# The Florida Senate BILL ANALYSIS AND FISCAL IMPACT STATEMENT

(This document is based on the provisions contained in the legislation as of the latest date listed below.)

Pre	pared By: The Pro	fessional Staff of the C	ommittee on Childr	en, Families, and Elder Affairs				
BILL:	SB 1394							
INTRODUCER:	Senator Gruters							
SUBJECT:	Mental Health							
DATE:	January 21, 20	24 REVISED:						
ANAL	YST	STAFF DIRECTOR	REFERENCE	ACTION				
1. Hall		Γuszynski	CF	Pre-meeting				
2			AHS					
3			FP					

## I. Summary:

SB 1394 requires the Department of Children and Families to contract with managing entities to place crisis counselors within local law enforcement agencies to conduct follow-up contacts with children, adolescents, and adults who have been involuntarily committed under the Baker Act by a law enforcement officer.

The bill details the requirements of crisis counselors and the managing entities.

The bill has an indeterminate, but likely significant, negative fiscal impact on state government.

The bill provides an effective date of July 1, 2024.

#### II. Present Situation:

#### Mental Health and Mental Illness

Mental Health is a state of well-being in which the individual realizes his or her own abilities can cope with normal stresses of life, can work productively and fruitfully, and is able to contribute to his or her community. The primary indicators used to evaluate an individual's mental health are:<sup>2</sup>

- Emotional well-being: perceived life satisfaction, happiness, cheerfulness, peacefulness;
- Psychological well-being: self-acceptance, personal growth including openness to new experiences, optimism, hopefulness, purpose in life, control of one's environment, spirituality, self-direction, and positive relationships; and

<sup>&</sup>lt;sup>1</sup> World Health Organization, *Mental Health: Strengthening Our Response*, available at <a href="https://www.who.int/news-room/fact-sheets/detail/mental-health-strengthening-our-response">https://www.who.int/news-room/fact-sheets/detail/mental-health-strengthening-our-response</a> (last visited January 20, 2024).

<sup>&</sup>lt;sup>2</sup> Centers for Disease Control and Prevention, *Mental Health Basics*, available at <a href="http://medbox.iiab.me/modules/en-cdc/www.cdc.gov/mentalhealth/basics.htm">http://medbox.iiab.me/modules/en-cdc/www.cdc.gov/mentalhealth/basics.htm</a> (last visited January 20, 2024).

• Social well-being: social acceptance, beliefs in the potential of people and society as a whole, personal self-worth and usefulness to society, sense of community.

Mental illness is collectively all diagnosable mental disorders or health conditions that are characterized by alterations in thinking, mood or behavior (or some combination thereof) associated with distress or impaired functioning.<sup>3</sup> Thus, mental health refers to an individual's mental state of well-being whereas mental illness signifies an alteration of that well-being. Mental illness affects millions of people in the United States each year. More than one in five adults lives with a mental illness.<sup>4</sup> Young adults aged 18-25 had the highest prevalence of any mental illness<sup>5</sup> (33.7%) compared to adults aged 26-49 (28.1%) and aged 50 and older (15.0%).<sup>6</sup>

# **Mental Health Safety Net Services**

The Department of Children and Families (DCF) administers a statewide system of safety-net services for substance abuse and mental health (SAMH) prevention, treatment and recovery for children and adults who are otherwise unable to obtain these services. SAMH programs include a range of prevention, acute interventions (e.g., crisis stabilization), residential treatment, transitional housing, outpatient treatment, and recovery support services. Services are provided based upon state and federally-established priority populations.

#### Behavioral Health Managing Entities

In 2001, the Legislature authorized DCF to implement and pilot behavioral health managing entities (ME) as the management structure for the delivery of local mental health and substance abuse services.<sup>7</sup> In 2008, the Legislature authorized DCF to implement MEs statewide.<sup>8</sup> MEs were fully implemented statewide in 2013, serving all geographic regions.

DCF currently contracts with seven MEs for behavioral health services throughout the state. These entities do not provide direct services; rather, they allow the DCF's funding to be tailored to the specific behavioral health needs of various regions of the state. The regions are as follows:<sup>9</sup>

 $<sup>^3</sup>$  Id.

