



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2019-2020

LFIR#: 1910

1. Title of Project: School Based Mental Health Pilot Project

2. Senate Sponsor: Bobby Powell

3. Date of Submission: 02/13/2019

4. Project/Program Description:

The Center for Child Counseling staff will be embedded in select high-risk elementary schools in Palm Beach County providing research-based therapy and classroom-based support, targeting teachers and students with the overall goal of prevention and early intervention of mental health disorders via role modeling and mental health consultation, mental health education and promotion through a classroom-based curriculum. Workshops will also be provided to teachers and caregivers on the impact of Adverse Childhood Experiences, Trauma, and Toxic Stress to build the capacity of adult caregivers to promote positive social-emotional health. Students who are a high-risk for mental and behavioral health problems will have access to evidence-based, co-located small group play therapy and individual student classroom support.

5. State Agency to receive requested funds : Department of Education

State Agency Contacted? No

6. Amount of the Nonrecurring Request for Fiscal Year 2019-2020

Type of Funding	Amount
Operations	973,099
Fixed Capital Outlay	
Total State Funds Requested	973,099

7. Total Project Cost for Fiscal Year 2019-2020 (including matching funds available for this project)

Type of Funding	Amount	Percent
Total State Funds Requested (from question #6)	973,099	100.0%
Federal	0	0.0%
State (excluding the amount of this request)	0	0.0%
Local	0	0.0%
Other	0	0.0%
Total Project Costs for Fiscal Year 2019-2020	973,099	100.0%

8. Has this project previously received state funding? No

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	NonRecurring		

9. Is future-year funding likely to be requested? Yes



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a. If yes, indicate non-recurring amount per year. 973099

10. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		
Other Salary and Benefits	Salary and Benefits for Director of Finance, IT Support, Director of HR, Operations Manage	142,000
Expense/Equipment/Travel/Supplies/Other		
Consultants/Contracted Services/Study		
Operational Costs:		
Salary and Benefits	10 program therapists, 1 clinical director, 1 program director, 1 program assistant, 1 billing specialist	556,224
Expense/Equipment/Travel/Supplies/Other	Travel, professional fees, background checks, copier and computer expenses, insurance liability, workshops, postage, printing, licensing, program supplies	274,875
Consultants/Contracted Services/Study		
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		
Total State Funds Requested (must equal total from question #6)		973,099

11. Program Performance:

a. **What is the specific purpose or goal that will be achieved by the funds requested?**

The primary goal is early screening, identification, and treatment of social, emotional, and mental health disorders in at-risk children. Providing preventative and early treatment of mental health services in 10 high risk elementary schools, as well as creating and normalizing mental health wellness by supporting teachers with in-classroom support and training in mental health consultation.

b. **What are the activities and services that will be provided to meet the intended purpose of these funds?**

Research informed and evidence-based education, training, consultation, modeling, and small group play therapy focused on trauma-informed practices, promoting positive mental health, coping and self regulation skills, and promoting age appropriate social emotional wellness targeting teachers, school staff and administration, caregivers, and elementary students.

c. **What are the direct services to be provided to citizens by the appropriations project?**

Elementary teachers and students will receive classroom based support, role modeling and mental health consultation as well as mental health education and promotion through a classroom-based curriculum. Workshops are provided to teachers and caregivers on Adverse Childhood Experiences, Trauma, and Toxic



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Stress. High risk students have access to evidence-based, co-located small group play therapy, individual student classroom support, and topic specific workshops for caregivers and teachers.

d. Who is the target population served by this project? How many individuals are expected to be served?

The target population is elementary-aged students in the 10 highest need schools in Palm Beach County, as defined by zip code risk factors include crime and poverty. The teachers, administrators, and caregivers are targeted as well to promote positive student:adult relationships. Other identifiers for the targets include: persons with poor mental health, economically disadvantaged, at-risk youth, homeless, preschool students, and grade school students. We know several of the students will likely have several Adverse Childhood Experiences including violence, neglect, exposure to incarceration of a caregiver, substance abuse, death of a loved one, and abuse including emotional, physical, and sexual.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

The Center for Child Counseling expects 4 outcomes from this funding: (Three are listed) 1. Improved mental health, specifically improving self regulation, increase in social skills, decrease in internalizing and externalizing behaviors. This is measured through classroom observation scale (Pre/Post measure for each classroom at the beginning of class, 6 months, and end of the school year). Child Behavior Observation Scale Pre and Post (conducted beginning of the year and end of the year). Pediatric Symptom Checklist pre and post (Normed valid assessment tool used in small group play therapy). 2. Improve Quality Education - Increase in teacher's ability to use trauma-informed instructional methods, reduction in classroom disruption, increase in educational instructional time. Measured by mental health consultation documentation form (beginning, 6 months, and end of the year), Classroom Observation Scale (beginning of the year, 6 months, end of the year) 3. Reduce Baker Acts Pre/Post

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

Funds will be re-paid or returned if deliverables are not met

12. The owner(s) of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owner(s) of the facility and the entity.

N/A

13. Requestor Contact Information:

- a. **Name:** Renee Layman
- b. **Organization:** Center for Child Counseling
- c. **E-mail Address:** renee@centerforchildcounseling
- d. **Phone Number:** (561)244-9499

14. Recipient Contact Information:

- a. **Organization:** Center for Child Counseling
- b. **County:** Palm Beach
- c. **Organization Type:**



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- For Profit
- Non Profit 501(c) (3)
- Non Profit 501(c) (4)
- Local Entity
- University or College
- Other (Please specify)

d. Contact Name: Renee Layman

e. E-mail Address: renee@centerforchildcounseling.org

f. Phone Number: (561)244-9499

15. Lobbyist Contact Information

- a. Name:** None
- b. Firm Name:** None
- c. E-mail Address:**
- d. Phone Number:**