



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2020-2021

LFIR # 2278

1. **Project Title**
2. **Senate Sponsor**
3. **Date of Request**

4. **Project/Program Description**

The Responder's First Wellness Program will provide free alternative therapies for first responders and their significant others suffering from career-related PTSD in a four-day wellness retreat. Participants will receive four sessions of Accelerated Resolution Therapy (ART), three sessions of Integrated Restoration (iRest), three sessions of yoga. All expenses will be paid by Responder's First.

5. **State Agency to receive requested funds**
- State Agency contacted? Yes No

6. **Amount of the Nonrecurring Request for Fiscal Year 2020-2021**

Type of Funding	Amount
Operations	<input style="width: 100%;" type="text" value="50,000"/>
Fixed Capital Outlay	<input style="width: 100%;" type="text" value="000"/>
Total State Funds Requested	50,000

7. **Total Project Cost for Fiscal Year 2020-2021 (including matching funds available for this project)**

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	<input style="width: 100%;" type="text" value="50000"/>	<input style="width: 100%;" type="text" value="100.0"/> %
Matching Funds		
Federal	<input style="width: 100%;" type="text" value="00"/>	<input style="width: 100%;" type="text" value="0"/> %
State (excluding the amount of this request)	<input style="width: 100%;" type="text" value="00"/>	<input style="width: 100%;" type="text" value="0"/> %
Local	<input style="width: 100%;" type="text" value="00"/>	<input style="width: 100%;" type="text" value="0"/> %
Other	<input style="width: 100%;" type="text" value="00"/>	<input style="width: 100%;" type="text" value="0"/> %
Total Project Costs for Fiscal Year 2020-2021	50,000	100 %

8. **Has this project previously received state funding?** Yes No

If yes, provide the most recent instance:

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		
<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>

9. **Is future-year funding likely to be requested?** Yes No

If yes, indicate nonrecurring amount per year.



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10. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		
Other Salary and Benefits		
Expense/Equipment/Travel/Supplies/Other	Ford Transit 350 XLT 15-passenger van used to transport participants to the retreat and related events. It will also be used for program outreach.	22,466
Consultants/Contracted Services/Study		
Operational Costs: Other		
Salary and Benefits		
Expense/Equipment/Travel/Supplies/Other		
Consultants/Contracted Services/Study	During the four day retreat, the program will sponsor six participants. The participants will receive four sessions of Accelerated Resolution Therapy (ART), three sessions of Integrated Restoration (iRest), three sessions of yoga. Hotel and meal costs are included.	27,534
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		
Total State Funds Requested (must equal total from question #6)		50,000



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11. Program Performance

- a. What specific purpose or goal will be achieved by the funds requested?

The funds will be spent on a retreat and other related costs to provide free alternative therapies for first responders affected by career related post-traumatic stress disorder (PTSD) during a wellness program retreat based on a model initiated by the US Special Operations Command (SOCOM). Program Evaluations conducted by University of South Florida Tampa, FL Dr. Kevin E. Kip, Ph.D., for Marcus Luttrell's Lone Survivor Foundation and the Veterans Alternative has shown this model to be extremely effective with Veterans with PTSD.

- b. What activities and services will be provided to meet the intended purpose of these funds?

Four-day retreat, passenger van for transportation.

- c. What direct services will be provided to citizens by the appropriation project?

The participants will receive four days of alternative therapies to aid in their coping with PTSD.

- d. Who is the target population served by this project? How many individuals are expected to be served?

Persons with poor mental health, first responders affected by PTSD.

- e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

The program will use evidence-based modalities which have been thoroughly researched with combat veterans that were deployed in Vietnam, Operation Enduring Freedom (OEF), and Operation Iraqi Freedom (OIF) and Responders First will provide these modalities in a proven week long retreat-based program.

- f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

Failure to meet deliverables will result in a return of funds to administering agency.



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12. **The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.**

Requestor is CEO of Responder's First-- no capital outlay funding requested.

13. **Requestor Contact Information**

- a. First Name Last Name
- b. Organization
- c. E-mail Address
- d. Phone Number Ext.

14. **Recipient Contact Information**

- a. Organization
- b. Municipality and County
- c. Organization Type
- For-profit Entity
 - Non-Profit 501(c) (3)
 - Non-Profit 501(c) (4)
 - Local Entity
 - University or College
 - Other (please specify)
- d. First Name Last Name
- e. E-mail Address
- f. Phone Number

15. **Lobbyist Contact Information**

- a. Name
- b. Firm Name
- c. E-mail Address
- d. Phone Number Ext.