#### The Florida Senate

#### **COMMITTEE MEETING EXPANDED AGENDA**

## SELECT COMMITTEE ON PANDEMIC PREPAREDNESS AND RESPONSE Senator Burgess Chair

Senator Burgess, Chair Senator Bracy, Vice Chair

MEETING DATE: Monday, March 15, 2021

**TIME:** 1:00—3:00 p.m.

PLACE: Pat Thomas Committee Room, 412 Knott Building

MEMBERS: Senator Burgess, Chair; Senator Bracy, Vice Chair; Senators Ausley, Book, Bradley, Brandes,

Brodeur, Harrell, Perry, and Pizzo

TAB	BILL NO. and INTRODUCER	BILL DESCRIPTION and SENATE COMMITTEE ACTIONS	COMMITTEE ACTION
		CEIVED FROM ROOM A3 AT THE DONALD L. PENSACOLA STREET, TALLAHASSEE, FL 32301	
1	Presentation by the Central Florida	Behavioral Health Network	Presented
2	Presentation by the Department of	Veterans Affairs	Presented
3	Presentation by the Department of	Children and Families	Presented
	Other Related Meeting Documents		

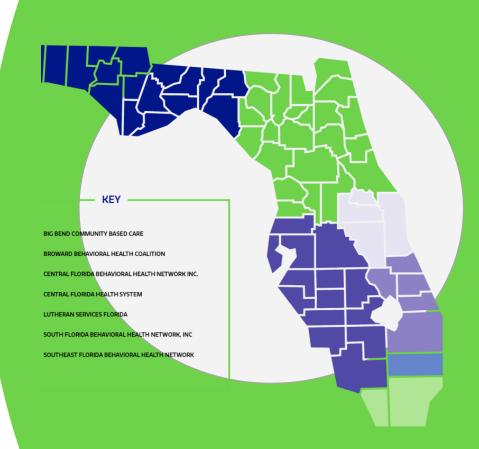


# The Impact of COVID-19 on the Mental Health of Floridians

Presented by Linda McKinnon, President and CEO March 15, 2021

# Florida's Behavioral Health Managing Entities

Florida's Behavioral Health Safety Net System





#### **Background on Managing Entities**



#### **Who Managing Entities Serve**

- DCF contracts with seven Managing Entities, which are not-for-profit businesses with local community boards
- Managing Entities manage, administer and ensure accountability of state and federal funds for substance abuse and mental health services within a network of over 300 providers



#### How Behavioral Health Services are Paid For

- ➤ On your own (patient pays)
- ➤ Private Insurance
- Medicaid
- > Special coverage, e.g. Veterans
- ➤ Last Resort: Safety Net System
  - Managing Entities Under DCF

Managing Entities provide A mental health services to more than 320,000 uninsured, indigent Floridians.

These patients include:

- Substance-abusing mothers and pregnant women
- Families in the foster care system
- ➤ Injecting drug users
- Substance abusers who are infected with HIV
- Individuals with a serious mental illness
- ➤ Youth in the Juvenile Justice System
- ➤ Veterans
- Incarcerated Individuals
- Chronically Homeless Individuals



## **Funding & Accountability**

Funding for the safety net substance abuse and mental health services comes from:



- ➤ Local governments
- ➤ State general revenue



- **➤** Private grants
- ➤ State and federal grants

Managing Entities operate with high accountability and low overhead, operating with less than 5% in administrative costs



## What Managing Entities Do

#### **SYSTEM**

Develop and manage a community-based system of care Include services not provided by traditional medical insurance called "wraparound services" e.g. housing, employment, transportation

#### **PROVIDER**

Promote use of evidencebased best practices

Provide data driven outcomes, performances and accountability

Manage contracts totaling over \$770 million

#### INDIVIDUAL

Match severity of illness to intensity of service

Focus on the individual to ensure that the provider network system includes services across the continuum of care

Coordinate care for "high utilizers"



# **Assessing Needs**

Managing Entities employ a variety of evidence-based strategies to evaluate community need and service priority:





