment is limited to babies 2 months or younger and participants will be followed until the age of 3 years old. Also, the baby must be a patient of the designated Healthy Steps Pediatric Practice(s) or Health Care Center in order to receive Healthy Steps services. The Healthy Steps service is expected to be provided to 400 babies/toddlers throughout Miami-Dade and St. Lucie Counties.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Parents/primary caregivers will show a decrease in parenting stress; children will be screened for developmental delays; and, parents/caregivers will increase positive parent-child interactions and provide a home environment that fosters positive child development. The Parental Stress Scale (parents of children birth to 17 years old) will be used to measure decrease in parenting stress. The Ages and Stages Questionnaire (ASQ-3) Parent report tool will be used to screen for developmental delays or to celebrate milestones within areas of communication, fine and gross motor skills, problem solving, or personal-social interactions. The Home Observation for Measurement of the Environment (HOME) Inventory Infant/Toddler: For Parents of Children 0-3 will be used for measurement of the parents/caregivers increase in positive parent-child interactions and provision of a home environment that fosters positive child development.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?



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Cayuga Centers' programs are backed by support departments of the agency including, Human Resources, Information Technology, Continuous Quality Improvement (CQI), Training, Communications, Finance, and Payroll. The work of these departments in partnership with program staff ensure that the program will be implemented to fidelity. Should the agency fail to meet deliverables, the CQI team will work closely with program staff to address issues and put plans in place to prevent future occurrences.

15. Requester Contact Information

a. **First Name** **Last Name**

b. **Organization**

c. **E-mail Address**

d. **Phone Number** **Ext.**

16. Recipient Contact Information

a. **Organization**

b. **Municipality and County**

c. Organization Type

- For Profit Entity
- Non Profit 501(c)(3)
- Non Profit 501(c)(4)
- Local Entity
- University or College
- Other (please specify)

d. **First Name** **Last Name**

e. **E-mail Address**

f. **Phone Number**

17. Lobbyist Contact Information

a. **Name**

b. **Firm Name**

c. **E-mail Address**

d. **Phone Number**