<sup>&</sup>lt;sup>4</sup> National Institute of Mental Health, *Mental Illness*, <a href="https://www.nimh.nih.gov/health/statistics/mental-illness">https://www.nimh.nih.gov/health/statistics/mental-illness</a> (last visited January 20, 2024).

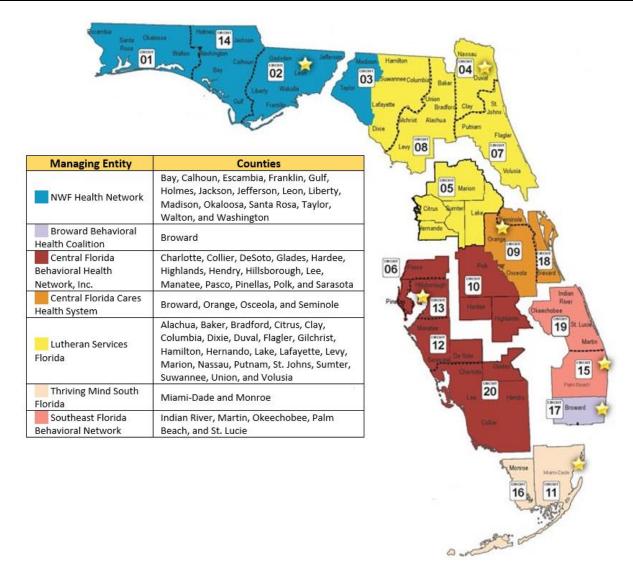
<sup>&</sup>lt;sup>5</sup> Any mental illness (AMI) is defined as a mental, behavioral, or emotional disorder. AMI can vary in impact, ranging from no impairment to mild, moderate, and even severe impairment (e.g., individuals with serious mental illness).

<sup>&</sup>lt;sup>6</sup> National Institute of Mental Health (NIH), *Mental Illness*, available at <a href="https://www.nimh.nih.gov/health/statistics/mental-illness">https://www.nimh.nih.gov/health/statistics/mental-illness</a> (last visited January 20, 2024).

<sup>&</sup>lt;sup>7</sup> Ch. 2001-191, Laws of Fla.

<sup>&</sup>lt;sup>8</sup> Ch. 2008-243, Laws of Fla.

<sup>&</sup>lt;sup>9</sup> DCF, *Managing Entities*, available at <a href="https://www.myflfamilies.com/services/samh/providers/managing-entities">https://www.myflfamilies.com/services/samh/providers/managing-entities</a> (last visited January 20, 2024).



#### Coordinated System of Care

Managing entities are required to promote the development and implementation of a coordinated system of care. A coordinated system of care means a full array of behavioral and related services in a region or community offered by all service providers, providing service under contract with a managing entity or by another method of community partnership or mutual agreement. A community or region provides a coordinated system of care for those with a mental illness or substance abuse disorder through a no-wrong-door model, to the extent allowed by available resources. MEs must submit detailed plans to enhance crisis services based on the no-wrong-door model or to meet specific needs identified in DCF's assessment of behavioral health services in this state. DCF must use performance-based contracts to awards grants. Services are required to provide a coordinated system of the extent allowed by available resources. MEs must submit detailed plans to enhance crisis services based on the no-wrong-door model or to meet specific needs identified in DCF's assessment of behavioral health services in this state.

<sup>&</sup>lt;sup>10</sup> Section 394.9082(5)(d), F.S.

<sup>&</sup>lt;sup>11</sup> Section 394.4573(1)(c), F.S.

<sup>&</sup>lt;sup>12</sup> Id.

<sup>&</sup>lt;sup>13</sup> *Id*.

There are several essential elements, which make up a coordinated system of care, including: 14

- Community interventions;
- Case management;
- Care coordination;
- Outpatient services;
- Residential services:
- Hospital inpatient care;
- Aftercare and post-discharge services;
- Medication assisted treatment and medication management; and
- Recovery support.

