



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2023-2024

LFIR # 1585

1. Project Title

2. Senate Sponsor

3. Date of Request

4. Project/Program Description

Functional Family Therapy (FFT) is an evidence-based family therapy model designed to increase family engagement, reduce families from going deeper into the Child Welfare system or prolonged stays, reduce the time of out-of-home placements in foster care and increase the percentage of successful reunifications working with both the foster parents and the biological parents.

5. State Agency to receive requested funds

State Agency contacted?

6. Amount of the Nonrecurring Request for Fiscal Year 2023-2024

Type of Funding	Amount
Operations	750,000
Fixed Capital Outlay	0
Total State Funds Requested	750,000

7. Total Project Cost for Fiscal Year 2023-2024 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	750,000	100%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2023-2024	750,000	100%

8. Has this project previously received state funding?

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		
2022-23	0	750,000	315A	Yes

9. Is future funding likely to be requested?

a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.

No other sources available.

10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

If yes, indicate the amount of funds received and what the funds were used for.



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Complete questions 11 and 12 for Fixed Capital Outlay Projects

11. Status of Construction

a. What is the current phase of the project?

- Planning
 Design
 Construction

b. Is the project "shovel ready" (i.e permitted)?

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

12. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

13. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study	Functional Family Therapy fee includes assistance with both pre-implementation and ongoing implementation through all three phases, Provides Quality Assurance Oversight, Clinical Training, Site Supervisor Training, and Certification, Data collection and analysis.	52,000
Operational Costs: Other		
Salary and Benefits	Salaries and benefits for 1 Masters level clinical supervisor, 3 Masters level clinicians, 3 bachelors level Family Specialists	502,000
Expense/Equipment/Travel/Supplies/Other	Information Technology, Certification Training, On-going training, Child Care, Rent, Utilities, Client Transportation, Travel, Staff Mileage, Supplies, Client Expenses, Computers, Computer Repair and Maintenance, Advertising, Postage, Professional Liability Insurance, Telecommunications	196,000
Consultants/Contracted Services/Study		0
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		750,000

14. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?



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The specific purpose of the program is to serve the most at risk youth and families involved in the Foster Care system. Functional Family Therapy (FFT) in Foster Care has demonstrated that families participating are significantly more likely to be successful when the child(ren) are reunited from the foster placement. FFT Foster Care is unique in that works both with the biological family AND the foster family. The foster families are trained better to work with the most challenging population in the system.

b. What activities and services will be provided to meet the intended purpose of these funds?

FFT in Foster Care is a highly intense intervention in which family-based treatment usually over the course of 7 to 10 months. It is one of only a handful of evidence based models in the country to be fully manualized to deliver to the single family and/or through telehealth or in person. The active ingredients of FFT are based upon theoretically derived constructs that mediate the relationship between initial youth and family risk factors and successful treatment outcomes (e.g., Decrease in drug use, risky sexual behavior, and other conduct problems). Funds provided in this project will support the clinician to meet with the families weekly to provide FFT sessions.

c. What direct services will be provided to citizens by the appropriation project?

Youth and their families along with the foster families involved with the Department of Children and Family Services will receive evidence based and trauma informed counseling services. The model is specifically designed to work with the most challenging families in the country to keep from going deeper into the system and to successfully reunify the family. Foster Families, biological parents (permanent care givers) and the child(ren) all receive direct services.

d. Who is the target population served by this project? How many individuals are expected to be served?

Families involved in the Child Welfare system where the youth have been removed from their families and placed into a foster care environment. The team will be comprised of 3 Masters level clinicians and 3 bachelor level family specialists that will each carry a caseload of approximately 10 to 13 cases. Annually, approximately 45 to 55 families will be served.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Youth and families served by the Foster Care team will experience a better transition from foster care to their homes reducing the number of additional out of home placements. Family engagement will be increased to a minimum of 80%. Completion rate with families will also be 80% or higher. Family trauma will be reduced and foster parents will be better equipped to work with future foster children. FFT Partners has a CARE4 system that collects the data and runs analysis for the outcomes such as family participation, engagement rate, and completion rate. North American Family Institute will work with the local Community Based Care (Heartland For Children) along with the local case management providers to identify the most appropriate families to participate in the model.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Should the project not reach the goals specified in this request, any unspent dollars or dollars allocated but not received will be given back.

15. Requester Contact Information

a. First Name Last Name

b. Organization

c. E-mail Address

d. Phone Number Ext.

16. Recipient Contact Information

a. Organization

b. Municipality and County

c. Organization Type



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- For Profit Entity
- Non Profit 501(c)(3)
- Non Profit 501(c)(4)
- Local Entity
- University or College
- Other (please specify)

d. First Name **Last Name**

e. E-mail Address

f. Phone Number

17. Lobbyist Contact Information

a. Name

b. Firm Name

c. E-mail Address

d. Phone Number