# The Impact of COVID -19 and the Behavioral Health of Floridians

"Collectively more people are concerned about the impact of their Mental Health (31%) than having access to the vaccine (29%)"

#### Nationally

- Alcohol sales have increased 50%
- Reported overdoses have increased by 50%
- Deaths by overdose have increased by 30%

#### Locally

Recent increases in suicidal actions by teen girls between 13-17

#### Overall Isolation

The impacts of isolation, fear, anxiety, job loss, additional roles required of families has
resulted in a increase of unhealthy coping behaviors and more positively has increased the
number of first time requests for help through 211, the suicide crises line and warm lines.



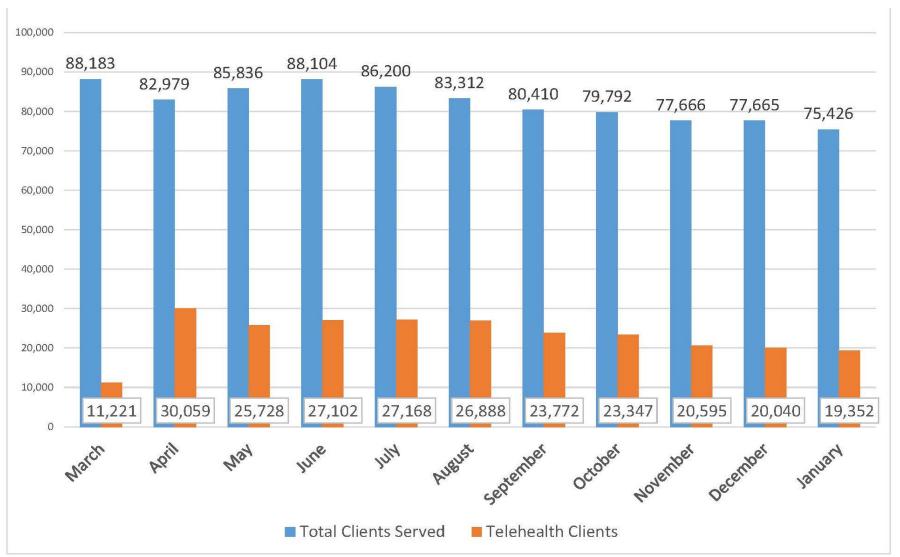
# Behavioral Health Services Remained Open & Accessible

## 3 key changes that allowed our system as whole to <u>meet the needs</u> of vulnerable Floridians

- 1. Shift to telephonic and telehealth services
  (1 in 4 clients in the behavioral health safety net system used telehealth services as a important and safe way to support their mental well being)
- 2. Flexible Funding methods allowed providers to remain open
- 3. Assured that providers were delivered PPE throughout the epidemic



# FAME Telehealth Analysis Covid - 19





# Community Partnerships

- Zero Suicide
- Tampa Bay Thrives
- Healthy Minds
- You Good Campaign
- Housing



# CFBHN Response

- Provide twice weekly community report on service availability.
- Acquired and distributed PPE to network providers
- Launched paid and PSA supported
   Campaign to all network communities via
   TV, Radio, OTT, and Social Media with over •
   35mm impressions
- Developed and launched COVID helpline
- Provided free cope notes trial to the public
- Launched online comprehensive prevention campaign targeted to parents "Talk. They hear you" and "in it to win it"

- Expanded mobile response capabilities throughout the Region
- Provided Managing Entity coordination of care to address problems that are endemic in physical and behavioral health care for high need individuals
  - Developed care coordination services for students assessed to be high risk and requiring community based services
- Opened over 100 additional supported housing units
  - Provide weekly provider check-ins with area hospitals to assure coordination of care



# **CFBHN** Response Continued

- Implemented data sharing projects with local counties and law enforcement and the Medical Examiner to identify individuals and geographic areas in high need.
- Established Youth at Risk committees to address children at risk of "lock out" or placement in child welfare. 350 staffing's resulted in 95% of children being successfully diverted from child welfare and deeper end services
- Utilized Cares Act funding to expand service capacity.
- Successfully diverted 154 of the 185 individuals referred for civil State Hospital that were waiting at 34 receiving facilities.
- Successfully diverted 135 forensic clients from state hospitalization
- Assisted schools in developing virtual prevention programming.
- Worked with local jails to allow virtual case management in the jails to assure continued access to behavioral health services.







