

1. Project Title

### The Florida Senate Local Funding Initiative Request Fiscal Year 2025-2026

Nature-Based Wellness Workforce Initiative

LFIR # 1689

2. S	enate Sponsor	Clay Yarborough	1				
3. D	ate of Request	2/13/2025					
4. P	roject/Program D	escription					
fu tra he	ınding to train a di aditional healing v	verse workforce in N vith modern healthca	IBW practices like are, preserve eco	, proposed by Nwamara e herbal medicine and o logical knowledge, pror emphasizes research, c	other plant therapies note sustainability, a	s. It aims to integrate	
5. St	tate Agency to re	eceive requested fu	ı <b>nds</b> Depart	ment of Education			
St	ate Agency cont	acted? No					
6. Ar	mount of the Non	recurring Request	for Fiscal Year	2025-2026			
T	ype of Funding			Amo	ount		
0	Operating				300,000		
Fi	Fixed Capital Outlay			0			
T	otal State Funds	Requested			300,000		
7. To	otal Project Cost	for Fiscal Year 202	5-2026 (includin	g matching funds ava	nilable for this proje	ect)	
T	ype of Funding			Amount	Percentage		
T	otal State Funds F	Requested (from que	estion #6)	300,000	100%		
M	latching Funds						
F	ederal			0	0%		
S	tate (excluding the	e amount of this requ	uest)	0	0%		
Lo	ocal			0	0%		
0	ther			0	0%		
T	otal Project Cost	s for Fiscal Year 20	025-2026	300,000	100%		
		reviously received most recent instar	_	No			
	Fiscal Year	Amo	ount	Specific	Vetoed		
	(уууу-уу)	Recurring	Nonrecurring	Appropriation #			
9. Is	future-year fund	ling likely to be req	uested?	No			
a.	. If yes, indicate r	nonrecurring amou	nt per year.				
h.	. Describe the so	urce of funding the	at can be used in	n lieu of state funding	_		
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**LFIR # 1689** 

Is the project "shovel ready" (i.e permitted)?  What is the estimated start date of construction?
What is the estimated start date of construction?
What is the estimated completion date of construction?
What funding stream will be used for ongoing operations and maintenance of the project

### 12. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits	The cost will include curriculum development, daily operations, and creating assignments and testing for each course. Expenses cover salaries for key staff: the Program Manager, overseeing overall execution, and the Program and Community Outreach Coordinator, managing engagement, recruitment, and stakeholder coordination to ensure effective outreach.	60,000
Other Salary and Benefits	This cost includes salaries for Lead Instructors and a Sustainability and Ecological Wellness Educator. To include fees for Professional Guest Instructors and Marketing.	95,000
Expense/Equipment/Travel/Supplies/ Other	Cost include access to program materials, including learning resources, tools, and supplies. Certification upon successful completion of the course. Graduation costs and ceremonies.	55,000
Consultants/Contracted Services/Study		0
Operational Costs		
Salary and Benefits	This cost includes paid participant training for 25 learners over 16 weeks. NCIH will provide training 2 days a week (Wednesday and Friday) for 4 hours a day, totaling 128 training hours. The hourly pay for each participant is \$18.75 per hour.	60,000
Expense/Equipment/Travel/Supplies/ Other	The cost for supplies and tools, textbooks, Leased Learning Area, and utilities.	30,000
Consultants/Contracted Services/Study		0
Fixed Capital Construction/Majo	r Renovation:	
Construction/Renovation/Land/ Planning Engineering		0
Total State Funds Requested (m	ust equal total from question #6)	300,000

### 13. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?



LFIR # 1689

The Nature-Based Wellness (NBW) Workforce Initiative, proposed by Nwamara Center for Integrative Health, seeks funding to train a diverse workforce in NBW practices like herbal medicine and other plant therapies. It aims to integrate traditional healing with modern healthcare, preserve ecological knowledge, promote sustainability, and expand access to holistic care in underserved communities. The initiative emphasizes research, collaboration with healthcare providers, and building networks.

b. What activities and services will be provided to meet the intended purpose of these funds?

