



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2025-2026

LFIR # 1785

1. Project Title

2. Senate Sponsor

3. Date of Request

4. Project/Program Description

Cayuga Centers is requesting funding for another year to sustain the expansion of the evidence-based Healthy Steps program in Circuits 11 and 19, covering Miami-Dade and St. Lucie Counties. Building on over a decade of experience providing Healthy Steps in Miami-Dade, we successfully established two Healthy Steps teams in our Cayuga Centers office locations, which also deliver other community-based services. Healthy Steps is an evidence-based program offering guidance, education, and support to families with children aged 0-3 through a Developmental Specialist assigned to each family. Services are integrated into the child's pediatric care, focusing on early intervention, screening, and parent support to ensure optimal developmental outcomes. With the requested funding, we aim to continue delivering these essential services, maintaining and enhancing our commitment to early childhood development and family support in the expanded regions.

5. State Agency to receive requested funds

State Agency contacted? Yes

6. Amount of the Nonrecurring Request for Fiscal Year 2025-2026

Type of Funding	Amount
Operating	733,735
Fixed Capital Outlay	0
Total State Funds Requested	733,735

7. Total Project Cost for Fiscal Year 2025-2026 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	733,735	100%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	0	0%
Other	0	0%
Total Project Costs for Fiscal Year 2025-2026	733,735	100%

8. Has this project previously received state funding? Yes

If yes, provide the most recent instance:

Fiscal Year (YYYY-YY)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		
2024-25	0	733,735		No

9. Is future-year funding likely to be requested? Yes

a. If yes, indicate nonrecurring amount per year.

b. Describe the source of funding that can be used in lieu of state funding.

Cayuga Center could potentially pursue other grant opportunities to fund the project.



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2025-2026

LFIR # 1785

Complete questions 10 and 11 for Fixed Capital Outlay Projects

10. Status of Construction

a. What is the current phase of the project?

- Planning
 Design
 Construction
 N/A

b. Is the project "shovel ready" (i.e permitted)?

No

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

e. What funding stream will be used for ongoing operations and maintenance of the project?

N/A

11. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

N/A

12. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits	Indirect costs: 15% of all program salary and benefits	77,062
Expense/Equipment/Travel/Supplies/Other	Indirect costs: 15% of all program expenses	14,143
Consultants/Contracted Services/Study	Indirect costs: 15% Healthy Steps consultant fees	4,500
Operational Costs		
Salary and Benefits	2 Healthy Steps Program Managers @ \$67,600 annually 4 Healthy Steps Developmental Specialists @ \$45,760 annually 2 Healthy Steps Data Specialists @ \$42,640 annually Fringe benefits on all staff (32%) includes Social Security, Health insurance, Dental insurance, 401k, Disability, Workers' Compensations, and Unemployment Insurance	532,646
Expense/Equipment/Travel/Supplies/Other	Travel: 50 miles per staff x 46 working weeks/yr x 8 FTEs annually at .625 per mile Program supplies such as library media for infant/toddlers, program brochures in Spanish and Creole, toys, books, crayons, Play Doh, safety and medical kits for participants, and academy of pediatric books for new clients. Other expenses include program space, staff equipment such as lap tops and cell phones, office supplies, postage etc	105,384
Consultants/Contracted Services/Study		0
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2025-2026

LFIR # 1785

Total State Funds Requested (must equal total from question #6)	733,735
--	----------------

13. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The requested funds will support the continuation of the Healthy Steps program in Circuits 11 and 19 in Florida, serving Miami-Dade and St. Lucie Counties. Each established site, already staffed with one Program Manager, two Developmental Specialists, and one Data Specialist, will maintain services for the upcoming year.

b. What activities and services will be provided to meet the intended purpose of these funds?

The Healthy Steps-High Intensity model includes health clinic visits, home visits, family support groups, and phone consultations. This approach ensures the target child participates in required activities. A Pediatrician collaborates with a Developmental Specialist to enhance well-child visits, with the Pediatrician addressing the medical needs of the baby or toddler and the Developmental Specialist focusing on the family's developmental and emotional needs. Acting as a live "Baby Manual," the Developmental Specialist provides guidance directly from the family's trusted Pediatrician's office.

c. What direct services will be provided to citizens by the appropriation project?

The prevention program services include parent consultations at pediatric offices or health care centers, home visits, parent groups, developmental screens, depression screening, parent stress screening, parent-child interaction screening, home safety, written materials, parent education, and home literacy, guidance and support. The Healthy Steps Program's goal is to screen all babies/toddlers, intervene early and help parents be the best parents possible.

d. Who is the target population served by this project? How many individuals are expected to be served?

Aligned with the philosophy of the model, enrollment is limited to babies aged 2 months or younger, and participants are followed until they reach 3 years old. To receive Healthy Steps services, the baby must be a patient at the designated Healthy Steps Pediatric Practice(s) or Health Care Center. The program aims to serve 400 babies and toddlers across Miami-Dade and St. Lucie Counties.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Parents and caregivers will enhance positive parent-child interactions and create a home environment that promotes healthy child development. The methodology used is the Survey of Well-being of Young Children (SWYC)TM and the Parental Stress Scale. The SWYC screens children under five for developmental, behavioral, and emotional issues, using age-specific questionnaires like the Baby Pediatric Symptom Checklist and Parent's Observations of Social Interactions. The Parental Stress Scale assesses stress in caregivers of children up to 17.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

Cayuga Centers' programs are backed by support departments of the agency including, Human Resources, Information Technology, Continuous Quality Improvement (CQI), Training, Communications, Finance, and Payroll. The work of these departments in partnership with program staff ensure that the program will be implemented to fidelity. Should the agency fail to meet deliverables, the CQI team will work closely with program staff to address issues and put plans in place to prevent future occurrences.

14. Is this project related to mitigation, response, or recovery from a natural disaster? No

a. If Yes, what phase best describes the project?

- Mitigation (reducing or eliminating potential loss of life or property)
- Response (addressing the immediate and short-term effects of a natural disaster)
- Recovery (assisting communities return to normal operations, including rebuilding damaged infrastructure)

b. Name of the natural disaster (or Executive Order # for events not under a federal declaration):



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2025-2026

LFIR # 1785

15. Has the entity applied for or received federal assistance for this project?

- Yes, Applied
- Yes, Received
- No
- No, but intends to apply

a. If yes, provide the FEMA project worksheet ID#:

b. Provide the total project cost listed on the FEMA project worksheet:

16. Has the entity applied for or received state assistance for this project (other than this request)?

- Yes, Applied
- Yes, Received
- No
- No, but intends to apply

a. If yes, specify the program and state agency (ex. Local Government Emergency Bridge Loan, Department of Commerce):

17. Requester Contact Information

a. First Name **Last Name**

b. Organization

c. E-mail Address

d. Phone Number **Ext.**

18. Recipient Contact Information

a. Organization

b. Municipality and County

c. Organization Type

- For Profit Entity
- Non Profit 501(c)(3)



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2025-2026

LFIR # 1785

- Non Profit 501(c)(4)
- Local Entity
- University or College
- Other (please specify)

d. First Name Last Name

e. E-mail Address

f. Phone Number Ext.

19. Lobbyist Contact Information

a. Name

b. Firm Name

c. E-mail Address

d. Phone Number

The information provided will be posted to the Florida Senate website for public viewing if sponsored by a Senator.