



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2019-2020

LFIR#: 1600

1. Title of Project: United HomeCare Older Adult Caregiver Training

2. Senate Sponsor: Manny Diaz

3. Date of Submission: 01/23/2019

4. Project/Program Description:

Family caregivers are an invisible workforce often forced into their role without any prior knowledge of how to effectively care for older adults. The Older Adult Caregiver Training (OACT) Program addresses an increasing demand to meet the home health care needs of our growing older adult population by training caregivers on the proper care of older and disabled adults in the home environment and focuses on their mutual health and safety. Community caregivers and those enrolled in Participant Direction Option (PDOs) who self-hire caregivers as direct service workers will benefit from the 7 hours of hands-on classroom and field practicum in-home training provided by an experienced home health industry leader serving South Florida's older, disabled adults, and family caregivers since 1973. United HomeCare is a State of Florida Designated Teaching Agency for Home and Community-Based Care. OACT will also offer in-kind counseling and caregiver support for the caregiver's well-being.

5. State Agency to receive requested funds : Department of Elder Affairs

State Agency Contacted? No

6. Amount of the Nonrecurring Request for Fiscal Year 2019-2020

Type of Funding	Amount
Operations	458,000
Fixed Capital Outlay	
Total State Funds Requested	458,000

7. Total Project Cost for Fiscal Year 2019-2020 (including matching funds available for this project)

Type of Funding	Amount	Percent
Total State Funds Requested (from question #6)	458,000	90.91%
Federal	0	0.00%
State (excluding the amount of this request)	0	0.00%
Local	0	0.00%
Other	45,800	9.09%
Total Project Costs for Fiscal Year 2019-2020	503,800	100.0%

8. Has this project previously received state funding? No

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	NonRecurring		

9. Is future-year funding likely to be requested? No



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10. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		
Other Salary and Benefits		
Expense/Equipment/Travel/Supplies/Other	Classroom equipment, (1) CPR mannequin, safety gear (Gait belts, gloves, etc.), training materials and handouts, catalogs, workbooks, and videos for 400 participants.	25,000
Consultants/Contracted Services/Study		
Operational Costs:		
Salary and Benefits	(3) RN Trainers (Field In-Home and Classroom); (1) Training Program Coordinator; (2000 hours) Caregiver Respite/Companion Service for 400 care recipients to be provided while caregivers attend OACT classroom session. Counseling service for care recipients and caregiver, equals 2 hours times 400 participants; and Health Statistician, Graduate Student (Florida International University).	388,000
Expense/Equipment/Travel/Supplies/Other	Stipend of \$75 per 400 Caregiver Participants will be provided to cover 7 hours of training and transportation costs.	30,000
Consultants/Contracted Services/Study	Health Statistician, Master Degree student from Florida International University will collect data for research study of enrolled and non-enrolled caregivers to measure care recipients' health and safety outcomes as well as pre- and post-training caregiver skills acquired.	15,000
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		
Total State Funds Requested (must equal total from question #6)		458,000

11. Program Performance:

a. What is the specific purpose or goal that will be achieved by the funds requested?

The purpose of the Older Adult Caregiver Training Program (OACT) is to increase the availability and capacity of qualified caregivers dedicated to the care of older and disabled adults in the home setting. The escalating costs of health care and nursing home institutionalization coupled with the rapid growth of the older adult population and a caregiver workforce shortage are factors which are contributing to the dire need for qualified caregivers to provide in-home care preferred by older adults.

b. What are the activities and services that will be provided to meet the intended purpose of these funds?



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Activities include 7 hours of classroom education and field practicum in-home training on core caregiving skills by Registered Nurses (RN) and Home Health Aides. Training is customized to address the care recipient's care plan and ensures the safety, health, and well-being of both the care recipient and caregiver in the home environment. Outreach will be conducted to enroll 400 caregivers in the program. Includes respite services to facilitate the caregiver's participation and in-kind counseling services and caregiver support groups conducted by a Licensed Clinical Social Worker to relieve caregiver stress. Emphasis is on safety and learning how to properly care for an older or disabled adult in the home environment while helping caregivers reduce caregiver burnout. Caregivers will be provided a stipend of \$75 to cover 7 hours of training and transportation costs.

c. What are the direct services to be provided to citizens by the appropriations project?

