

LFIR # 1988

1. Project Title	Aventura/MAR Jewish Commun	nity Center Senior Quality	Life Support	
2. Senate Sponsor	Jennifer Bradley			
3. Date of Request	2/10/2025			
4. Project/Program D	escription			
social connections, improving the physic hospital readmission	to provide essential transportation and physical activity. Additionally, t cal and mental health of individuals ns, and empower participants to be sary equipment to sustain these vit	the program supports the s with chronic diseases. The tter manage their conditio	Livemore 365 initiathe goal is to reduce	tive, which focuses on disabilities, lower
5. State Agency to re	ceive requested funds Department	artment of Elder Affairs		
State Agency conta	acted? No			
6. Amount of the Non	recurring Request for Fiscal Yea	ır 2025-2026		
Type of Funding		Amo	unt	
Operating			427,000	
Fixed Capital Outlay	У		0	
Total State Funds	Requested		427,000	
7. Total Project Cost f	for Fiscal Year 2025-2026 (includ	ing matching funds avai	ilable for this proje	ect)
				_
Type of Funding		Amount	Percentage	
	Requested (from question #6)	Amount 427,000	Percentage 63%	
	Requested (from question #6)			
Total State Funds R Matching Funds Federal		427,000	63%	
Total State Funds R Matching Funds Federal State (excluding the	Requested (from question #6) e amount of this request)	427,000 0 149,000	63% 0% 22%	
Total State Funds R Matching Funds Federal State (excluding the Local		427,000 0 149,000 92,000	63% 0% 22% 14%	
Total State Funds R Matching Funds Federal State (excluding the		427,000 0 149,000	63% 0% 22%	
Total State Funds R Matching Funds Federal State (excluding the Local Other		427,000 0 149,000 92,000	63% 0% 22% 14%	
Total State Funds R Matching Funds Federal State (excluding the Local Other Total Project Costs 8. Has this project pr	e amount of this request)	427,000 0 149,000 92,000 10,000 678,000	63% 0% 22% 14% 1%	
Total State Funds R Matching Funds Federal State (excluding the Local Other Total Project Costs 8. Has this project profit yes, provide the	e amount of this request) s for Fiscal Year 2025-2026 eviously received state funding?	427,000 0 149,000 92,000 10,000 678,000 No Specific	63% 0% 22% 14% 1%	
Total State Funds R Matching Funds Federal State (excluding the Local Other Total Project Costs 8. Has this project profit yes, provide the	e amount of this request) s for Fiscal Year 2025-2026 eviously received state funding? most recent instance:	427,000 0 149,000 92,000 10,000 678,000 No Specific	63% 0% 22% 14% 1% 100%	
Total State Funds R Matching Funds Federal State (excluding the Local Other Total Project Costs 8. Has this project profit yes, provide the	e amount of this request) s for Fiscal Year 2025-2026 eviously received state funding? most recent instance: Amount	427,000 0 149,000 92,000 10,000 678,000 No Specific	63% 0% 22% 14% 1% 100%	
Total State Funds R Matching Funds Federal State (excluding the Local Other Total Project Costs 8. Has this project profit yes, provide the Fiscal Year (уууу-уу) 9. Is future-year fund	e amount of this request) s for Fiscal Year 2025-2026 eviously received state funding? most recent instance: Amount Recurring Nonrecurring ing likely to be requested?	427,000 0 149,000 92,000 10,000 678,000 No Specific	63% 0% 22% 14% 1% 100%	
Total State Funds R Matching Funds Federal State (excluding the Local Other Total Project Costs 8. Has this project profit yes, provide the Fiscal Year (yyyy-yy) 9. Is future-year fund a. If yes, indicate n	e amount of this request) s for Fiscal Year 2025-2026 eviously received state funding? most recent instance: Amount Recurring Nonrecurring ing likely to be requested? nonrecurring amount per year.	427,000 0 149,000 92,000 10,000 678,000 No Specific Appropriation #	63% 0% 22% 14% 1% 100% Vetoed	
Total State Funds R Matching Funds Federal State (excluding the Local Other Total Project Costs 8. Has this project profit yes, provide the Fiscal Year (yyyy-yy) 9. Is future-year fund a. If yes, indicate n	e amount of this request) s for Fiscal Year 2025-2026 eviously received state funding? most recent instance: Amount Recurring Nonrecurring ing likely to be requested?	427,000 0 149,000 92,000 10,000 678,000 No Specific Appropriation #	63% 0% 22% 14% 1% 100% Vetoed	



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The Florida Senate Local Funding Initiative Request Fiscal Year 2025-2026

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	Status of Const a. What is the cu		he project?				
	Planning	O Design	Construction	O N/A			
ı	b. Is the project	"shovel ready"	(i.e permitted)?				
(c. What is the es	stimated start da	te of construction?				
(d. What is the es	stimated comple	tion date of constru	ction?			
•	e. What funding	stream will be ι	ised for ongoing ope	erations a	nd maintenance of	the project?	
4	Liet the aumers	o of the facility t	a raasiya diraathy ar	indirecti	u any fivadaanital	autley funding Incl	uda tha
١.			o receive, directly or ers of the facility and			outlay funding. Inci	ude the

12. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits	Hiring 2 project coordinators for 15 hours for administrative tasks, member assessments, and data collection.	56,250
Other Salary and Benefits	Hiring 12 fitness and wellness instructors to add 45 hours of classes per week, at \$75 per hour for 50 weeks, along with a nutritionist, physical therapist, and occupational therapist.	168,750
Expense/Equipment/Travel/Supplies/ Other	Transportation for program participants, Monday through Friday, for at least 50 individuals on a daily bases, requiring 4 buses.	100,000
Consultants/Contracted Services/Study	Compensation for healthcare professionals for delivering lectures 24 lectures a year and facilitating support groups.	24,000
Operational Costs		
Salary and Benefits		0
Expense/Equipment/Travel/Supplies/ Other	Purchase and maintenance of key equipment, including an InBody body Composition analyzer and Keiser pneumatic resistance equipment, which are essential for the Livemore 365 wellness program. Additionally, the funds will cover necessary supplies to support the program, as well as operational costs to ensure smooth day-to-day operations and the continued success of the service.	78,000
Consultants/Contracted Services/Study		0
Fixed Capital Construction/Majo	r Renovation:	
Construction/Renovation/Land/ Planning Engineering		0
Total State Funds Requested (m	ust equal total from question #6)	427,000

13. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?



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The funds requested will achieve the goal of sustaining essential transportation services for seniors, enabling their access to critical resources, social connections, and physical activity. Additionally, the funds will support the Livemore 365 initiative, which focuses on improving physical and mental health for individuals with chronic diseases. The program aims to reduce disabilities, lower hospital readmissions, and empower participants to manage their conditions, thereby enhancing their overall quality of life and independence.

b. What activities and services will be provided to meet the intended purpose of these funds?

Transportation will be provided for seniors to access services, including exercise for chronic conditions like cancer, diabetes, and heart disease. Assessments will track progress, with education on nutrition, stress management, and disease self-care. Support services, caregiver training, mental health resources, and community activities will also be offered.

c. What direct services will be provided to citizens by the appropriation project?

The requested funds will support senior transportation to and from the J, as well as recreation programs outside the J. Services include medically supervised exercise for chronic conditions, health assessments, progress monitoring, wellness workshops, mental health support, caregiver training, and group activities.

d. Who is the target population served by this project? How many individuals are expected to be served?

The target population served by this project includes elderly individuals, persons with poor mental health, and those with poor physical health. The project specifically aims to assist economically disadvantaged people. It is expected to serve between 300 to 400 individuals who will benefit from transportation services, wellness programs, and support to manage their physical and mental health conditions.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

improved physical health, better disease management, enhanced mental well-being, lower healthcare costs, and increased independence for seniors. The program will measure these outcomes through pre- and post-program assessments (Six-Minute Walk Test), quality-of-life surveys, healthcare utilization data (hospital readmissions), and participant feedback. Transportation services will be evaluated by tracking participant access to critical resources and social activities, promoting overall health and independence.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

In the event of failing to meet any deliverables or performance measures as agreed upon in our contract, MARJCC will return all funds issued by the State.

reti	urn all funds issued by the State.
. Is ti	his project related to mitigation, response, or recovery from a natural disaster? No
a. If `	Yes, what phase best describes the project?
	Mitigation (reducing or eliminating potential loss of life or property)
	Response (addressing the immediate and short-term effects of a natural disaster)
	Recovery (assisting communities return to normal operations, including rebuilding damaged infastructure)
b. Na	ame of the natural disaster (or Executive Order # for events not under a federal declaration):
. Has	the entity applied for or received federal assistance for this project?
□ Y	es, Applied
□ Y	'es, Received
	. Is the state of



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□ No					
☐ No, but intends to	o apply				
a. If yes, provide th	e FEMA project workshee	et ID#:			
b. Provide the total	project cost listed on the	FEMA proj	ect worksheet:		
16 Has the entity ann	lied for or received state	assistance f	or this project (other	er than this request)?	
	med for or received state	ussistance i	or tins project (othe	indir tino requesty.	
☐ Yes, Applied					
☐ Yes, Received					
□ No					
☐ No, but intends to	o apply				
a. If yes, specify the Commerce):	e program and state agen	icy (ex. Loca	al Government Eme	rgency Bridge Loan, Depart	ment of
17. Requester Contact	t Information				
a. First Name	Roxana	Last Name	Markus		
b. Organization	Michael Ann Russell Jewi	sh Communi	ty Center		
	roxanam@marjcc.org				
d. Phone Number	(305)912-2142	Ext.			
18. Recipient Contact	Information				
a. Organization	Michael Ann Russell Jewi Center	sh Communi	ty		
b. Municipality and	d County Miami-Dade				
c. Organization Ty	ре				
□For Profit Entity					
☑Non Profit 501(c	c)(3)				
□Non Profit 501(c	c)(4)				
□Local Entity					
□University or Co	llege				
□Other (please sp	pecify)				



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d. First Name	Roxana	Last Name	Markus		
e. E-mail Address	roxanam@marjcc.org				
f. Phone Number	(305)912-2142	Ext.			
19. Lobbyist Contact Information					
a. Name	Heather L. Turnbull				
b. Firm Name	Rubin, Turnbull & Associates				
c. E-mail Address	heather@rubinturnbull.com				
d. Phone Number	r (305)495-3868				

The information provided will be posted to the Florida Senate website for public viewing if sponsored by a Senator.