

LFIR # 2850

1. Project Title	Alpert Jewish Far	nily Service Mental	Health First Aid			
2. Senate Sponsor	Lori Berman					
3. Date of Request	3/5/2025					
4. Project/Program De	escription					
Health First Aid prog recognize when som	ram. Participants wi	ll take an 8-hour M or experiencing a c	rs, educators, and cit HFA standardized co ritical mental health o gement until professio	urse in which comn disorder or crisis (co	tionally-certified Mental nunity members learn to ontemplating suicide,	
5. State Agency to red	eive requested fur	nds Departme	ent of Children and Fa	amilies		
State Agency conta	cted? Yes					
6. Amount of the Nonr	ecurring Request f	or Fiscal Year 202	25-2026			
Type of Funding			Amount			
Operating				1,000,000		
Fixed Capital Outlay Total State Funds F			4 200 200			
Total State I ulius I	<u>kequesteu</u>			1,000,000		
7. Total Project Cost fo	or Fiscal Year 2025	-2026 (including r	natching funds avai		ect)	
Type of Funding			Amount	Percentage		
Total State Funds Re	equested (from ques	stion #6)	1,000,000	50%		
Matching Funds			0	00/		
	Federal		0	0% 0%		
Local	State (excluding the amount of this request)		0	0%		
Other				50%		
	Total Project Costs for Fiscal Year 2025-2026			100%		
8. Has this project pre If yes, provide the r	most recent instance	ce:	Yes			
Fiscal Year (уууу-уу)	Amount		Specific Appropriation #	Vetoed		
	Recurring	Nonrecurring		No		
2024-25	0	1,000,000	377	No		
9. Is future-year fundi			Yes			
a. If yes, indicate no	onrecurring amour	t per year.	1,000,000			
b. Describe the sou	rce of funding that	can be used in li	eu of state funding.			
Funds raised from i	ndividual donors and	d private foundation	าร.			



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at is the cu	urrent phase of t	he project?		
) Planning	Design	Construction	○ N/A	
the project	"shovel ready" (i.e permitted)?		
What is the es	stimated start da	te of construction?		
Vhat is the es	stimated comple	tion date of construc	ction?	
hat funding	stream will be u	sed for ongoing ope	erations and maintenar	nce of the project?

12. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits	Indirect Admin Fee of 10%; Grant Management Fee of 5%: Pre-award and post-award administration, compliance, management, reporting, and operational tracking.	150,000
Expense/Equipment/Travel/Supplies/ Other		0
Consultants/Contracted Services/Study		0
Operational Costs		
Salary and Benefits	Chief Clinical and Impact Officer (Ph.D., Clinical Psychology) Mental Health First Aide Program Director (Bachelor's deg., Special Education and Teaching) Seven (7) Full Time Instructors/Trainers.	628,855
Expense/Equipment/Travel/Supplies/ Other	National Participant Fees for 5,500 participants with instructional materials: \$170,500. Marketing and program outreach: \$27,000. NCMW organizational membership: \$10,000. Occupancy: \$8,604. National Instructor Training and Certification in MHFA from NCMW: \$7,200; 4 laptops: \$6,000; Annual conference registration (2 staff): \$4,500. Travel/mileage: \$3,993. Phone, \$1,800.	212,945
Consultants/Contracted Services/Study	Contracted Instructors, \$8,200.	8,200
Fixed Capital Construction/Majo	r Renovation:	
Construction/Renovation/Land/ Planning Engineering		0
Total State Funds Requested (m	ust equal total from question #6)	1,000,000

13. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?



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The funds will enable Alpert JFS to train 5,500 first responders, educators, and citizens through a nationally-certified Mental Health First Aid program. The training will help participants recognize signs of mental illness or substance use disorder, assess urgent need, and encourage seeking professional care. Approximately 1 in 5 Palm Beach County residents experience mental illness at any given time. Funding this program would make Mental Health First Aid as common as CPR and First Aid.

b. What activities and services will be provided to meet the intended purpose of these funds?