The Nature-Based Wellness Workforce Initiative boosts economic self-sufficiency by offering training in nature-based healing practices like herbal medicine and providing certification for credibility. It creates entrepreneurial opportunities, access to wellness and eco-tourism jobs. By promoting sustainability, it supports stable careers and community leaders in a growing, eco-conscious industry.

c. What direct services will be provided to citizens by the appropriation project?

The funding will directly provide citizens with training in nature-based healing practices like herbal medicine, offering certification that enhances job credibility. This initiative will create entrepreneurial opportunities, supporting wellness sector careers. By promoting sustainability, it fosters long-term, stable employment for community leaders in a growing eco-conscious industry.

d. Who is the target population served by this project? How many individuals are expected to be served?

Elderly persons, persons with poor physical health, jobless persons, economically disadvantaged persons, and university/college students. Expect to serve less than 25 persons.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Improve physical health (improvement in participants' understanding of physical health techniques, assessed through pre- and post-training knowledge evaluations), improve mental health (improvement in participants' understanding of mental health practices, assessed through pre- and post-training knowledge evaluations), enrich cultural experience (pre- and post-training evaluations of participant cultural knowledge, documented practices, and feedback on cultural relevance and impact), improve quality of education (pre and post training assessments and tracking pass rates of course exams), increase or improve economic activity (increased adoption of holistic wellness practices and the growth of entrepreneurial ventures among participants within six months to one year following program completion), and enhance specific individual's economic self sufficiency (self-report surveys to track income).

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

In addition to standard penalties for failing to meet deliverables, the Department of Education may consider reducing funding for non-performance. In some cases, future funding may be suspended, halting payments until compliance is achieved. Another penalty is the requirement for corrective action planning, where the contractor must submit a plan outlining how they will meet performance goals and address deficiencies.

4. IS t	his project related to mitigation, response, or recovery from a natural disaster? No
a. If	Yes, what phase best describes the project?
	Mitigation (reducing or eliminating potential loss of life or property)
	Response (addressing the immediate and short-term effects of a natural disaster)
	Recovery (assisting communities return to normal operations, including rebuilding damaged infastructure)
b. N	ame of the natural disaster (or Executive Order # for events not under a federal declaration):
. Had	s the entity applied for or received federal assistance for this project?



LFIR # 1689

☐ Yes, Applied						
☐ Yes, Received						
□ No						
☐ No, but intends to	o apply					
a. If yes, provide th	e FEMA p	roject workshe	et ID#:			
b. Provide the total	project c	ost listed on the	e FEMA proje	ect worksheet:		
16. Has the entity app	lied for or	received state	assistance f	or this project (other th	an this reques	t)?
☐ Yes, Applied						
☐ Yes, Received						
□ No						
☐ No, but intends to	o apply					
a. If yes, specify the	e program	and state ager	ncy (ex. Loca	al Government Emerger	າcy Bridge Loa	n, Department of
Commerce):						
17. Requester Contact	t Informati	on				
a. First Name	Eshanda		Last Name	Iheukwumere Ezeribe		
b. Organization	Nwamara	Nwamara Center for Integrative Health				
c. E-mail Address	ra@ncihealthfl.c	om				
d. Phone Number	(904)704	-8399	Ext.			
18. Recipient Contact						
a. Organization		Center for Integ	grative Health			
b. Municipality and	•	Duval				
c. Organization Ty	pe					
☑For Profit Entity						
□Non Profit 501(c	:)(3)					
□Non Profit 501(c	c)(4)					
□Local Entity						



LFIR # 1689

□University or Co	□University or College					
□Other (please specify)						
d. First Name	Eshanda	Last Name	Iheukwumere	Ezeribe		
e. E-mail Address	ail Address drnwamara@ncihealthfl.com					
f. Phone Number	(904)704-8399	Ext.				
19. Lobbyist Contact Information						
a. Name	None					
b. Firm Name						
c. E-mail Address						
d. Phone Number						

The information provided will be posted to the Florida Senate website for public viewing if sponsored by a Senator.