



The Florida Senate

Local Funding Initiative Request

Fiscal Year 2025-2026

LFIR # 3160

1. **Project Title**
2. **Senate Sponsor**
3. **Date of Request**

4. Project/Program Description

To improve senior health, social engagement, and accessibility in Orlando. Funds will support fitness classes, enrichment trips, sports leagues, and workshops, reducing healthcare costs and enhancing well-being. Transportation assistance ensures mobility-impaired seniors can participate. SEWP aligns with Florida’s public health goals, lowering Medicaid costs, fostering community engagement, and boosting the local economy.

5. **State Agency to receive requested funds**
- State Agency contacted?**

6. Amount of the Nonrecurring Request for Fiscal Year 2025-2026

Type of Funding	Amount
Operating	395,000
Fixed Capital Outlay	0
Total State Funds Requested	395,000

7. Total Project Cost for Fiscal Year 2025-2026 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	395,000	47%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	450,000	53%
Other	0	0%
Total Project Costs for Fiscal Year 2025-2026	845,000	100%

8. **Has this project previously received state funding?**
- If yes, provide the most recent instance:**

Fiscal Year (yyyy-yy)	Amount		Specific Appropriation #	Vetoed
	Recurring	Nonrecurring		

9. **Is future-year funding likely to be requested?**
- a. If yes, indicate nonrecurring amount per year.**
- b. Describe the source of funding that can be used in lieu of state funding.**

The Orlando Community and Youth Trust (OCYT) funds its programs through private philanthropy, corporate sponsorships, grants, and local government support. While these sources sustain our work, state funding amplifies our impact, allowing us to reach more seniors, reduce healthcare costs, and enhance community well-being. We don't rely on state funds, but we appreciate the opportunity to partner in improving senior health and engagement across Florida.



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Complete questions 10 and 11 for Fixed Capital Outlay Projects

10. Status of Construction

a. What is the current phase of the project?

- Planning
 Design
 Construction
 N/A

b. Is the project "shovel ready" (i.e permitted)?

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

e. What funding stream will be used for ongoing operations and maintenance of the project?

11. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.

12. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits		0
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study	Service and contract oversight	65,000
Operational Costs		
Salary and Benefits		0
Expense/Equipment/Travel/Supplies/Other		0
Consultants/Contracted Services/Study	Program services contracted out	330,000
Fixed Capital Construction/Major Renovation:		
Construction/Renovation/Land/Planning Engineering		0
Total State Funds Requested (must equal total from question #6)		395,000

13. Program Performance

a. What specific purpose or goal will be achieved by the funds requested?

The Senior Enrichment and Wellness Program (SEWP) will enhance senior health, social engagement, and accessibility by funding fitness classes, enrichment trips, sports leagues, and workshops on technology, finance, and arts. Transportation assistance ensures participation, reducing isolation, healthcare costs, and dependency on Medicaid, while promoting active aging and community involvement.

b. What activities and services will be provided to meet the intended purpose of these funds?



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The Senior Enrichment and Wellness Program (SEWP) will provide a range of activities and services to enhance senior health, social engagement, and overall well-being. Monthly enrichment trips will offer cultural and recreational experiences, while weekly wellness programs, including yoga, tai chi, and strength training, will promote physical health. Senior sports leagues such as pickleball and bocce will encourage active lifestyles, and social workshops covering technology, financial literacy, and arts education will support lifelong learning and independence. To ensure accessibility, door-to-door transportation services will be available for participants with mobility challenges. These services will foster active aging, reduce isolation, and lower healthcare costs, ultimately improving seniors' quality of life.

c. What direct services will be provided to citizens by the appropriation project?

The Senior Enrichment and Wellness Program (SEWP) will provide direct services that enhance senior health, mobility, and social engagement. These include monthly enrichment trips to cultural and recreational sites, weekly fitness classes such as yoga and strength training, and senior sports leagues like pickleball and bocce. Additionally, social workshops on technology, financial literacy, and creative arts will promote lifelong learning. To ensure accessibility, door-to-door transportation services will be available for participants with mobility challenges. These services will help seniors stay active, reduce isolation, and improve overall well-being, ultimately lowering healthcare costs and supporting independent living.

d. Who is the target population served by this project? How many individuals are expected to be served?

The Senior Enrichment and Wellness Program (SEWP) is designed to serve Orlando residents aged 60 and older, with a focus on those living on fixed incomes. The program aims to engage at least 300 seniors annually through various activities and services that promote health, social engagement, and overall well-being. This initiative aligns with Orlando's commitment to being an age-friendly community, as highlighted in the city's participation in the AARP Network of Age-Friendly States and Communities.

e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

The Senior Enrichment and Wellness Program (SEWP) aims to improve physical health, mental well-being, cultural engagement, and economic empowerment for seniors in Orlando. Physical health improvements will be measured through pre- and post-program health surveys, assessing mobility, pain levels, and activity levels. Mental health benefits will be tracked using quarterly wellness assessments and satisfaction surveys to measure reductions in stress and loneliness. Cultural enrichment will be evaluated through attendance tracking and post-trip participant feedback surveys after each enrichment outing. Additionally, economic activity will be assessed through pre/post surveys, follow-ups at three and six months, and attendance tracking for financial literacy and estate planning workshops. These measurement tools ensure the program effectively enhances senior well-being, fosters social engagement, and reduces long-term healthcare costs.

f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for in the contract?

While the standard penalties outlined in the contract provide a strong framework for accountability, the contracting agency may consider additional measures tailored to the specific circumstances of non-compliance. These could include actions designed to encourage timely resolution, foster collaboration, and ensure future adherence to deliverables and performance measures. The goal is to address issues constructively while maintaining the integrity and objectives of the agreement.

14. Is this project related to mitigation, response, or recovery from a natural disaster?

a. If Yes, what phase best describes the project?

- Mitigation (reducing or eliminating potential loss of life or property)
- Response (addressing the immediate and short-term effects of a natural disaster)
- Recovery (assisting communities return to normal operations, including rebuilding damaged infrastructure)

b. Name of the natural disaster (or Executive Order # for events not under a federal declaration):



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15. Has the entity applied for or received federal assistance for this project?

- Yes, Applied
- Yes, Received
- No
- No, but intends to apply

a. If yes, provide the FEMA project worksheet ID#:

b. Provide the total project cost listed on the FEMA project worksheet:

16. Has the entity applied for or received state assistance for this project (other than this request)?

- Yes, Applied
- Yes, Received
- No
- No, but intends to apply

a. If yes, specify the program and state agency (ex. Local Government Emergency Bridge Loan, Department of Commerce):

17. Requester Contact Information

a. First Name **Last Name**

b. Organization

c. E-mail Address

d. Phone Number **Ext.**

18. Recipient Contact Information

a. Organization

b. Municipality and County

c. Organization Type

- For Profit Entity
- Non Profit 501(c)(3)
- Non Profit 501(c)(4)



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- Local Entity
- University or College
- Other (please specify)

d. First Name Last Name

e. E-mail Address

f. Phone Number Ext.

19. Lobbyist Contact Information

a. Name

b. Firm Name

c. E-mail Address

d. Phone Number

The information provided will be posted to the Florida Senate website for public viewing if sponsored by a Senator.