The funding will allow staff of Alpert JFS and key partner agencies to attend training and become certified as MHFA Instructors by The National Council for Mental Wellbeing. These instructors will train 5,500 community members to recognize signs, symptoms, risk factors, behavior changes in individuals developing or experiencing a mental health crisis or disorder.

c. What direct services will be provided to citizens by the appropriation project?

Trained instructors will provide 8-hour MHFA classes to the public to build confidence in approaching someone showing signs of mental distress which can prevent escalation or suicide. Trained persons can support individuals until appropriate professional help arrives. It is the intent to have MHFA become as commonplace as CPR and First Aid.

d. Who is the target population served by this project? How many individuals are expected to be served?

Approximately 5,500 individuals will receive 8 hours of Mental Health First Aid Training from certified instructors. MHFA will be available to the general public (citizens of all demographics and ethnicities). Priority will be given to first responders, workers in healthcare settings and at veterans' organizations, and other first line employees. Nationwide, more than 4 million people have been trained to understand and respond to signs and symptoms of mental health and substance abuse challenges.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Pre and post evaluation of MHFA trainings provided by Alpert JFS by certified instructors using evidence-based practices will show that at least 90% of class participants gained knowledge in assessing and approaching people during mental health crises; listening in a non-judgmental manner; giving support and information; and encouraging professional help and appropriate supports. The National Council of Mental Wellbeing, which oversees MHFA training and instruction, administers pre- and post-evaluations to participants of the requisite 8-hour class. Additionally, voluntary follow-up surveys by Alpert JFS will be distributed 1 month after training and tabulated to evaluate information retention and successes/barriers during real-life situations.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

	ntract.
ls t	his project related to mitigation, response, or recovery from a natural disaster? No
a. If	Yes, what phase best describes the project?
	Mitigation (reducing or eliminating potential loss of life or property)
	Response (addressing the immediate and short-term effects of a natural disaster)
ב	Recovery (assisting communities return to normal operations, including rebuilding damaged infastructure)
. N	ame of the natural disaster (or Executive Order # for events not under a federal declaration):
Has	s the entity applied for or received federal assistance for this project?
□ \	es. Applied



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☐ Yes, Received			
□ No			
☐ No, but intends t	o apply		
a. If yes, provide th	ne FEMA project worksheet	ID#:	
h Drovido the total	I project cost listed on the E	EMA project worksheet.	
b. Provide the total	I project cost listed on the F	EMA project worksneet:	
16. Has the entity app	olied for or received state as	sistance for this project (other t	nan this request)?
☐ Yes, Applied			
☐ Yes, Received			
□ No			
☐ No, but intends t	o apply		
a. If yes, specify th Commerce):	e program and state agency	/ (ex. Local Government Emerge	ncy Bridge Loan, Department of
17. Requester Contac	t Information		
a. First Name		ast Name Hopin	
b. Organization	Ferd & Gladys Alpert Jewish	Family Service	
c. E-mail Address	Marc.Hopin@AlpertJFS.org		
d. Phone Number	(561)684-1991	Ext.	
18. Recipient Contact	Information		
a. Organization	Ferd & Gladys Alpert Jewish	Family Service	
b. Municipality and	d County Palm Beach		
c. Organization Ty	pe		
□For Profit Entity			
☑Non Profit 501(d	c)(3)		
□Non Profit 501(d	c)(4)		
□Local Entity			
☐University or Co	allege		



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□Otner (please specify)					
d. First Name	Karen	Last Name	Oleet		
e. E-mail Address	KOleet@AlpertJFS.org				
f. Phone Number	(561)713-1946	Ext.			
19. Lobbyist Contact Information					
a. Name	Leslie Y. Dughi				
b. Firm Name	Metz Husband & Daughto	n PA			
c. E-mail Address	leslie.dughi@mhdfirm.con	n			
d. Phone Number	(850)205-9000				

The information provided will be posted to the Florida Senate website for public viewing if sponsored by a Senator.