



# The Florida Senate

## Local Funding Initiative Request

### Fiscal Year 2019-2020

LFIR#: 1568

1. **Title of Project:** Jewish Family and Community Services of Southwest Florida - Dementia Respite Support Program
2. **Senate Sponsor:** Kathleen Passidomo
3. **Date of Submission:** 01/22/2019
4. **Project/Program Description:**

Naples Senior Center at JFCS manages the only dementia-respite support program in Collier and southern Lee counties. The program is recognized as cutting edge, innovative, and most importantly providing the highest standard of care to clients with Alzheimer’s disease and related dementias (ADRD). The program is designed for seniors who have been diagnosed with early to mid-stage ADRD. The program provides socialization and wellness with a holistic approach to everyday living and challenges using activities that focus on connection when primary verbal communication and interaction abilities are altered. We provide 8 structured groups that meet for four hours, five days a week. Groups are in Marco Island, off-site in Naples, and at Naples Senior Center. To maximize effectiveness, groups are capped at 14. NSC staffs the groups with a licensed clinical social worker or mental health clinician, a nursing assistant, and 3-4 trained volunteers.

5. **State Agency to receive requested funds :** Department of Elder Affairs

State Agency Contacted? Yes

6. **Amount of the Nonrecurring Request for Fiscal Year 2019-2020**

Type of Funding	Amount
Operations	75,000
Fixed Capital Outlay	
<b>Total State Funds Requested</b>	<b>75,000</b>

7. **Total Project Cost for Fiscal Year 2019-2020 (including matching funds available for this project)**

Type of Funding	Amount	Percent
Total State Funds Requested (from question #6)	75,000	25.00%
Federal	0	0.00%
State (excluding the amount of this request)	0	0.00%
Local	0	0.00%
Other	225,000	75.00%
<b>Total Project Costs for Fiscal Year 2019-2020</b>	<b>300,000</b>	<b>100.0%</b>

8. **Has this project previously received state funding?** Yes

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	NonRecurring		
2018-19		75,000	394	No

9. **Is future-year funding likely to be requested?** Yes



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a. If yes, indicate non-recurring amount per year. \$75,000

**10. Details on how the requested state funds will be expended**

Spending Category	Description	Amount
<b>Administrative Costs:</b>		
Executive Director/Project Head Salary and Benefits		
Other Salary and Benefits		
Expense/Equipment/Travel/Supplies/Other		
Consultants/Contracted Services/Study		
<b>Operational Costs:</b>		
Salary and Benefits	Staff for facilitating program.	75,000
Expense/Equipment/Travel/Supplies/Other		
Consultants/Contracted Services/Study		
<b>Fixed Capital Construction/Major Renovation:</b>		
Construction/Renovation/Land/Planning Engineering		
<b>Total State Funds Requested (must equal total from question #6)</b>		<b>75,000</b>

**11. Program Performance:**

a. **What is the specific purpose or goal that will be achieved by the funds requested?**

The program provides four hours of respite to caregivers. For the clients the program promotes short and long term memory, decrease agitation, manage behavior, enhance reality orientation, reduce anxiety, strengthen communication, and increase self-esteem. The program is based on the Brookdale Model and the Teepa Snow model of Positive Approach to Dementia which integrates what is known about brain function and changes that happen with dementing conditions.

b. **What are the activities and services that will be provided to meet the intended purpose of these funds?**

Activities are designed to achieve the program’s goals to help enhance communication skills, to improve an individual’s mood, to help access long-term memory, and to increase socialization. Each group’s schedule includes Dakim Brain Fitness, which helps users strengthen attention, focus, and concentration combined with other concentration and memory activities such as “ice-breakers” to help the participants enhance social skills and assist in recall and language skills. Participants also work with puzzles, horticulture therapy, trivia, word scrambles, chair yoga, meditation, and art therapy. The last 30 minutes of the day the participants have music therapy facilitated by a licensed music therapist.

c. **What are the direct services to be provided to citizens by the appropriations project?**

Language skills, memory techniques, relaxation techniques, socialization, and building self-esteem are concentrated on during each group’s activities with the focus on what strengths the participants possess. Participants are offered an opportunity for socialization and cognitive stimulation in a non-judgmental, friendly



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environment. Participants are encouraged to participate in activities that engage verbally and also utilize gross motor skills depending on their comfort level or level of ability.

**d. Who is the target population served by this project? How many individuals are expected to be served?**

The targeted population are seniors age 60 and over with a medical diagnosis of Alzheimer's disease or related dementias (ADRD). In 2017, in Collier and southern Lee counties, 22,000 cases of ADRD were counted including an estimated 13% who live alone. Our community's limited existing resources are overwhelmed by demand. Thirty-six percent (36%) of Collier and southern Lee counties' population is over age 60. Of those, 8% are age 85 or older, a relevant statistic as it is currently estimated that 50% of adults over the age of 85 will be diagnosed with ADRD. 168 individuals will be served.

**e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?**

Managing the impact of ADRD is one of biggest challenges that individuals and their families will face in life. Our Dementia Respite Support program provides tools, support, and coping skills to assist these individuals and their families. Clients attending the Dementia Respite Support Program are expected to achieve the following goals and outcomes: less agitated, more engaged in their surroundings, experience fewer symptoms of "sun downing" on the days when they had music or art therapy and caregivers will report that the group has had a positive impact on their lives. We will use the Revised Memory and Problem Behavior Checklist (RMPBC) which is recommended as a reliable and valid tool for the clinical and empirical assessment for measuring outcomes. The instrument is disseminated in a traditional pre-test/post-test administration. Outcomes for individuals with ADRD are measured in relationship to a limited time period such as during the program and extending into later in the day.

**f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?**

None.

**12. The owner(s) of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owner(s) of the facility and the entity.**

N/A.

**13. Requestor Contact Information:**

- a. **Name:** Jaclynn Faffer
- b. **Organization:** Naples Senior Center at JFCS
- c. **E-mail Address:** [jfaffer@naplesseniorcenter.org](mailto:jfaffer@naplesseniorcenter.org)
- d. **Phone Number:** (239)325-4444

**14. Recipient Contact Information:**

- a. **Organization:** Naples Senior Center at JFCS
- b. **County:** Collier
- c. **Organization Type:**
  - For Profit



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- Non Profit 501(c) (3)
- Non Profit 501(c) (4)
- Local Entity
- University or College
- Other (Please specify)

**d. Contact Name:** Jaclynn Faffer

**e. E-mail Address:** [jfaffer@naplesseniorcenter.org](mailto:jfaffer@naplesseniorcenter.org)

**f. Phone Number:** (239)325-4444

#### 15. Lobbyist Contact Information

- a. Name:** None
- b. Firm Name:** None
- c. E-mail Address:**
- d. Phone Number:**