

LFIR # 1273

1.	Project Title	Lifetime Counse	ling Center: Beha	vioral Health Preventior	& Intervention		
2.	Senate Sponsor	Debbie Mayfield					
3.	Date of Request	02/03/2023					
4.	Project/Program De	escription					
	providers of behavioneed are not being sommunity, this projethe community. We who currently have the services and education levels of care such a	ral health treatmen served in a timely fact will provide prewill also provide ou he most difficulty action, as well as outpus crisis intervention	t in our county are ashion or at all. In vention and early tpatient mental he ccessing services atient treatment so, inpatient stabilization.	alth services is more crite overwhelmed with requered order to help ameliorate intervention services to ealth and substance abu. By increasing access the ervices, we will help receation, and residential transcripts.	uests for services, as this situation and a children, adolescer use counseling for use prevention and educe the need for meatment.	and many individuals in meet the needs of the nts, and adults across ninsured individuals, arly intervention	
5.	State Agency to rec	ceive requested fu	inds Depart	ment of Children and Fa	amilies		
	State Agency conta	cted? Yes					
6.	Amount of the Nonr	ecurring Request	for Fiscal Year 2	2023-2024			
	Type of Funding			Amor			
	Operations				625,000		
	Fixed Capital Outlay			0			
	Total State Funds F	Requested		625,000			
7. Total Project Cost for Fiscal Year 2023-2024 (including matching funds available for this project)							
7.	Total Project Cost fo	or Fiscal Year 202	3-2024 (includin	g matching funds avai	lable for this proje	ect)	
7.	Total Project Cost fo	or Fiscal Year 202	3-2024 (including	g matching funds avai	lable for this proje	ect)	
7.	-					ect)	
7.	Type of Funding			Amount	Percentage	ect)	
7.	Type of Funding Total State Funds Re			Amount	Percentage	ect)	
7.	Type of Funding Total State Funds Re Matching Funds	equested (from que	estion #6)	Amount 625,000	Percentage 52%	ect)	
7.	Type of Funding Total State Funds Re Matching Funds Federal State (excluding the Local	equested (from que	estion #6)	Amount 625,000	Percentage 52% 0% 0% 6%	ect)	
7.	Type of Funding Total State Funds Re Matching Funds Federal State (excluding the	equested (from que	estion #6)	Amount 625,000	Percentage 52% 0% 0%	ect)	
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	Type of Funding Total State Funds Re Matching Funds Federal State (excluding the Local Other Total Project Costs Has this project pre	equested (from que amount of this requ for Fiscal Year 20 eviously received	estion #6) uest) 023-2024 state funding?	Amount 625,000 0 78,000 500,000 1,203,000 No Specific	Percentage 52% 0% 0% 6% 42% 100%	ect)	
8.	Type of Funding Total State Funds Re Matching Funds Federal State (excluding the Local Other Total Project Costs Has this project pre	equested (from que amount of this requested Year 20 eviously received Amo	estion #6) D23-2024 State funding? Dunt Nonrecurring	Amount 625,000 0 78,000 500,000 1,203,000 No Specific	Percentage 52% 0% 0% 6% 42% 100%	ect)	
8.	Type of Funding Total State Funds Re Matching Funds Federal State (excluding the Local Other Total Project Costs Has this project pre Fiscal Year (yyyy-yy)	equested (from que amount of this requested for Fiscal Year 20 eviously received Amo Recurring	estion #6) D23-2024 State funding? Dunt Nonrecurring	Amount 625,000 0 78,000 500,000 1,203,000 No Specific Appropriation #	Percentage 52% 0% 0% 6% 42% 100%	ect)	
8.	Type of Funding Total State Funds Re Matching Funds Federal State (excluding the Local Other Total Project Costs Has this project pre Fiscal Year (yyyy-yy) Is future funding like a. If yes, indicate no	equested (from quested amount of this requested for Fiscal Year 20 eviously received Amore Recurring amount of this requested amount of this requested for Fiscal Year 20 eviously received for Fiscal Y	estion #6) Destion #6)	Amount 625,000 0 78,000 500,000 1,203,000 No Specific Appropriation #	Percentage 52% 0% 0% 6% 42% 100%	ect)	
8.	Type of Funding Total State Funds Re Matching Funds Federal State (excluding the Local Other Total Project Costs Has this project pre Fiscal Year (yyyy-yy) Is future funding like a. If yes, indicate no	equested (from quested amount of this requested for Fiscal Year 20 eviously received Amore Recurring amount of this requested amount of this requested for Fiscal Year 20 eviously received for Fiscal Y	estion #6) Destion #6)	Amount 625,000 0 78,000 500,000 1,203,000 No Specific Appropriation #	Percentage 52% 0% 0% 6% 42% 100%	ect)	

10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?



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If yes, indicate the amount of funds received and what the funds were used for.

