



**THE FLORIDA SENATE**  
**SENATOR BEN ALBRITTON**  
*President*

January 28, 2026

Good Morning Senators!

I wanted to let everyone know I was discharged from Shands Hospital in Gainesville late yesterday afternoon. Missy and I returned to Tallahassee last night. I'm going to take the upcoming days to recuperate and rest.

Above all, I want to give glory to God, for protecting me and guiding us through this difficult time. By the grace of God and through His divine healing, I am getting better. Additionally, through the knowledge and wisdom He has given to so many medical professionals, I am fully informed and can make important decisions about my health moving forward. Praise God!

I am beyond thankful and eternally grateful to the medical staffs at TMH and Shands who cared for me over the last few days. They provided the absolute best care and treated me with the utmost professionalism, compassion, and patience.

I'm specifically thankful for Tallahassee Memorial who cared for me by finding the blood clot and stabilizing me with early intervention during this challenge.

Under the care of the multidisciplinary team at Shands, I underwent extensive testing and further analysis of the blood clot in my lung (pulmonary embolism), damage to the surrounding area of my lung (lung infarction), and the potential abnormality in the upper left region of my heart.

The great news is that upon further review and with additional imaging, Cardiologists at Shands determined that either there was no abnormality in my heart, or God chose to heal it. My heart is in great shape, which was quite a relief to hear. I know what I believe happened. God is faithful!

Due to the recurring nature of the blood clots I have experienced (three over the last six years), I will remain under the care of a Hematologist and begin a medication regime to help prevent future issues related to clotting. I have a number of follow-up appointments and additional screenings to complete over the next few months as I recover from the blood clot in my lung and adjust to the new medication. The future is bright.

Words cannot express how amazed Missy and I are by the outpouring of love, support, and prayers we have received over the last few days. I have personally received over 500 text messages of well wishes and prayers from all over the state, not including emails and calls, or the

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hundreds of other messages received by Missy and Senate Staff in Tallahassee and back home in District 27. I've never experienced anything like this level of support, encouragement and love. It is truly overwhelming. Missy and I feel blessed to have so many people reach out to us, regardless of political party or geography. THAT is the best that Florida has to offer and shows the power of love in this great state. We felt your support and your prayers, and we are beyond grateful. Missy and I could not be more blessed in every single way.

I look forward to seeing everyone very soon, after some much needed rest, and after that, finishing out Session strong!

With love,



A handwritten signature in dark ink, appearing to read "Ben Albritton", written in a cursive style.

1 Corinthians 13:13