By the Committees on Governmental Reform and Oversight; Health Care; and Senator Silver

302-2207-98

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A bill to be entitled An act relating to regulation of professions; renumbering and amending ss. 501.057, 501.0571, 501.0573, 501.0575, 501.0577, 501.0579, 501.0581, F.S.; transferring the Florida Commercial Weight-Loss Practices Act from ch. 501, F.S., relating to consumer protection, to ch. 468, F.S., relating to professions and occupations; redefining the activity that constitutes a weight-loss program; revising certain notice requirements; providing an exemption from regulation; conforming references and cross-references; transferring regulatory authority from the Department of Agriculture and Consumer Services to the Department of Health; creating s. 468.828, F.S.; requiring weight-loss providers to register; prescribing procedures and requirements; providing a penalty; providing for fees; providing a grace period for certain providers; creating s. 468.8281, F.S.; providing requirements for records and meetings held for disciplinary actions; creating s. 468.829, F.S.; requiring display of registration; creating s. 468.519, F.S.; prohibiting sexual misconduct in the practice of dietetics and nutrition; amending s. 455.604, F.S.; requiring instruction in HIV and AIDS for persons licensed as dietitians and nutritionists; creating the Task Force on Regulation of the Weight-Loss Industry;

1 providing for its membership and duties; 2 providing an effective date. 3 4 Be It Enacted by the Legislature of the State of Florida: 5 6 Section 1. Section 501.057, Florida Statutes, is 7 renumbered as section 468.821, Florida Statutes, and amended 8 to read: 9 468.821 501.057 Commercial Weight-Loss Practices Act; 10 short title.--Sections 468.821-468.829 501.057-501.0581 may be 11 cited as the "Florida Commercial Weight-Loss Practices Act." Section 2. Section 501.0571, Florida Statutes, is 12 renumbered as section 468.822, Florida Statutes, and amended 13 14 to read: 15 468.822 501.0571 Commercial Weight-Loss Practices Act; 16 definitions.--As used in ss. 468.821-468.829, the term 17 501.057-501.0581: (1) "Examination" means any type of medical, 18 19 psychological, or nutritional review of a consumer. 20 (2) "Department" means the Department of Health. (3)(2) "Supplement" means any type of vitamin, 21 22 mineral, or other dietary additive which is recommended to be 23 taken by a weight-loss provider. 24 (4) "Weight-loss location" means any place where a 25 weight-loss program is provided by a weight-loss provider. 26 (5)(4) "Weight-loss program" means a general program 27 of instruction, with food, supplements, food products, or a 28 food plan designed for clients from one or more healthy 29 population groups, in order that such clients may achieve or maintain a healthy weight. A weight-loss program is not based 30 31 on an individual nutrition assessment and is not

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individualized to provide nutrition care services to manage, treat, or rehabilitate a medical condition, illness, or injury for a specific person or group. any plan or procedure offered to encourage weight loss.

(6)(5) "Weight-loss provider" means the owner of any person engaged in the business engaged in of offering services to consumers to assist them in losing weight and making oral or written statements, visual descriptions, advertisements, or other representations that have the capacity, tendency, or effect of leading consumers to believe that participation in a weight-loss program will result in weight loss. A weight-loss provider does not include a person described in s. 468.505(1)(q).

Section 3. Section 501.0573, Florida Statutes, is renumbered as section 468.823, Florida Statutes, and amended to read:

468.823 501.0573 Weight-loss provider requirements. -- Each weight-loss provider shall:

- (1) Provide to a consumer a written itemized statement of the fixed or estimated cost of the weight-loss program that is being recommended, including all additional products, services, supplements, examinations, or laboratory tests the consumer may have to purchase from the weight-loss provider as part of such program.
- (2) Disclose the actual or estimated duration of the recommended weight-loss program.
- (3) Provide a copy of the educational and professional experience of the weight-loss provider's staff upon request.
- (4) Provide the name, address, and qualifications of the person who has reviewed and approved the weight-loss 31 program according to s. 468.505(1)(j).

- (5) Produce and distribute to all consumers who inquire about their weight-loss program a palm-sized card with the Weight-Loss Consumer Bill of Rights printed on it.
 - (6) Conspicuously post the Weight-Loss Consumer Bill of Rights at the front registration desk <u>or area</u> in each weight-loss location and require every agent, representative, franchisee, or independent contractor to post such a bill of rights in a prominent place in every room in which a presentation or sale of a weight-loss program is made or in which a product or treatment is offered for sale.

