

1. Project Title

2. Senate Sponsor

3. Date of Request

4. Project/Program Description

## The Florida Senate Local Funding Initiative Request Fiscal Year 2025-2026

Lifetime Counseling Center: Thrive Within Program

Thomas Leek

2/12/2025

LFIR # 2591

	community have time system of care. This adults across the couninsured individual early intervention see	nely access to menta s project will continuon ommunity. We will al als, who currently havervices and educatio	al health support, we to provide prever so continue to provide the most difficult on, as well as outpa	thile also helping to are antion and early interverside outpatient mental by accessing services.	meliorate the overloantion services to chi health and substan By expanding acce es, we will continue	to reduce the need for	
5.	State Agency to re			ent of Children and F	·	iar trodutiont.	
	State Agency cont	-					
	Amount of the Non		for Fiscal Year 20	25-2026			
	Type of Funding			Amo	unt		
	Operating				650,000		
	Fixed Capital Outla	у			0		
	<b>Total State Funds</b>	Requested		650,000			
7.	Total Project Cost	for Fiscal Year 202	5-2026 (including	matching funds ava	ilable for this proje	ect)	
	Type of Funding			Amount	Percentage		
		Requested (from que	stion #6)	650,000	52%		
	Matching Funds						
	Federal			0	0%		
	,	e amount of this requ	iest)	0	0%		
	Local			68,800 5%			
	Other			550,000	43%		
	<b>Total Project Cost</b>	s for Fiscal Year 20	25-2026	1,268,800	100%	I	
8.	Has this project pr If yes, provide the	reviously received s most recent instan	•	Yes			
	Fiscal Year Amount			Specific Appropriation #	Vetoed		
	(уууу-уу)	Recurring	Nonrecurring				
	2024-25	0	650,000	) 377	No	i	
9.	Is future-year fund	ling likely to be req	uested?	Yes			
a. If yes, indicate nonrecurring amount per year.			650,000				

b. Describe the source of funding that can be used in lieu of state funding.

Philanthropic and Charitable donations.



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#### **Complete questions 10 and 11 for Fixed Capital Outlay Projects**

. What is the cu	urrent phase of t	he project?  Construction	O N/A		
Is the project	"shovel ready"	(i.e permitted)?			
	•	ate of construction?			
. What is the es	stimated comple	tion date of constru	ction?		
What funding	stream will be ι	sed for ongoing ope	erations and maint	enance of the projec	t?
		o receive, directly or ers of the facility and		ed capital outlay fun	ding. Include t

#### 12. Details on how the requested state funds will be expended

Spending Category	Description	Amount			
Administrative Costs:					
Executive Director/Project Head Salary and Benefits		0			
Other Salary and Benefits		0			
Expense/Equipment/Travel/Supplies/ Other	Supplies and materials needed to support the services provided; including treatment supplies, certification training, outreach materials, consultants/contracted services, supplies/food for community education events, mileage reimbursement for providers, publishing educational materials, and renting space for community education events.	150,000			
Consultants/Contracted Services/Study		0			
Operational Costs					
Salary and Benefits	Master's and doctoral level mental health clinicians to provide 4,000 total hours of service at \$125.00/hour.	500,000			
Expense/Equipment/Travel/Supplies/ Other		0			
Consultants/Contracted Services/Study		0			
Fixed Capital Construction/Major Renovation:					
Construction/Renovation/Land/ Planning Engineering		0			
Total State Funds Requested (must equal total from question #6) 650,000					

#### 13. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?



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The goal of this project is to continue expansion of the Thrive Within program that provides prevention and early intervention services to individuals of all ages throughout the community, as well as to provide outpatient mental health and substance abuse counseling to the uninsured population of our county. Continuing to offer these services will further reduce the need for much more expensive higher levels of care such as crisis intervention, inpatient stabilization, and residential treatment.

#### b. What activities and services will be provided to meet the intended purpose of these funds?

We will continue to provide/expand prevention and early intervention services throughout the community, as well as providing treatment for uninsured individuals, totalling 4000 hours of service. Activities will include mental health/wellness training, psychoeducational groups, a 30-day mental wellness challenge, and expansion of our Thriving Community training/support program.

c. What direct services will be provided to citizens by the appropriation project?

