

LFIR # 1774

University of Central Florida – Post Traumatic Stress Disorder Clinic of Florida Veterans and First

2. Senate Sponsor Tom Wright

**3. Date of Request** 02/17/2021

#### 4. Project/Program Description

UCF RESTORES provides treatment and resiliency services at no cost to Florida's active-duty personnel, veterans, first responders, law enforcement personnel, firefighters, emergency medical technicians, paramedics, and survivors of sexual assault, mass shootings or natural disasters. The Clinic's innovative three-week intensive outpatient treatment program is the only program of its kind in the country with significantly improved patient outcomes over that of other providers. This funding will provide for: continued operation of the UCF Clinic treatment program at current locations (treatment is free); development of an online suicide prevention curriculum for at-risk populations; build, deploy and maintain new veteran rescue applications – an initiative that addresses the critical need of suicide prevention through online provision of peer supporters and the identification of culturally competent trauma therapists.

Board of Governors

#### 5. State Agency to receive requested funds

State Agency contacted? Yes

#### 6. Amount of the Nonrecurring Request for Fiscal Year 2021-2022

Type of Funding	Amount
Operations	1,050,000
Fixed Capital Outlay	0
Total State Funds Requested	1,050,000

### 7. Total Project Cost for Fiscal Year 2021-2022 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	1,050,000	100%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2021-2022	1,050,000	100%

8. Has this project previously received state funding? Yes

Fiscal Year	Amount		Specific	Vetoed	
(уууу-уу)	Recurring	Nonrecurring	Appropriation #		
2018-19	0	500,000	143	No	

#### 9. Is future funding likely to be requested?

Yes 100,000

a. If yes, indicate nonrecurring amount per year.

### b. Describe the source of funding that can be used in lieu of state funding.

This project can be enhanced by federal grants and private contributions, but state funding is needed to continue operations.



#### 10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

Yes

#### If yes, indicate the amount of funds received and what the funds were used for.

The UCF PTSD Clinic received \$50,000 to treat Orange County first responders. The Clinic was also awarded funds to treat Azalea Park residents with PTSD due to high rates of COVID-19. All funds were spent on treatment as required by 12/30/2020.

#### 11. Details on how the requested state funds will be expended

Spending Category	Description	Amount		
Administrative Costs:				
Executive Director/Project Head Salary and Benefits		0		
Other Salary and Benefits		0		
Expense/Equipment/Travel/Supplies/ Other		0		
Consultants/Contracted Services/Study	UCF RESTORES Treatment Program (\$850,000) On-line Suicide Prevention Curriculum (\$100,000) Rescue Apps (\$100,000)	1,050,000		
Operational Costs: Other				
Salary and Benefits		0		
Expense/Equipment/Travel/Supplies/ Other		0		
Consultants/Contracted Services/Study		0		
Fixed Capital Construction/Majo	r Renovation:			
Construction/Renovation/Land/ Planning Engineering		0		
Total State Funds Requested (must equal total from question #6)				

#### 12. Program Performance

#### a. What specific purpose or goal will be achieved by the funds requested?

Continuing to serve the citizens of Florida in providing free, highly successful treatment to Florida's veterans and activeduty military personnel, first responders, and victims of sexual assault and mass shootings. This funding will allow the UCF Clinic to continue our innovative treatment program and develop new initiatives that address two crucial mental health needs in our state:

The lack of adequately trained, trauma-informed clinicians who can effectively treat survivors of trauma.

The need for efficacious, evidence-based strategies for suicide prevention.

#### b. What activities and services will be provided to meet the intended purpose of these funds?

This funding will provide for: continued operation of the UCF Clinic treatment program at current locations (treatment is free); development of an online suicide prevention curriculum for at-risk populations; build, deploy and maintain new veteran rescue applications – an initiative that addresses the critical need of suicide prevention through online provision of peer supporters and the identification of culturally competent, trauma therapists.

#### c. What direct services will be provided to citizens by the appropriation project?



A. Direct clinical services to Florida citizens

B. Education and training of mental health clinicians to provide evidence-based therapy to survivors of trauma

C. Education and suicide prevention to vulnerable groups (adolescents, veterans, LBGTQ, and first responders) D. On-line referral services for first responders and veterans

E. Training for first responders and th LBGTQ community to serve as peer support for their fellow community

F. Direct clinical services to first responders and survivors of traumatic events such as mass violence, natural disasters such as Hurricane Michael, and to prevent suicide contagion. Also education of clinicians in the area of the event to provide evidence-based treatment to the community.

#### d. Who is the target population served by this project? How many individuals are expected to be served?

All projects will be directed at citizens of Florida who have experienced traumatic events or Florida clinicians who will be trained to provide evidence-based psychotherapy for trauma survivors. We anticipate that, between the direct clinical services and the educational/outreach services that we will provide, between 5,000 and 10,000 individuals will be served through these endeavors.

## e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will

#### be measured?

Improved mental health for Florida's citizens. Outcomes will be assessed by the percentage of individuals who no longer meet diagnostic criteria for post-traumatic stress disorder after completing treatment. For educational initiatives - we will document the percentage of clinicians who complete the training and the number of individuals who take part in the online or in person education and training programs.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Return of state funds.

# 13. The owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

The Clinic home office is located on the campus of the University of Central Florida, although treatment is provided at locations around the state. No fixed capital outlay funding is being requested.



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## 14. Requestor Contact Information

	a. First Name	Alexander		Last Name	Cartwright	
	b. Organization	University of Central Florida				
	c. E-mail Address	President@ucf.edu				
	d. Phone Number	(407)823-	-1823	Ext.		
15.	5. Recipient Contact Information					
	a. Organization	University of Central Florida				
	b. Municipality and	and County Orange				
	c. Organization Type					
	□For Profit Entity	Entity				
	□Non Profit 501(c	l (c)(3)				
	□Non Profit 501(c	c)(4)				
	□Local Entity					
	☑University or Co	ollege				
	□Other (please sp	pecify)				
	d. First Name	Deborah		Last Name	Beidel	
	e. E-mail Address	Deborah.	Beidel@ucf.edu			
	f. Phone Number	(407)823	-3910			
16.	16. Lobbyist Contact Information					
	a. Name	Janet D. Owen University of Central Florida janet.owen@ucf.edu				
	b. Firm Name					
	c. E-mail Address					
	d. Phone Number					