#### **COVID Related Accomplishments**



Rev 3/9/2021

# **CFBHN** Immediate Response

- Worked with providers to evaluate the Baker Act, Detox (acute care), Residential services processes.
- Increased communication and developed report to track services.
- Participated in weekly acute care calls that still continue.
- Increased access and expanded telehealth and telephonic services.
- Continued work with providers and services never stopped due to quick response and a shift of delivery of services to telehealth
- COVID support line through Crisis Center of Tampa Bay.
  - 844-MYFLHLP 844-693-5457



# **CFBHN** Immediate Response

#### Continued

- Created a COVID-19 ME & County Report that communicates the operational integrity, workforce capacity and administration status. This report is distributed twice a week.
- Worked with providers, county and DCF to establish Short
   Term Residential to assist with lack (or clog) of admissions to
   State Hospitals
- Began pilot project to determine where individuals intersect the various systems in order gain a better understanding of what programs and services can be targeted to high priority individuals.

# Personal Protective Equipment Supports

- Through the assistance of FAME and DCF we were able to provide our stakeholders personal protective equipment:
- Gloves-99,280
- Gowns- 12,300
- Sanitizers- 12,456 bottles 8oz- 12oz
- Face Shields- 1,200
- Infrared Thermometers- 50
- Surgical Masks- 11,600
- Reusable Masks- 44,275
- COVID Tests- 500
- Let's Get Checked COVID test kits- 440
  - These test were not only available to providers but also family members living in the same household.



## Recommendations

- Continue to fund mental health and substance Abuse services, as need is growing providers cannot sustain cuts without a impact to service availability.
- Continue to allow payment flexibility for providers.
- Continue to allow payment for telehealth services.
- Fund local 211 to assure adequate availability for all communities.



Thank you. Questions?









**Speaker Contact Information:** 

Linda McKinnon, President & CEO

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Cellular: 813-389-8179







#### THE FLORIDA SENATE

#### **APPEARANCE RECORD**

(Deliver BOTH copies of this form to the Senator or Senate Professional Staff conducting the meeting)

3-15-21			
Meeting Date			Bill Number (if applicable)
Topic Mental Health			Amendment Barcode (if applicable)
Name Linda Mc Kinnon	\		-
Job Title <u>CEO</u>			_
Address 7/9 US Hwy 3	0/5.		Phone 813-740-48//
Tampa	State	336/9 Zip	Email_LMCKINNON@CFBHW.UN
Speaking: For Against	Information		peaking: In Support Against air will read this information into the record.)
Representing CENTRAL Flor	PIDA BEH	AVIORAL HEC	atta Netcoork   FASK
Appearing at request of Chair: Ye	es No	Lobbyist regist	tered with Legislature: Yes No
While it is a Senate tradition to encourage pu meeting. Those who do speak may be asked			I persons wishing to speak to be heard at this persons as possible can be heard.
This form is part of the public record for the	nis meeting.		S-001 (10/14/14)



# IMPACT OF THE COVID-19 PANDEMIC ON VETERAN MENTAL HEALTH AND SUICIDE RISK

#### Lauren A. Stentz, M.S.

Suicide Prevention and Research Specialist Florida Department of Veterans' Affairs The Capitol, Suite 2105 StentzL@FDVA.STATE.FL.US

# RISK FACTORS FOR DEATH BY SUICIDE AMONG VETERANS AND COVID-19

There is no single cause of suicide. Suicide is often the result of a complex interaction of risk and protective factors at the individual, community, and societal levels.

#### **Empirically-supported risk factors:**

- "Perceived Burdensomeness" the idea that one is a burden on those around them.
- "Thwarted Belongingness" the feeling that one is not a valued member of a community; loneliness.
- "Acquired Capability" the ability to carry out the act of suicide.
- Hopelessness
- Psychopathology, prior attempts, substance abuse, significant life stressors.