A coordinated system of care must include, but is not limited to, the following array of services: 15

- Prevention services;
- Home-based services;
- School-based services;
- Family therapy;
- Respite services;
- Outpatient treatment;
- Crisis stabilization;
- Therapeutic foster care;
- Residential treatment;
- Inpatient hospitalization;
- Care management;
- Services for victims of sex offenses;
- Transitional services; and
- Trauma-informed services for children who have suffered sexual exploitation.

## The Baker Act

The Florida Mental Health Act, commonly referred to as the Baker Act, was enacted in 1971 to revise the state's mental health commitment laws. <sup>16</sup> The Act includes legal procedures for mental health examination and treatment, including voluntary and involuntary examinations. It, additionally, protects the rights of all individuals examined or treated for mental illness in Florida. <sup>17</sup>

## Receiving Facilities

Individuals in an acute mental or behavioral health crisis may require emergency treatment to stabilize their condition. Emergency mental health examination and stabilization services may be

<sup>&</sup>lt;sup>14</sup> Section 394.4573(2), F.S.

<sup>&</sup>lt;sup>15</sup> Section 394.495(4), F.S.

<sup>&</sup>lt;sup>16</sup> The Baker Act is contained in Part I of Ch. 394, F.S.

<sup>&</sup>lt;sup>17</sup> Section 394.459, F.S.

provided on a voluntary or involuntary basis. <sup>18</sup> Individuals receiving services on an involuntary basis must be taken to a facility that has been designated by DCF as a receiving facility.

Receiving facilities, often referred to as Baker Act receiving facilities, are public or private facilities designated by DCF to receive and hold or refer, as appropriate, involuntary patients under emergency conditions for mental health or substance abuse evaluation and to provide treatment or transportation to the appropriate service provider. A public receiving facility is a facility that has contracted with a managing entity to provide mental health services to all persons, regardless of their ability to pay, and is receiving state funds for such purpose. Funds appropriated for Baker Act services may only be used to pay for services diagnostically and financially eligible persons, or those who are acutely ill, in need of mental health services, and the least able to pay.

#### Crisis Stabilization Units

Crisis Stabilization Units (CSUs) are public receiving facilities that receive state funding and provide a less intensive and less costly alternative to inpatient psychiatric hospitalization for individuals presenting as acutely mentally ill. CSUs screen, assess, and admit individuals brought to the unit under the Baker Act, as well as those individuals who voluntarily present themselves, for short-term services. CSUs provide services 24 hours a day, seven days a week, through a team of mental health professionals. The purpose of the CSU is to examine, stabilize, and redirect people to the most appropriate and least restrictive treatment settings, consistent with their mental health needs.<sup>22</sup> Individuals often enter the public mental health system through CSUs.

### Involuntary Examination

An involuntary examination is required if there is reason to believe that the person has a mental illness and, because of his or her mental illness, has refused voluntary examination, is likely to refuse to care for him or herself to the extent that such refusal threatens to cause substantial harm to that person's well-being, and such harm is unavoidable through the help of willing family members or friends, or will cause serious bodily harm to him or herself or others in the near future based on recent behavior.<sup>23</sup>

An involuntary examination may be initiated by:

- A court entering an ex parte order stating that a person appears to meet the criteria for involuntary examination, based on sworn testimony;<sup>24</sup> or
- A physician, clinical psychologist, psychiatric nurse, an autonomous advanced practice
  registered nurse, mental health counselor, marriage and family therapist, or clinical social
  worker executing a certificate stating that he or she has examined a person within the
  preceding 48 hours and finds that the person appears to meet the criteria for involuntary

<sup>&</sup>lt;sup>18</sup> Section 394.4625 and 394.463, F.S.

<sup>&</sup>lt;sup>19</sup> Section 394.455(40), F.S. This term does not include a county jail.

<sup>&</sup>lt;sup>20</sup> Section 394.455(38), F.S.

<sup>&</sup>lt;sup>21</sup> R. 65E-5.400(2), F.A.C.

<sup>&</sup>lt;sup>22</sup> Section 394.875, F.S.

<sup>&</sup>lt;sup>23</sup> Section 394.463(1), F.S.

