



# The Florida Senate

## Local Funding Initiative Request

### Fiscal Year 2023-2024

LFIR # 1673

1. Project Title
2. Senate Sponsor
3. Date of Request

**4. Project/Program Description**

LIFT + HEAL (Lifting Individuals from Postpartum Trauma + Healing and Empowering All Living with trauma) connects community members who lack access to mental health services due to misinformation, language, and stigma to resources to help them heal from trauma. Through this program, Hispanic Unity of Florida, Inc. (HUF) will address the increasing demand for mental health services and the shortage of related workers. Its team will increase the number of Community Mental Health Workers (CMHW) by providing training & credentialing opportunities. Bolstered by awareness and education campaigns, CMHWs will identify, coordinate, and connect mothers & families to available services and supports to address trauma, and related challenges. They also provide assessments, individual sessions, information, and referrals for mental health resources and services.

5. State Agency to receive requested funds
- State Agency contacted?  No

**6. Amount of the Nonrecurring Request for Fiscal Year 2023-2024**

Type of Funding	Amount
Operations	500,000
Fixed Capital Outlay	0
<b>Total State Funds Requested</b>	<b>500,000</b>

**7. Total Project Cost for Fiscal Year 2023-2024 (including matching funds available for this project)**

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	500,000	63%
<b>Matching Funds</b>		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	250,000	31%
Other	50,000	6%
<b>Total Project Costs for Fiscal Year 2023-2024</b>	<b>800,000</b>	<b>100%</b>

8. Has this project previously received state funding?  No

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. Is future funding likely to be requested?  No
- a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.

10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?



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Yes

If yes, indicate the amount of funds received and what the funds were used for.

## Complete questions 11 and 12 for Fixed Capital Outlay Projects

### 11. Status of Construction

a. What is the current phase of the project?

- Planning   
  Design   
  Construction

b. Is the project "shovel ready" (i.e permitted)?

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

12. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

### 13. Details on how the requested state funds will be expended

Spending Category	Description	Amount
<b>Administrative Costs:</b>		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits	Salary & benefits allocation for Program Director, Marketing Director, Marketing Associate, Grant Compliance Accountant, Data Management & IT Director.	75,000
Expense/Equipment/Travel/Supplies/Other	Occupancy allocation for executive and marketing staff; allocation for audit fees, insurance, and other administrative costs.	65,000
Consultants/Contracted Services/Study		0
<b>Operational Costs: Other</b>		
Salary and Benefits	Salary & benefits allocation for Program Supervisor, Program Assistant and Community Health Workers	200,000
Expense/Equipment/Travel/Supplies/Other	Occupancy allocation for staff; staff trainings & certifications (including mental health first aid, postpartum depression, and community mental health worker; outreach materials (design, production, and distribution for print, digital, and in-person efforts); communications (allocation for telephone and internet service); managed IT user fee allocation; travel; and office supplies.	160,000
Consultants/Contracted Services/Study		0
<b>Fixed Capital Construction/Major Renovation:</b>		
Construction/Renovation/Land/Planning Engineering		0
<b>Total State Funds Requested (must equal total from question #6)</b>		<b>500,000</b>

### 14. Program Performance



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**a. What specific purpose or goal will be achieved by the funds requested?**

Improving mental health by addressing substance use & abuse, and postpartum depression among underserved community members is a priority for Hispanic Unity of Florida (HUF). Lack of information, stigma, and scarcity of services are some of the challenges community members experience when dealing with trauma and mental health needs. With support from the State of Florida, HUF will credential additional mental health workers and expand outreach efforts to South Florida residents, including those in underserved populations.

**b. What activities and services will be provided to meet the intended purpose of these funds?**

Program supervisor will become a facilitator through the National Council for Mental Wellbeing, an evidence-based training program. 25+ individuals will receive 30 hours of training to become Certified Community Mental Health Workers, and a minimum of 20 additional hours of training related to postpartum depression, suicide prevention, child abuse, HIPAA, and conflict resolution.

**c. What direct services will be provided to citizens by the appropriation project?**

HUF staff will engage citizens through outreach and marketing activities to provide information, case management, and referrals to youth and adults. Resources and engagement will promote reduction of substance use, abuse, and dependence; identify & mitigate postpartum depression; and improve overall mental health.

**d. Who is the target population served by this project? How many individuals are expected to be served?**

Elderly persons, persons with poor mental health, economically disadvantaged persons, at-risk youth, preschool students, grade school students, high school students. Over 800 individuals are expected to be served.

**e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?**

Program participants increase emotional wellbeing: % increasing emotional wellbeing, measured by Warwick Edinburgh Wellbeing Scale, pre- and post- evaluations.  
 Individuals earn Certified Community Health Worker trainings and credential: # of persons completing Certified Community Health Worker training & receiving credentials, # of persons using CCHW credential for employment (new or existing position).  
 Program participants reduce drug use & substance abuse: % decreasing substance abuse, pre- and post- evaluations.

**f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?**

Penalties for non-performance may include reduction in funding or inability to be reimbursed for ineligible activities that have been completed, return of funds, and/or termination of award.

**15. Requester Contact Information**

**a. First Name**  **Last Name**

**b. Organization**

**c. E-mail Address**

**d. Phone Number**  **Ext.**

**16. Recipient Contact Information**

**a. Organization**

**b. Municipality and County**

**c. Organization Type**

For Profit Entity



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- Non Profit 501(c)(3)
- Non Profit 501(c)(4)
- Local Entity
- University or College
- Other (please specify)

**d. First Name**  **Last Name**

**e. E-mail Address**

**f. Phone Number**

#### 17. Lobbyist Contact Information

**a. Name**

**b. Firm Name**

**c. E-mail Address**

**d. Phone Number**