#### CURRENT VETERAN SUICIDE RATES IN FLORIDA

#### VA's 2020 National Veteran Suicide Prevention Annual Report

Data: 2005-2018

#### Florida Veteran Suicide Deaths, 2018

Sex	Veteran Suicides
Total	577
Male	557
Female	20

Age Group	Florida Veteran Suicides	National Veteran Suicides	Florida Veteran Suicide Rate	National Veteran Suicide Rate
Total	577	6,435	36.8	32.0
18-34	42	874	35.9	45.9
35-54	134	1,730	37.2	33.4
55-74	244	2,587	37.0	30.4
75+	157	1,237	36.4	27.4

Reference: VA's Florida Veteran Suicide Data Sheet, 2018

# VETERAN SUICIDES DURING THE COVID-19 PANDEMIC

#### VA's 2020 National Veteran Suicide Prevention Annual Report

- There is no indication yet of an increase in the Veteran suicide rate during the COVID-19 Pandemic\*
  - BUT there has been an <u>increase in suicidal ideation</u> among some Veteran populations
  - \*Caveat: Incomplete Data

#### We have documented increases in:

- Number of crisis intervention calls by Veterans and their family members
- Number of suicide prevention calls by Veterans and their family members

# CURRENT VETERAN SUICIDE PREVENTION EFFORTS IN FLORIDA

- HB 007 I Recognizing Veteran Suicide (Representative Willhite)
- SB 0260 Services for Veterans and their Families (Senator Harrell)
- Florida Governor's Challenge to Prevent Suicide Among Service Members, Veterans, and their Families
- VA's "COVID-19 Outreach for Suicide" program
- VA's Safety Planning App

#### WHAT IS A SAFETY PLAN?

A safety plan is a prioritized written list of coping strategies and sources of support that Veterans who have been deemed to be at high risk for suicide can use before or during a crisis. The plan is **brief**, **easy to read**, and in the **Veteran's own words**.





# FL GOVERNOR'S CHALLENGE TO PREVENT SUICIDE AMONG SERVICE MEMBERS, VETERANS, AND THEIR FAMILIES



#### WHAT FL CITIES, COUNTIES, AND CITIZENS CAN DO:

- When talking about suicide:
  - Don't say: Commit Suicide
  - Do say: "Die by suicide" or "took his/her life"
  - Reasoning The word "commit" is generally associated with crimes; "die by suicide" is preferred because it emphasizes the death and deemphasizes the judgment
- Engage with the <u>FL Governor's Challenge to Prevent Suicide Among Service</u>
   Members, Veterans, and their Families
- Know the suicide prevention and crisis intervention resources in your area and don't be afraid to reach out WITH someone
- Become a Watch Stander
  - https://www.thefirewatch.org/watch-standers



#### **RESOURCES TO KNOW**

Veterans Crisis Line I - 800 – 273 – TALK, press I



- Florida Veterans Support Line: I 844 MYFLVET (693-5838)
- Crisis Center of Tampa Bay
- Watch Stander Training: <a href="https://www.thefirewatch.org/watch-standers">https://www.thefirewatch.org/watch-standers</a>
- FDVA Website: <a href="https://www.floridavets.org/">https://www.floridavets.org/</a>

## **QUESTIONS?**



#### **CONTACT INFORMATION:**

Lauren A. Stentz, M.S.

