



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2024-2025

LFIR # 2481

1. Project Title

2. Senate Sponsor

3. Date of Request

4. Project/Program Description

The requested funds will provide support for a community-facing, research-focused center that promotes education-to-practice resources for healthy living across the lifespan via Stress Management and Resiliency Training Lab and Brain Fitness Academy which includes active support services for loneliness, Alzheimer's and dementia sufferers and caretakers, and preventative stress management strategies for the community. The funding will provide local citizens and students with practical tools to more effectively ameliorate loneliness and daily stress that can prevent the development of severe mental health disorders. Resources will be provided free of charge to participants and education of future health providers.

5. State Agency to receive requested funds

State Agency contacted? Yes

6. Amount of the Nonrecurring Request for Fiscal Year 2024-2025

Type of Funding	Amount
Operations	180,000
Fixed Capital Outlay	0
Total State Funds Requested	180,000

7. Total Project Cost for Fiscal Year 2024-2025 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	180,000	94%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	11,859	6%
Other	0	0%
Total Project Costs for Fiscal Year 2024-2025	191,859	100%

8. Has this project previously received state funding? No

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. Is future funding likely to be requested? Yes

a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.

The university is actively fundraising for private dollars and endowments to support the Center.

10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

Yes



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If yes, indicate the amount of funds received and what the funds were used for.

HEERF (Higher Education Emergency Relief Funds)
 student support: \$8,238,800
 institutional support: \$9,877,011

Complete questions 11 and 12 for Fixed Capital Outlay Projects

11. Status of Construction

a. What is the current phase of the project?

- Planning
 Design
 Construction
 N/A

b. Is the project "shovel ready" (i.e permitted)?

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

12. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

13. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits	Director for the Center, responsibilities include overseeing research projects in development and implementation, supervising Operations Coordinator and undergraduate and graduate research assistants.	60,000
Other Salary and Benefits	Faculty project directors for Brain Fitness Academy and Play and Creativity in Counseling program.	30,000
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study		0
Operational Costs: Other		
Salary and Benefits	Operations Coordinator & Data Manager Undergraduate & Graduate Research Assistants to assist with recruitment, data collections, and facilitation of services.	50,000
Expense/Equipment/Travel/Supplies/Other	Equipment/Supplies, Technology, Computers, Software Licenses, Travel	10,000
Consultants/Contracted Services/Study	Scholarship support to Alzheimer's participants and their caregivers to complete programing.	30,000
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		180,000

14. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?



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b. What activities and services will be provided to meet the intended purpose of these funds?

The funding will provide local citizens with practical tools to more effectively manage loneliness and daily stress that can prevent the development of severe mental health disorders. The services will also help to address the chronic effects of Alzheimer's or other dementias. Treatment will be provided free of charge to participants.

c. What direct services will be provided to citizens by the appropriation project?

Stress management and social connection will be provided to residents and local college students, Brain Fitness Academy services to sufferers of Alzheimer's or other dementias and social support services for their caregivers.

d. Who is the target population served by this project? How many individuals are expected to be served?

Elderly persons, Persons with poor mental health, Persons with poor physical health, economically disadvantaged persons, University/College students, expected to serve between 100-200 citizens annually.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Improved physical health of participants in the Brain Fitness Academy's cognitive rehabilitation program via participants attendance at four-hour group sessions twice per week, working with Stetson students on cognitive rehabilitation activities, physical exercise, and socialization. Simultaneously, graduate students from our counseling program lead caregiver support groups. Reduction in stress and isolation and increase in coping skills, facilitate the healing of trauma and other mental/behavioral health disorders, as well as to support the health and wellbeing of families via self-report and physiological measures of psychological disorders and indicators of resilience. The SMART Lab, and The Brain Fitness Academy, is capable of intervening with a wide age demographics from children to geriatric and can be combined with other health initiatives. Initiatives including psychological counseling, play therapy and brain fitness.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

If Stetson University fails to meet deliverables and/or performance measures in the agreement, the funds will be returned to the State of Florida in addition to the standard penalties in the contract.

15. Requester Contact Information

a. First Name **Last Name**

b. Organization

c. E-mail Address

d. Phone Number **Ext.**

16. Recipient Contact Information

a. Organization

b. Municipality and County

c. Organization Type

- For Profit Entity
- Non Profit 501(c)(3)



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- Non Profit 501(c)(4)
- Local Entity
- University or College
- Other (please specify)

d. First Name **Last Name**

e. E-mail Address

f. Phone Number

17. Lobbyist Contact Information

a. Name

b. Firm Name

c. E-mail Address

d. Phone Number