Caregiving skills will be learned via Field Practicum at-home and Classroom Education for community and family caregivers as well as caregivers of LTC Participant Direction Options. Classroom education consists of 4 hours dedicated to learning skills in CPR, infection control, fall prevention, food preparation safety and feeding, skin care for wound prevention, and techniques for assisting clients with basic and instrumental activities of daily living including personal care, homemaker, emergency protocols, and physical comforts. Field Practicum in-home training of 3 hours will compliment classroom education, and customized to the older adult's care plan. Trainees learn basic home health care procedures; proper use of assistive devices including Hoyer Lift and electric beds; proper and safe transferring; and medication supervision. Trainees will shadow experienced HHAs under the supervision of an RN through observation and training in the home environment.

d. Who is the target population served by this project? How many individuals are expected to be served?

Older and disabled adults and their caregivers living in Broward, Miami, and Monroe counties, including 400 community and family caregivers in need of training on how to care for older and disabled adults in the home or enrolled in Long Term Care Participant Direction Options (PDOs). Eligible trainee participants are caregivers 18+ years of age. Older adults 60+ years and disabled adults 18-59 years will also directly benefit from OACT. Caregivers are either informal (unpaid) or formal (a paid caregiver) providing care in a person's home. Studies show that in 2015, approximately 34.2 million caregivers provided unpaid care to an adult age 50 plus, and the annual economic value of the services provided by unpaid caregivers was \$470 billion [2015 and 2013: Caregiver.org]. Of family caregivers who provide complex chronic care, 46% perform medical and nursing tasks and more than 96% provide help with ADLs or IADLs (basic and instrumental activities of daily living).

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Clients and caregivers will benefit from training in core competencies and skill sets for the proper care of older and disabled adults in the home; increased capacity in a vocation where there is HHA workforce shortage with the addition of 400 trained caregivers; and prevent or delay more costly, less preferred, nursing home institutionalization and hospitalizations by keeping care recipients safely at home receiving optimal and improved care from trained and vetted caregivers. Skills will be measured pre- and post-training with an initial skills assessment compared at the end of the program to measure improvement. Data will be collected and assessed using controlled and uncontrolled cohort groups during and post-training to measure hospitalization causes (i.e. falls, number of injuries, etc.), and to measure the value of the program in the prevention of hospitalizations. Care recipients' care plans will be reviewed to ensure that caregivers are trained in the skills they need.



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- f. **What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?**

Penalty is the forfeiture of unused portion of funds per trainee.

12. **The owner(s) of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owner(s) of the facility and the entity.**

N/A

13. **Requestor Contact Information:**

- a. **Name:** Carlos Martinez
- b. **Organization:** United HomeCare Services, Inc., d/b/a United HomeCare
- c. **E-mail Address:** cmartinez@unitedhomecare.com
- d. **Phone Number:** (305)716-0825

14. **Recipient Contact Information:**

- a. **Organization:** United HomeCare Services, Inc., d/b/a United HomeCare
- b. **County:** Miami-Dade
- c. **Organization Type:**
 - For Profit
 - Non Profit 501(c) (3)
 - Non Profit 501(c) (4)
 - Local Entity
 - University or College
 - Other (Please specify)
- d. **Contact Name:** Carlos Martinez
- e. **E-mail Address:** cmartinez@unitedhomecare.com
- f. **Phone Number:** (305)716-0825

15. **Lobbyist Contact Information**

- a. **Name:** Miguel Abad
- b. **Firm Name:** New Century Partnership
- c. **E-mail Address:** miguel@nchdevelopment.com
- d. **Phone Number:** (786)527-0084