Suicide Prevention and Research Specialist Florida Department of Veterans' Affairs The Capitol, Suite 2105 StentzL@FDVA.STATE.FL.US

#### YOU MUST PRINT AND DELIVER THIS FORM TO THE ASSIGNED TESTIMONY ROOM

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#### THE FLORIDA SENATE

15 March 2021  Meeting Date	·	APPEARAN	ICE RECO	RD	Bill Number (if applicable)
Topic Florida Depar	tment of Veterar	ns' Affairs Presentation	on		Amendment Barcode (if applicable
Name Lauren A. Ste	ntz				
Job Title Suicide Pre	evention and Res	search Specialist			
Address 400 S. Monroe Street, STE 2105		2105			50-487-1533
Street Tallahassee	9	Florida	32399	Email Ste	entzL@FDVA.STATE.FL.US
City  Speaking: For	Against	State Information	Zip Waive S (The Cha		In Support Against ais information into the record.)
Representing F	lorida Departme	nt of Veterans' Affair	S		
Appearing at reques While it is a Senate trad meeting. Those who do	ition to encourage	public testimony, time		persons wis	hing to speak to be heard at this

S-001 (10/14/14)



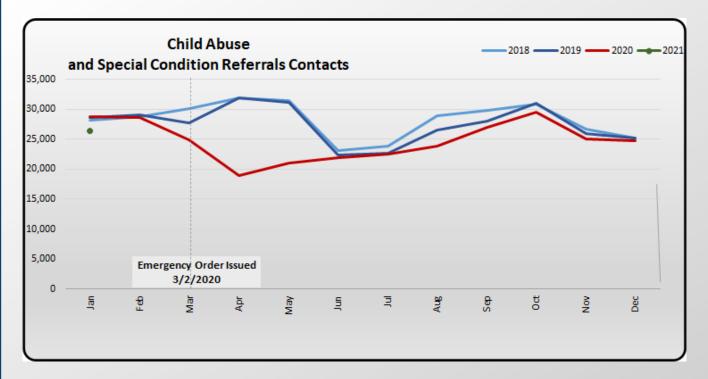
# COVID 19 Impact on DCF Services and Mental Health

Senate Select Committee on Pandemic Preparedness and Response March 15, 2021

Presented by:

Dr. Patricia Babcock, Deputy Secretary

#### Office of Child Welfare-Hotline Child Contacts

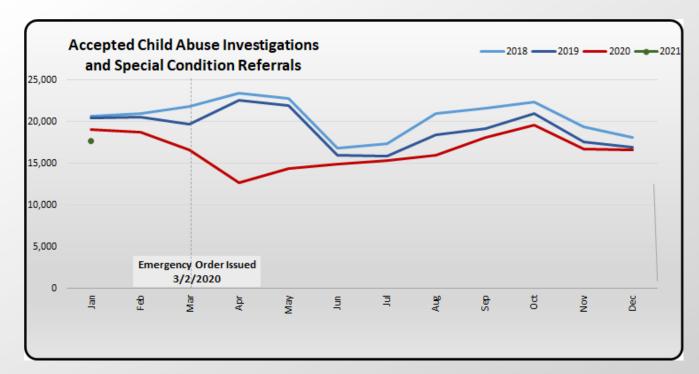


Within the year-over-year data, there was a sharp decline in the number of Hotline contacts dealing with child abuse and special referrals for 2020. Note:

- 42% reduction in April and 33% reduction in May.
- More normal contact levels have returned there is still a slight decline in the year-over-year data between June 2020 and January 2021



## Accepted Investigations



Within the year-over-year data, there was a sharp decline in the number of accepted child abuse referrals and special condition referrals for 2020.

#### Note:

- 15% reduction in March,
- 43% reduction in April,
- 34% reduction in May, and
- 13% reduction in August when
   2020 data is compared with 2019 data.

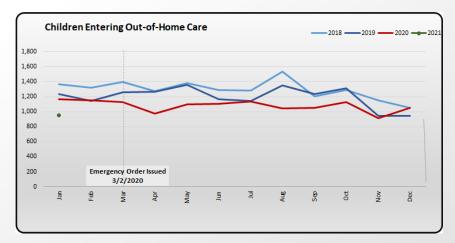


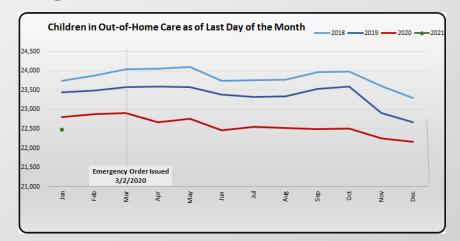
## Behavioral Health Consultants- Investigations Activities