Section 4. Section 501.0575, Florida Statutes, is renumbered as section 468.824, Florida Statutes, and amended to read:

468.824 501.0575 Weight-Loss Consumer Bill of Rights.--

- (1) The Weight-Loss Consumer Bill of Rights shall consist of the following provisions:
- (A) WARNING: RAPID WEIGHT LOSS MAY CAUSE SERIOUS
 HEALTH PROBLEMS. RAPID WEIGHT LOSS IS WEIGHT LOSS OF MORE
 THAN 1 1/2 POUNDS TO 2 POUNDS PER WEEK OR WEIGHT LOSS OF MORE
 THAN 1 PERCENT OF BODY WEIGHT PER WEEK AFTER THE SECOND WEEK
 OF PARTICIPATION IN A WEIGHT-LOSS PROGRAM.
- (B) CONSULT YOUR PERSONAL PHYSICIAN BEFORE STARTING ANY WEIGHT-LOSS PROGRAM.
- (C) ONLY PERMANENT LIFESTYLE CHANGES, SUCH AS MAKING HEALTHFUL FOOD CHOICES AND INCREASING PHYSICAL ACTIVITY, PROMOTE LONG-TERM WEIGHT LOSS.
- (D) QUALIFICATIONS OF THIS PROVIDER SHALL BE PROVIDED TO YOU BY THE PROVIDER PRIOR TO YOUR STARTING THE PROGRAM ARE AVAILABLE UPON REQUEST.
 - (E) YOU HAVE A RIGHT TO:

- 1. ASK QUESTIONS ABOUT THE POTENTIAL HEALTH RISKS OF THIS PROGRAM AND ITS NUTRITIONAL CONTENT, PSYCHOLOGICAL SUPPORT, AND EDUCATIONAL COMPONENTS.
- 2. RECEIVE AN ITEMIZED STATEMENT OF THE ACTUAL OR ESTIMATED PRICE OF THE WEIGHT-LOSS PROGRAM, INCLUDING EXTRA PRODUCTS, SERVICES, SUPPLEMENTS, EXAMINATIONS, AND LABORATORY TESTS.
- 3. KNOW THE ACTUAL OR ESTIMATED DURATION OF THE PROGRAM.
- 4. KNOW THE NAME, ADDRESS, AND QUALIFICATIONS OF THE LICENSED DIETITIAN OR NUTRITIONIST WHO HAS REVIEWED AND APPROVED THE WEIGHT-LOSS PROGRAM <u>PURSUANT</u> ACCORDING TO s. 468.505(1)(j), FLORIDA STATUTES.
- (2) The copies of the Weight-Loss Consumer Bill of Rights to be posted according to $\underline{s.\ 468.823(6)}\underline{s.\ 501.0573(6)}$ shall be printed in at least 24-point boldfaced type on one side of a sign. The palm-sized copies to be distributed according to $\underline{s.\ 468.823(5)}\underline{s.\ 501.0573(5)}$ shall be in boldfaced type and legible. Each weight-loss provider shall be responsible for producing and printing appropriate copies of the Weight-Loss Consumer Bill of Rights.

Section 5. Section 501.0577, Florida Statutes, is renumbered as section 468.825, Florida Statutes, and amended to read:

468.825 501.0577 Commercial Weight-Loss Practices Act; exemptions.—The provisions of this act do not apply to persons licensed under chapter 458, chapter 459, chapter 460, chapter 461, chapter 462, chapter 463, chapter 465, parts III, V, and X of chapter 468, or chapter 486 who may give weight-loss advice or provide any weight-loss service which is within the scope of practice of the respective profession

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incidental to the performance of their profession and which is not the primary activity of the person's practice.

Section 6. Section 501.0579, Florida Statutes, is renumbered as section 468.826, Florida Statutes, and amended to read:

468.826 501.0579 Commercial Weight-Loss Practices Act; unlawful practices .-- It is unlawful and an unfair and deceptive trade practice under part II of this chapter 501 to fail to comply with the provisions of ss. 468.821-468.829 this act.

Section 7. Section 501.0581, Florida Statutes, is renumbered as section 468.827, Florida Statutes, and amended to read:

468.827 501.0581 Commercial Weight-Loss Practices Act; civil remedies .--

- (1) The department of Agriculture and Consumer Services may bring a civil action in circuit court for temporary or permanent injunctive relief to enforce the provisions of this act and may seek other appropriate civil relief, including a civil penalty not to exceed \$5,000 for each violation, for restitution and damages for injured customers, court costs, and reasonable attorney's fees.
- (2) The department of Agriculture and Consumer Services may terminate any investigation or action upon agreement by the offender to pay a stipulated civil penalty, make restitution or pay damages to customers, or satisfy any other relief authorized herein and requested by the department.
- (3) Remedies provided in this section shall be in addition to any other remedies provided by law.