PPP funds: \$611,200.00 HRSA funds: \$20,624.00

11. Status of Construction

These funds were used to cover costs of salary and benefits for staff in order to maintain employment during the pandemic-related shut-down.

Complete questions 11 and 12 for Fixed Capital Outlay Projects

a. What is the	current phase	of the project?	
OPlanning	ODesign	Construction	
b. Is the projec	ct "shovel read	y" (i.e permitted)?	
c. What is the	estimated start	date of construction?	
d. What is the	estimated com	pletion date of construction?	
2. List the owner relationship l	ers of the facilit between the ow	y to receive, directly or indirect ners of the facility and the enti	tly, any fixed capital outlay funding. Include the ty.

13. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/ Other	Funds will be spent on supplies and materials needed to support the services provided; including pre- and post-tests, treatment supplies, outreach materials, supplies/food for community education events, mileage reimbursement for providers, publishing educational materials, purchasing mental health support aps on behalf of community members, renting space for community education events, running educational ads on electronic billboards, etc.	125,000
Consultants/Contracted Services/Study		0
Operational Costs: Other		
Salary and Benefits		0
Expense/Equipment/Travel/Supplies/ Other	Funds will be used to cover the cost of master's and doctoral level mental health clinicians to provide 4000 total hours of service at \$125.00/hour.	500,000
Consultants/Contracted Services/Study		0
Fixed Capital Construction/Majo	r Renovation:	
Construction/Renovation/Land/ Planning Engineering		0
Total State Funds Requested (m	ust equal total from question #6)	625,000



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14. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The goal of this project is to expand access to and provide education on mental health prevention and early intervention services for children, adolescents, and adults throughout the community, as well as to provide outpatient mental health and substance abuse counseling to the uninsured population of our county. Offering these services will help reduce the need for much more expensive higher levels of care such as crisis intervention, inpatient stabilization, and residential treatment.

b. What activities and services will be provided to meet the intended purpose of these funds?

We will provide prevention and early intervention services and education through multiple platforms and campaigns, including social media, for the whole community, as well as outpatient counseling for the uninsured population, totaling 4000 hours of service and outreach to approximately 500,000 individuals. Activities will include psychoeducation; mental health support; assistance with building skills such as coping skills, emotional regulation, healthy communication, and problem-solving; and outpatient treatment.

c. What direct services will be provided to citizens by the appropriation project?

Direct services will include psychoeducation, skill building activities, mental health support, and outpatient mental health and/or substance abuse treatment, as well as education on this subject, to children, adolescents, and adults. Services can be provided as one-on-one meetings, as well as in family and group formats. Education will be provided in multiple campaigns, including social media and partnerships with local doctors offices and other community partners. When needed, services can be provided via a confidential telehealth platform.

d. Who is the target population served by this project? How many individuals are expected to be served?

The target population for prevention/early intervention is the Brevard County community as a whole (all ages). Total outreach will be approximately 500,000 people, which includes both outpatient counseling services to the uninsured in Brevard County and education outreach through multiple communication plans and platforms, including social media and community partnerships.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

We expect to improve mental health/wellbeing and reduce substance abuse in our community by:

- 1. Improving community awareness/understanding of mental wellness strategies;
- 2. Improving community awareness/understanding of substance misuse and the connection between substance misuse and mental health challenges;
- 3. Addressing early signs of mental health difficulties/distress;
- 4. Improving healthy coping skills and resiliency; and
- 5. Reducing the need for referral to higher levels of care

We will measure these outcomes by:

- 1. Tracking the number of participants in community education events;
- 2. Completion of pre- and post-tests by those who receive education;
- 3. Completion of symptom checklists and drug/alcohol screeners by those who receive treatment; and
- 4. Tracking number of referrals to higher levels of care.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

If this project fails to meet the deliverables or performance measures required, the funds would be returned to the state.

15. Requester Contact Information

a. First Name	Johnette	Last Name	Gindling	
b. Organization	Space Coast Health Foundation dba Lifetime Counseling Center			
c. E-mail Address	johnette.gindling@schfbre	vard.org		



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	d. Phone Number	(321)241-6600		Ext.			
16.	16. Recipient Contact Information						
	a. Organization Space Coast Health Foundation dba Lifetime Counseling Center						
	b. Municipality and County Brevard						
	c. Organization Type						
	□For Profit Entity						
	☑Non Profit 501(c)(3)						
	□Non Profit 501(c)(4)						
	□Local Entity						
	□University or College						
	□Other (please specify)						
	d. First Name	Lori		Last Name	Parsons		
	e. E-mail Address	lori.parsons@lccbrevard.org					
	f. Phone Number	er (321)632-5792					
17.	17. Lobbyist Contact Information						
	a. Name	Melody Selis Arnold					
	b. Firm Name	RSA Consulting Group LLC					
	c. E-mail Address	melody@rsaconsultingllc.com					
	d. Phone Number	(386)547-1197					