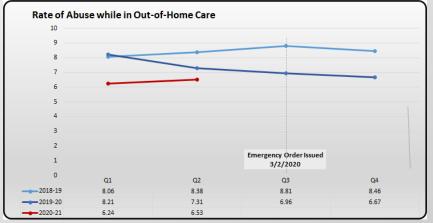
	2019	2020	
Total number of investigations for which BHCs assisted a CPI	2,296	8217	
Total number of different (unduplicated) CPI's you have assisted	1,103	2215	
Cases with children 5 years old or younger in the household	1,278	5510	
A	Activity Types		
Consultation	992	3633	
Joint Visit	778	1644	
Brief Assessment	279	861	
Other Ancillary Support	543	2061	
Substance Use			
Cases with reported substance use	1,723	5,630	
Cases with an opioid reported as primary substance of choice	497	939	
Cases that involved a substance exposed infant	607	2,056	



## Children Entering and In OHC

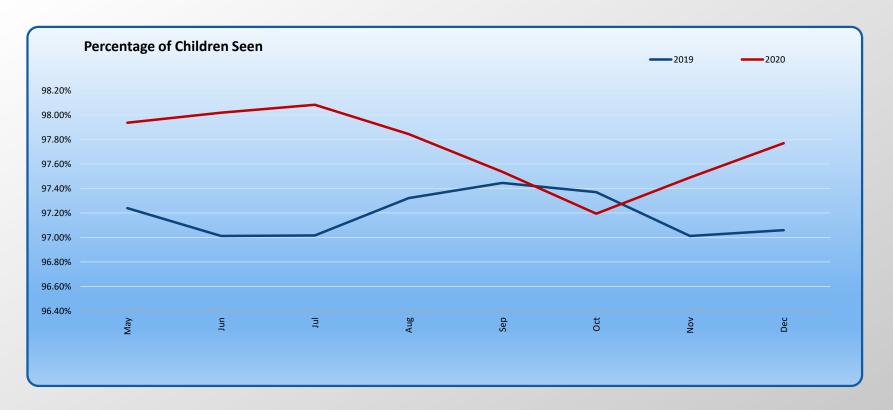








# Children Seen Monthly





#### Domestic Violence

- 41 Certified Domestic Violence Centers maintained full operations, shifting many of their non-residential services to virtual environments.
- Domestic Violence Data on number served shows the following:
  - April June 2020: served almost half the number of survivors in shelter, with about a 1/3 decrease in non-residential services and about a 20% decrease in hotline calls.
  - July September 2020: service levels began picking back up slightly at about 60% historical levels for shelter, and within 15% of historic nonshelter and hotline calls
  - October December 2020: at about 2/3 the historic level for shelter and within 5% of historic non-shelter and hotline calls



# Pandemic Impacts on Behavioral Health-211

TOP MENTAL HEALTH & ADDICTIONS REQUESTS		
Substance abuse & addictions ag	<mark>34,</mark> 425	
Marriage & family ≗	965	
Crisis intervention & suicide ≗ੁ	33,178	
Mental health services △ႍ	88,120	
Mental health facilities ≗ੁ	6,407	
Other mental health & addictions 20	1,181	



### Mobile Response Teams

- Calls Received
  - 9,314 (2019)
  - 9,926 (2020)
- Calls requiring an acute response
  - 6,872 (2019)
  - 7,244 (2020)
- Calls requiring an acute response, resulting in an involuntary examination
  - 1,343 (2019)
  - 1,386 (2020)
- Calls requiring an acute response, potential diversion from an involuntary examination
  - 5,529 (2019)
  - 5,858 (2020)