Section 8. Section 468.828, Florida Statutes, is created to read:

468.828 Weight-loss provider registration.--

- (1) A weight-loss provider may not operate in this state until such person has applied for and received from the department a weight-loss provider registration. The department shall prescribe an application form to be used by all persons applying to obtain a weight-loss provider registration. The department shall issue a weight-loss provider registration for each applicant who:
- (a) Has completed the application form and remitted a nonrefundable application fee set by the department in an amount not to exceed \$300.
- (b) Has identified the weight-loss provider by name, street and mailing addresses, and telephone number and, in the case of a partnership, corporation, association, or entity, has identified a registered agent or other person to receive service of papers or other documents or perform other duties as specified by the department.
- (c) Has identified the licensed or registered dietitian/nutritionist who approved the weight-loss program pursuant to subsection (3) by name, street and mailing addresses, and telephone number.
- (2)(a) A weight-loss provider registration is not transferable to another weight-loss provider by any means, including, but not limited to, any sale of a corporation, partnership, sole proprietorship, or other business entity.
- (b) A weight-loss provider shall notify the department within 30 days after a change in ownership of the business and at the same time return the registration to the department for cancellation. Upon a change in ownership of a weight-loss

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provider's business, the new owner shall file an application for a new registration and shall pay the prescribed fee. 2 3 (3) Any weight-loss program offered by a weight-loss 4 provider shall be reviewed and approved by: 5 (a) A dietitian/nutritionist licensed in this state; 6 (b) A registered dietitian; or 7 (c) A dietitian/nutritionist licensed in another 8 state, provided the requirements for licensure in that state are substantially equivalent to or more stringent than those 9 10 existing in this state. 11 A weight-loss program may not be changed without consultation 12 and approval by one of the individuals listed in this 13 14 subsection. (4) The person selected pursuant to subsection (3) 15 shall consider the following minimum standards in reviewing a 16 17 provider's weight-loss program, to determine whether the weight-loss program being advocated is safe and in compliance 18 19 with the provisions of ss. 468.821-468.829: (a) Nutritional adequacy, measured by consumption of a 20 wide variety of foods based on government recommendations for 21 22 healthy eating; (b) Mechanisms for screening out those persons for 23 24 whom there is a scientific consensus that weight loss is 25 inappropriate, such as pregnant women; (c) Requiring medical permission for children under 10 26 27 years of age and recognizing that physician consultation is 28 appropriate for anyone starting a weight-loss program; 29 Promoting a rate of weight loss consistent with

the provisions of ss. 468.821-468.829;

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(e) Providing a weight maintenance component designed to help weight-loss program participants sustain their weight losses, consistent with government standards for healthy eating; and

- (f) Providing participants with materials demonstrating the weight-loss program provider's compliance with ss. 468.821-468.829.
- (5) Each weight-loss provider shall comply with all requirements of the Florida Drug and Cosmetic Act, part I of chapter 499; the Florida Commercial Weight-Loss Practices Act, ss. 468.821-468.829; and the Deceptive and Unfair Trade Practices Act, part II of chapter 501.
- (6) Violation of subsection (5), in addition to other remedies provided by law, shall result in suspension of the weight-loss provider's registration under chapter 455. Reinstatement shall require demonstration of full compliance with the applicable laws and payment of a reinstatement fee not to exceed the initial application and registration fee.
- (7) Nothing in ss. 468.821-468.829 may be construed to mean that a practitioner licensed under chapter 458, chapter 459, or part X of chapter 468 is required to secure a weight-loss provider registration under ss. 468.821-468.829.
- The department shall by rule set a biennial weight-loss registration renewal fee in an amount not to exceed \$300. The weight-loss program or programs being offered to the public shall be reviewed and approved at least biennially by one of the individuals listed in subsection (3). Each applicant shall submit to the department with his or her biennial renewal fee the name, address, and phone number of the person who reviewed and approved the weight-loss program. Biennial review shall not be required for those providers who 31

have a licensed or registered dietitian/nutritionist meeting the requirements of ss. 468.821-468.829 available for 2 3 consultation on a regular basis. (9) Any weight-loss provider in business in this state 4 5 on October 1, 1998, shall be held harmless for any claim that 6 such provider has not obtained a weight-loss provider 7 registration as required under this section, until October 1, 8 1999. 9 (10) The department has all authority set forth in 10 part II of chapter 455 to enforce this act. Section 468.828(4) 11 is declared to be self-executing. Section 9. Section 468.8281, Florida Statutes, is 12 13 created to read: 468.8281 Availability of disciplinary records and 14 proceedings. -- Notwithstanding s. 455.621, any complaint or 15 record maintained by the Department of Health pursuant to the 16 17 discipline of a registered weight-loss provider and, after final action, any proceeding held by the department to 18 19 discipline a registered weight-loss provider shall remain open and available to the public. 20 Section 10. Section 468.829, Florida Statutes, is 21 22 created to read: 468.829 Registration to be displayed; 23 24 advertisement. -- Each weight-loss provider to whom a 25 weight-loss registration is issued shall keep such registration conspicuously displayed in the provider's office, 26 27 place of business, or place of employment and, when required, 28 shall exhibit such registration to any member or authorized representative of the department. In addition, each 29 weight-loss provider holding a registration under this act 30 31 must include the number of the registration and license number

