

LFIR # 1006

Date of Request	09/27/2019							
Project/Program I	Description							
recognized as cutting of related dementias (AD provides socialization a when primary verbal of a week. Groups are in	at JFCS manages the only demeredge, innovative and most importa RD). The program is designed for and wellness with a holistic approximation and interaction abil Marco Island, off-site in Naples a with a licensed clinical social wor	antly pro r seniors each to e lities are and at N	oviding the highest s who have been d everyday living and e altered. We provi aples Senior Cente	standar liagnose I challen de 8 stru er. To m	rd of care t ed with ear ges using uctured gro aximize ef	o clients by to mid activities bups tha fectivene	s with Alzheimer' l-stage ADRD. T s that focus on c t meet for four h ess groups are c	s dis he p onne ours appe
State Agency to r	receive requested funds acted?	-	artment of Elde	r Affair	rs			
0 ,	onrecurring Request for F	iscal	Year 2020-202	21				
Type of Funding		Amount						
Operations			75	5,000				
Fixed Capital Ou	tlay			000				
Fixed Capital Ou  Total State Fund	•		75	5,000				
Total State Fundation	ds Requested t for Fiscal Year 2020-202	21 (inc	cluding match	5,000			for this proj	ect)
Total State Fundation of Type of Funding	ds Requested t for Fiscal Year 2020-202	·	cluding match	5,000 ling fu	Percer	itage	for this proj	ect)
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75,000

If yes, indicate nonrecurring amount per year.



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## 10. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		
Other Salary and Benefits		
Expense/Equipment/ Travel/Supplies/Other		
Consultants/Contracted Services/Study		
Operational Costs: Oth	er	
Salary and Benefits	Professional staff for facilitating the program.	75,000
Expense/Equipment/ Travel/Supplies/Other		
Consultants/Contracted Services/Study		
Fixed Capital Construc	tion/Major Renovation:	
Construction/Renovation/ Land/Planning		
Engineering		
Total State Funds Re	equested (must equal total from question #6)	75,000



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### 11. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The program provides four hours of respite to caregivers. For the clients the program promotes short and long term memory, decrease agitation, manage behavior, enhance reality orientation, reduce anxiety, strengthen communication and increase self-esteem. The program is based on the Brookdale Model and the Teepa Snow model of Positive Approach to Dementia which integrates what is known about brain function and changes that happen with dementing conditions.

b. What activities and services will be provided to meet the intended purpose of these funds?

Activities are designed to achieve the program's goals to help enhance communication skills, to improve an individual's mood, to help access long term memory and to increase socialization. Each group's schedule includes Dakim Brain Fitness, which helps users strengthen attention, focus, and concentration combined with other concentration and memory activities such as "ice-breakers" to help the participants enhance social skills and assist in recall and language skills. Participants also work with puzzles, horticulture therapy, trivia, word scrambles, chair yoga, meditation and art therapy. The last 30 minutes of the day the participants have music therapy facilitated by a licensed music therapist.

c. What direct services will be provided to citizens by the appropriation project?

Language skills, memory techniques, relaxation techniques, socialization and building self-esteem are concentrated on during each group's activities with the focus on what strengths the participants possess. Participants are offered an opportunity for socialization and cognitive stimulation in a non-judgmental, friendly environment. Participants are encouraged to participate in activities that engage verbally and also utilize gross motor skills depending on their comfort level or level of ability.

d. Who is the target population served by this project? How many individuals are expected to be served?

The targeted population are seniors age 60 and over with a medical diagnosis of Alzheimer's disease or related dementias (ADRD). In 2017, in Collier and southern Lee County 22,000 cases of ADRD were counted including an estimated 13% who live alone. Our community's limited existing resources are overwhelmed by demand. Thirty-six percent (36%) of Collier and southern Lee Counties' population is over age 60. Of those, 8% are age 85 or older, a relevant statistic as it is currently estimated that 50% of adults over the age of 85 will be diagnosed with ADRD. Anticipate serving 178 individuals.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Managing the impact of ADRD is one of the biggest challenges that individuals and their families will face in life. Our Dementia Respite Support program provides tools, support and coping skills to assist these individuals and their families. Clients attending the Dementia Respite Support Program we expect to achieve the following goals and outcomes: less agitated, be more engaged in their surroundings, experience fewer symptoms of "sun downing" on the days when they had music or art therapy, and caregivers will report that the group has had a positive impact on their lives. We will use the Revised Memory and Problem Behavior Checklist (RMPBC) which is recommended as a reliable and valid tool for the clinical and empirical assessment for measuring outcomes. The instrument is disseminated in a traditional pre-test/post-test administration. Outcomes for individuals with ADRD are measured in relationship to a limited time period such as during the program and extending into later in the d

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

This program is funded on a monthly basis for services that are reported in CIRTS. If the agency failed to meet the deliverables then the agency would not be able to submit for payment of services.



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The owners of the Include the relation	e facility to receive, directly or inc onship between the owners of the	directly, any f e facility and	ixed capital o the entity.	utlay funding.
N/A				
Requestor Contac	ct Information			
a. First Name	Jaclynn	Last Name	Faffer	
b. Organization	Naples Senior Center at JFCS			
c. E-mail Address	jfaffer@naplesseniorcenter.org			
d. Phone Number	(239)325-4444	Ext.		
Recipient Contact	Information			1
a. Organization	Naples Senior Center at JFCS		_	
b. Municipality and	d County Collier			
c. Organization Ty	ре			
For-profit E	Entity			
O Non-Profit	501(c) (3)			
O Non-Profit	501(c) (4)			
O Local Entit	у			
<ul><li>University</li></ul>	or College			
<ul><li>Other (plea</li></ul>	ase specify) Non Profit 501(c) (3)			
d. First Name	Jaclynn	Last Name	Faffer	
e. E-mail Address	jfaffer@naplesseniorcenter.org			
f. Phone Number		·		
Lobbyist Contact	Information			
a. Name	None			
b. Firm Name	None			]
c. E-mail Address				
d. Phone Number		Ext.		