### Suicide Deaths

Month	Age group									
Worth	5	-17	18	3-49	50-64		65+		Total	
Year	2019	2020*	2019	2020*	2019	2020*	2019	2020*	2019	2020*
January	11	8	120	126	90	83	76	64	297	281
February	5	11	106	105	95	59	69	73	275	248
March	12	4	126	115	99	61	69	90	306	270
April	5	6	128	96	81	60	75	64	289	226
May	6	4	126	105	75	61	90	65	297	235
June	5	4	130	100	88	68	66	73	289	245
July	1	8	109	90	104	78	90	80	304	256
August	12	9	112	99	81	45	78	66	283	219
September	7	8	119	88	88	58	72	65	286	220
October	5	8	132	111	90	45	84	47	311	211
November	6	9	98	94	73	50	69	60	246	213
December	4	5	98	74	71	44	71	59	244	182
Total	79	70	1404	1035	1035	618	909	687	3427	2806**

<sup>\*</sup>Provisional 2020 data is subject to change

<sup>\*\*</sup>one death in 2020 is currently listed as unknown age
Data Source: Florida Department of Health Bureau of Vital Statistics



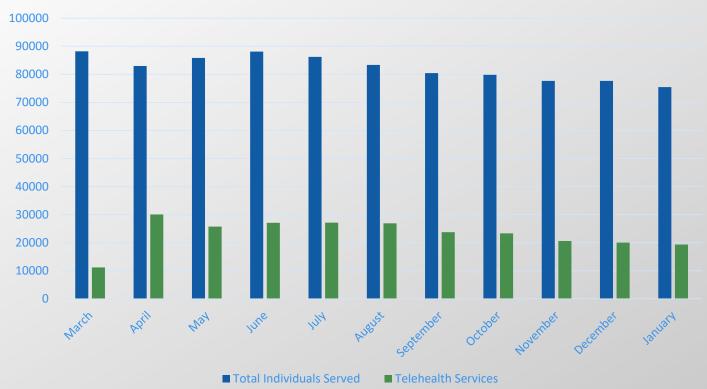
### Substance Abuse

- Medicated Assisted Treatment
  - New Clients-
    - 4,226 (2019)
    - 3798 (2020)
- Overdose Data
  - Nonfatal Overdoses, all drugs-
    - 39,157 (2019)
    - 39,911 (2020)
  - Fatal Opioid Overdoses
    - 3,763 (2019)
    - 4,631 (2020)

- Narcan Distribution
  - Narcan Kits sent to providers to distribute
    - 45,538 (2019)
    - 72,984 (2020)
  - Narcan Kits distributed to the community
    - 36,747 (2019)
    - 66,546 (2020)
  - Self reported overdose reversals
    - 1,567 (2019)
    - 4,105(2020)
  - On-site reversals
    - 25 (2019)
    - 173 )2020)
  - Providers enrolled in Narcan distribution program
    - 107 (2019)
    - 181 (2020)



### FAME Telehealth Analysis





# Covid-19 Crisis Counseling

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Service Type	Service	CCP Funded	In Kind Services**
	Individual and Family Crisis Counseling	22,195	28,827
	In-person brief educational or supportive contact	522	0
	Telephone contact	101,486	230,218
Primary Services	Hotline/helpline/lifeline contact	10	0
	E-mail contact	3,115	27,568
	Community networking and coalition building	19,716	3,110
	Referrals Provided (ODCES)*	2,411	97,603
	Material handed to people	0	0
	Material mailed to people	0	0
Secondary Services	Material left in public places	0	0
	Mass media	0	95
	Social networking messages	599	54,201
TOTAL	avidor data workhooka fram July 2020 through January 24, 2021	150,054	441,622

<sup>\*</sup>CCP Referrals: 39,780 as reported in provider data workbooks from July 2020 through January 31, 2021

FLORIDA DEPARTMENT OF CHILDREN AND FAMILIES MYFLFAMILIES.COM

<sup>\*\*</sup>Provider data workbooks do not collect: In-person brief educational or supportive contact; hotline/helpline/lifeline contact; material handed to people; material mailed to people; material left in public places

# Questions?



S-001 (10/14/14)