Direct services will include mental health and/or substance abuse treatment, as well as training for the general public and for other professionals (school personnel, medical personnel, social services staff, etc.), psychoeducational groups for various populations, a 30-day mental wellness challenge, and a specialized Thriving Community training/support program for the general public.

d. Who is the target population served by this project? How many individuals are expected to be served?

The target population for prevention/early intervention is the Brevard County community as a whole (all ages). Total reach will be at least 500,000 people, which includes outpatient counseling services to the uninsured in Brevard County, education/early intervention for Brevard and surrounding counties through multiple communication platforms, including social media, in-person and virtual training, in-person psychoeducational groups, and community partnerships.

### e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

We expect to improve mental health/wellbeing and reduce substance abuse in our community by:

- 1. Improving community awareness/understanding of mental wellness strategies
- 2. Improving community awareness/understanding of substance misuse and the connection between substance misuse and mental health challenges
- 3. Addressing early signs of mental health difficulties/distress
- 4. Improving healthy coping skills and resiliency
- 5. Improving the ability of individuals to help one another
- 6, Reducing the need for referral to higher levels of care

We will measure these outcomes by:

- 1. Tracking the number of participants in community education/training events
- 2. Completion of pre- and post-tests by those who receive education
- 3. Follow up interviews with participants in training and psychoeducational groups
- 3. Measurement-based care protocols completed by those who receive treatment
- 4. Tracking number of referrals to higher levels of care

### f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

If this project fails to meet the deliverables or performance measures required, the funds would be returned to the state.

	IT T	nis project fails to meet the deliverables or performance measures required, the funds would be returned to the state					
14. Is this project related to mitigation, response, or recovery from a natural disaster? No							
	a. If `	Yes, what phase best describes the project?					
		Mitigation (reducing or eliminating potential loss of life or property)					
		Response (addressing the immediate and short-term effects of a natural disaster)					
		Recovery (assisting communities return to normal operations, including rebuilding damaged infastructure)					
	b. Na	ome of the natural disaster (or Executive Order # for events not under a federal declaration):					



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15. Has the entity app	olied for or received fede	ral assistanc	e for this project?	
☐ Yes, Applied				
☐ Yes, Received				
□ No				
☐ No, but intends t	o apply			
a. If yes, provide th	ne FEMA project workshe	eet ID#:		
b. Provide the total	l project cost listed on th	ne FEMA proj	ect worksheet:	
16. Has the entity app	olied for or received state	e assistance	for this project (other tha	un this request)?
☐ Yes, Applied				
☐ Yes, Received				
□ No				
☐ No, but intends t	ro annly			
a. If yes, specify the Commerce):	e program and state age	ency (ex. Loca	al Government Emergen	cy Bridge Loan, Department
17. Requester Contac	t Information			
a. First Name	Johnette	Last Name	Gindling	
b. Organization	Space Coast Health Fou	indation dba L	ifetime Counseling Center	
c. E-mail Address	johnette.gindling@schfbr	revard.org		
d. Phone Number	(321)241-6600	Ext.		
18. Recipient Contact	Information			
a. Organization	Space Coast Health Fou Counseling Center	indation dba L	ifetime	
b. Municipality and	d County Brevard			
c. Organization Ty	pe			
□For Profit Entity				
☑Non Profit 501(d	c)(3)			



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□Non Profit 501(c	□Non Profit 501(c)(4)					
□Local Entity	□Local Entity					
□University or Co	□University or College					
□Other (please sp	□Other (please specify)					
d. First Name	Lori	Last Name	Parsons			
e. E-mail Address	e. E-mail Address lori.parsons@lccbrevard.org					
f. Phone Number	(321)632-5792	Ext.				
19. Lobbyist Contact Information						
a. Name	None					
b. Firm Name						
c. E-mail Address						
d. Phone Number						

The information provided will be posted to the Florida Senate website for public viewing if sponsored by a Senator.