<sup>&</sup>lt;sup>24</sup> Section 394.463(2)(a)1., F.S. The order of the court must be made a part of the patient's clinical record.

examination, including a statement of the professional's observations supporting such conclusion.<sup>25</sup>

Unlike the discretion afforded courts and medical professionals, current law mandates that law enforcement officers must initiate an involuntary examination of a person who appears to meet the criteria by taking him or her into custody and delivering or having the person delivered to a receiving facility for examination.<sup>26</sup>

Under the Baker Act, a receiving facility has up to 72 hours to examine an involuntary patient.<sup>27</sup> During those 72 hours, an involuntary patient must be examined to determine if the criteria for involuntary services are met.<sup>28</sup> Within that 72-hour examination period, one of the following must happen:<sup>29</sup>

- The patient must be released, unless he or she is charged with a crime, in which case, law enforcement will assume custody;
- The patient must be released for voluntary outpatient treatment;
- The patient, unless charged with a crime, must give express and informed consent to be placed and admitted as a voluntary patient; or
- A petition for involuntary placement must be filed in circuit court for involuntary outpatient or inpatient treatment.

# III. Effect of Proposed Changes:

**Section 1** of the bill amends s. 394.495, F.S., to require the DCF to contract with MEs throughout the state for community mobile support teams to place crisis counselors from community mental health centers within local law enforcement agencies. These crisis counselors are to conduct follow-up contacts with children, adolescents, and adults who have been involuntarily committed under the Baker Act by a law enforcement officer.

The bill provides the purpose of the partnership is to reduce recidivism of law enforcement Baker Act commitments, reduce the time burden of law enforcement completing follow-up work with individuals after they have been subject to treatment under the Baker Act, provide additional crisis intervention services, engage individuals in ongoing mental health care, and provide a source for mental health crisis intervention other than law enforcement.

The bill requires crisis counselors to, at a minimum:

- Reach out to individuals who may need additional mental health support following commitment under the Baker Act.
- Conduct home visits to assist individuals in connecting with appropriate aftercare services in their community following their release from a mental health facility.
- Provide support to the individuals during the transition period from their Baker Act release to connection with aftercare services.

<sup>&</sup>lt;sup>25</sup> Section 394.463(2)(a)3., F.S. The report and certificate must be made a part of the patient's clinical record.

<sup>&</sup>lt;sup>26</sup> Section 394.463(2)(a)2., F.S.

<sup>&</sup>lt;sup>27</sup> Section 394.463(2)(g), F.S.

<sup>&</sup>lt;sup>28</sup> Section 394.463(2)(f), F.S.

<sup>&</sup>lt;sup>29</sup> Section 394.463(2)(g), F.S.

• Provide brief crisis counseling and assessment for additional needs.

The bill requires the managing entity to, at a minimum:

- Collaborate with local law enforcement agencies in the planning, development, evaluation, and selection processes.
- Require that services are available seven days a week.
- Require the provider to establish independent response protocols and memoranda of understanding with local law enforcement agencies.

**Section 2** of the bill provides an effective date of July 1, 2024.

# IV. Constitutional Issues:

A. Municipality/County Mandates Restrictions:

None.

B. Public Records/Open Meetings Issues:

None.

C. Trust Funds Restrictions:

None.

D. State Tax or Fee Increases:

None.

E. Other Constitutional Issues:

None identified.

## V. Fiscal Impact Statement:

A. Tax/Fee Issues:

None.

B. Private Sector Impact:

None.

C. Government Sector Impact:

There is an indeterminate, but likely significant, negative fiscal impact on state government. The language would require contracts between MEs and existing or new mobile response teams to employ a specific staff member to perform the duties detailed within the bill.

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None.

# VII. Related Issues:

None.

## VIII. Statutes Affected:

This bill substantially amends section 394.495 of the Florida Statutes.

# IX. Additional Information:

# A. Committee Substitute – Statement of Changes:

(Summarizing differences between the Committee Substitute and the prior version of the bill.)

None.

## B. Amendments:

None.

This Senate Bill Analysis does not reflect the intent or official position of the bill's introducer or the Florida Senate.