



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2024-2025

LFIR # 1753

1. **Project Title**

2. **Senate Sponsor**

3. **Date of Request**

4. **Project/Program Description**

Research shows older adults who participate in senior center programs can delay the onset of diseases and experience improvements in physical, social, emotional, and mental well-being. Studies have shown that creative activities can slow down memory disorder development and the onset of conditions such as Dementia and Alzheimer's. Making and even viewing art causes the brain to continue to adapt, restructure, and reshape, this leads to an increase in the potential to increase brain capacity. Moving the body through recreational activities is important for mobility and maintaining good physical health as one ages. These programs will improve the mind, body, and spirit of the seniors at our centers.

5. **State Agency to receive requested funds**

State Agency contacted?

6. **Amount of the Nonrecurring Request for Fiscal Year 2024-2025**

Type of Funding	Amount
Operations	129,120
Fixed Capital Outlay	370,880
Total State Funds Requested	500,000

7. **Total Project Cost for Fiscal Year 2024-2025 (including matching funds available for this project)**

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	500,000	86%
Matching Funds		
Federal	80,000	14%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2024-2025	580,000	100%

8. **Has this project previously received state funding?**

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. **Is future funding likely to be requested?**

a. **If yes, indicate nonrecurring amount per year.**

b. **Describe the source of funding that can be used in lieu of state funding.**

Partial local funding may be available, we anticipate requesting state additional funding for one more fiscal year

10. **Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?**



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If yes, indicate the amount of funds received and what the funds were used for.

Palm Beach County is the recipient of CARES US Treasury funds in the amount of \$261 million. Funding was spent entirely on emergency assistance, mortgage assistance, business grants, COVID-19 sheltering, testing and isolation, as well as on emergency personnel. Palm Beach County also received approximately \$290 million in American Rescue Plan Funding for pandemic-related service and infrastructure projects.

Complete questions 11 and 12 for Fixed Capital Outlay Projects

11. Status of Construction

a. What is the current phase of the project?

- Planning
 Design
 Construction
 N/A

b. Is the project "shovel ready" (i.e permitted)?

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

12. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

Palm Beach County

13. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits	520 hours annually to gather and analyse data, reporting and monitoring cost and participation at \$31.00 an hour.	16,120
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study		0
Operational Costs: Other		
Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other	Travel: West County Senior Center will receive \$3,000 for instructor travel costs. This cost will be factored into the instructor agreement. Supplies: Each of five (5) sites will receive \$10,000 to purchase start up supplies for a total of \$50,000. Each of five (5) centers will receive \$500 a month to operate the programs annually to total \$6,000 annually per center totaling \$30,000.	83,000
Consultants/Contracted Services/Study	\$3,000 annually for 3 instructors at each of three (3) senior centers and two (2) Adult Day Care centers. Each facility will be allocated 300 hours of professional instruction at a hourly instructor rate of \$20.00. Total \$30,000.	30,000
Fixed Capital Construction/Major Renovation:		



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Construction/Renovation/Land/ Planning Engineering	Install walking paths on senior centers grounds for walking clubs and start-up of gardening clubs to improve mental and physical health.	370,880
Total State Funds Requested (must equal total from question #6)		500,000

14. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

Research shows older adults who participate in senior center programs can delay the onset of diseases and experience improvements in physical, social, emotional, and mental well-being. Studies have shown that creative activities can slow down memory disorder development and the onset of conditions such as Dementia and Alzheimer's. Making and even viewing art causes the brain to continue to adapt, restructure, and reshape, this leads to an increase in the potential to increase brain capacity. Moving the body through recreational activities is important for mobility and maintaining good physical health as one ages. These programs will improve the mind, body, and spirit of the seniors at our centers.

b. What activities and services will be provided to meet the intended purpose of these funds?

Arts activities with instructors such as pottery, crochet, sewing, and knitting. Other activities are Cardio Drumming, and Tai Chi which is a great form of exercise that can easily be adjusted for different fitness levels and assist with balance. We are also seeking to install walking paths on senior centers grounds for Walking Clubs and start-up of Gardening Clubs.

c. What direct services will be provided to citizens by the appropriation project?

Skilled instructors to deliver programs. Each program offered through the grant funding, will have a physical, emotional or mental well-being benefit. Each program will outline specific benefits of that program with expected outcomes. Pre and post surveys and observations by staff will be conducted throughout the program to ensure the program is on track to meet expected outcomes.

d. Who is the target population served by this project? How many individuals are expected to be served?

Seniors and veterans in Palm Beach County. Over one thousand individuals will be served.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

We expect to see improved physical health, mental health, and improved education of seniors enjoying these programs. Participants will do pre and post surveys and assessments to determine improvements in these areas.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Corrective action plan, return of funding to state.

15. Requester Contact Information

a. First Name **Last Name**

b. Organization

c. E-mail Address

d. Phone Number **Ext.**

16. Recipient Contact Information

a. Organization

b. Municipality and County

c. Organization Type



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- For Profit Entity
- Non Profit 501(c)(3)
- Non Profit 501(c)(4)
- Local Entity
- University or College
- Other (please specify)

d. First Name **Last Name**

e. E-mail Address

f. Phone Number

17. Lobbyist Contact Information

a. Name

b. Firm Name

c. E-mail Address

d. Phone Number