#### YOU MUST PRINT AND DELIVER THIS FORM TO THE ASSIGNED TESTIMONY ROOM

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#### THE FLORIDA SENATE

03/15/2021 APPEARANCE RECORD  Meeting Date	Bill Number (if applicable)
Topic Presentation by the Department of Children and Families	Amendment Barcode (if applicable)
Name Dr. Patricia Babcock	
Job Title DCF Deputy Secretary	
Address 1317 Winewood Blvd. Phone	(850) 488-9410
Street Tallahassee FL 32399 Email_	
Speaking: For Against Information Waive Speaking: (The Chair will read	In Support Against d this information into the record.)
Representing Florida Department of Children and Families	
Appearing at request of Chair: Yes No Lobbyist registered with	h Legislature: Yes Vo
While it is a Senate tradition to encourage public testimony, time may not permit all persons weeting. Those who do speak may be asked to limit their remarks so that as many persons a	

#### **CourtSmart Tag Report**

Case No.: -**Room:** KB 412 Type: **Caption:** Senate Select Committee on Pandemic Preparedness and Response Judge:

Started: 3/15/2021 1:02:07 PM

2:36:22 PM

2:37:35 PM 2:38:06 PM

2:38:11 PM

2:38:37 PM

2:39:08 PM

2:39:14 PM

2:39:30 PM

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2:39:58 PM

2:40:04 PM

Sen. Ausley L. McKinnon

P. Babcock

Sen. Ausley

L. McKinnon

Sen. Ausley

Sen. Bracy

P. Babcock

Sen. Bracy

P. Babcock L. McKinnon

Ends: 3/15/2021 2:56:32 PM Length: 01:54:26 1:02:08 PM Sen. Burgess (Chair) 1:05:11 PM TAB 1 - Presentation by the Central Florida Behavioral Health Network 1:06:19 PM Linda McKinnon, President and Chief Executive Officer, Central Florida Behavioral Health Network, Inc. 1:24:13 PM Sen. Burgess TAB 2 - Presentation by the Department of Veterans' Affairs 1:24:36 PM 1:25:07 PM Lauren Stentz, Veteran Suicide Prevention and Research Specialist, Florida Department of Veterans' **Affairs** 1:45:43 PM Sen. Burgess 1:45:52 PM TAB 3 - Presentation by the Department of Children and Families Patricia Babcock, Ph.D., LCSW, Deputy Secretary, Florida Department of Children and Families 1:46:25 PM 2:02:16 PM Sen. Burgess 2:02:31 PM Sen. Bracy Sen. Burgess 2:02:37 PM 2:02:51 PM Sen. Bracv 2:03:15 PM P. Babcock 2:03:20 PM Sen. Bracy 2:03:24 PM Sen. Burgess 2:03:35 PM Sen. Book P. Babcock 2:06:29 PM Sen. Book 2:08:49 PM L. McKinnon 2:09:59 PM 2:11:27 PM Sen. Book 2:12:10 PM L. McKinnon 2:13:51 PM Sen. Book 2:14:41 PM L. Stentz 2:15:51 PM L. McKinnon 2:17:00 PM P. Babcock 2:17:49 PM Sen. Burgess 2:18:26 PM Sen. Harrell 2:21:47 PM P. Babcock 2:24:15 PM Sen. Harrell 2:25:29 PM L. McKinnon 2:26:24 PM P. Babcock L. Stentz 2:27:17 PM Sen. Harrell 2:28:09 PM 2:30:35 PM P. Babcock 2:31:00 PM Sen. Harrell Sen. Brodeur 2:32:01 PM 2:33:54 PM Sen. Burgess 2:34:03 PM Sen. Pizzo 2:35:59 PM Sen. Burgess

Sen. Book Sen. Burgess L. Stentz 2:40:46 PM 2:41:22 PM 2:42:17 PM L. McKinnon P. Babcock 2:42:55 PM 2:43:46 PM 2:44:57 PM Sen. Harrell Sen. Burgess L. Stentz 2:46:35 PM 2:47:52 PM L. McKinnon 2:49:59 PM P. Babcock 2:53:08 PM Sen. Burgess 2:54:14 PM