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of the dietition or nutritionist who has reviewed and approved
    the weight-loss program in any advertisement of weight-loss
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    services which appears in any newspaper, airwave transmission,
    telephone directory, direct-mail advertisement, or other
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    advertising medium. Each weight-loss provider shall
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    conspicuously display in the provider's office, place of
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    business, or place of employment the following statement that
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   must appear in capital letters clearly distinguishable from
    the rest of the text: THE STATE OF FLORIDA DEPARTMENT OF
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   HEALTH HAS REGISTERED THIS WEIGHT-LOSS PROVIDER TO OPERATE IN
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    FLORIDA. HOWEVER, THE REGISTRATION DOES NOT INDICATE THAT THE
   DEPARTMENT OF HEALTH ENDORSES OR APPROVES THE CONTENT OF THIS
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    WEIGHT-LOSS PROGRAM.
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           Section 11. Section 468.519, Florida Statutes, is
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    created to read:
           468.519 Sexual misconduct in the practice of dietetics
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    and nutrition. -- The dietitian/nutritionist and nutrition
    counselor-client relationship is founded on mutual trust.
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   'Sexual misconduct in the practice of dietetics and nutrition"
    means violation of the dietitian/nutritionist and nutrition
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    counselor-client relationship through which the
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    dietitian/nutritionist or nutrition counselor uses that
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    relationship to induce or attempt to induce the client to
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    engage, or to engage or attempt to engage the client, in
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    sexual activity outside the scope of practice or the scope of
    generally accepted examination or treatment of the client.
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    Sexual misconduct in the practice of dietetics and nutrition
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    is prohibited.
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           Section 12. Subsection (1) of section 455.604, Florida
    Statutes, is amended to read:
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455.604 Requirement for instruction for certain licensees on human immunodeficiency virus and acquired immune deficiency syndrome.--

(1) The appropriate board shall require each person licensed or certified under chapter 457; chapter 458; chapter 459; chapter 460; chapter 461; chapter 463; chapter 464; chapter 465; chapter 466; part II, part III, or part V, or part X of chapter 468; or chapter 486 to complete a continuing educational course, approved by the board, on human immunodeficiency virus and acquired immune deficiency syndrome as part of biennial relicensure or recertification. The course shall consist of education on the modes of transmission, infection control procedures, clinical management, and prevention of human immunodeficiency virus and acquired immune deficiency syndrome. Such course shall include information on current Florida law on acquired immune deficiency syndrome and its impact on testing, confidentiality of test results, and treatment of patients.

Section 13. (1) There is created within the

Department of Health a Task Force on Regulation of the

Weight-Loss Industry. The Department of Health shall provide

staff support for the task force. The task force shall consist

of not more than 9 members nominated by the associations and

entities named in this section and appointed by the Secretary

of Health. Members of the task force shall not receive

compensation, per diem, or reimbursement for travel expenses

for service on the task force. Participation in the task force

is optional and at the discretion of each identified group or

entity. If all identified groups and entities participate, the

task force shall include:

1	(a) One representative from each of the following
2	associations:
3	1. The Florida Dietetic Association.
4	2. The Florida Medical Association.
5	3. The Florida Osteopathic Medical Association.
6	(b) Two representatives from commercial weight-loss
7	programs.
8	(c) One representative from each of the following
9	entities:
10	1. The Department of Health.
11	2. The Dietetics and Nutrition Practice Council.
12	3. The Board of Medicine, which representative must be
13	a member of the board who is licensed under chapter 458,
14	Florida Statutes.
15	4. The Board of Osteopathic Medicine, which
16	representative must be a member of the board who is licensed
17	under chapter 459, Florida Statutes.
18	5. The Agency for Health Care Administration.
19	(2) The task force shall hold its first meeting no
20	later than August 1, 1998, and shall report its findings to
21	the President of the Senate, the Speaker of the House of
22	Representatives, and the chairs of the applicable legislative
23	committees of substance not later than December 31, 1998. All
24	task force meetings must be held in Tallahassee at the
25	Department of Health in order to minimize costs to the state.
26	(3) The task force shall study and make
27	recommendations to the Legislature regarding the appropriate
28	level of regulation needed to enforce the Florida Commercial
29	Weight-Loss Practices Act as set forth in sections
30	468.821-468.829, Florida Statutes.
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                 (4) The task force is dissolved effective January 1,
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       1999.
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                   Section 14. This act shall take effect October 1,
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       1998.
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      Deletes requirement that weight-loss providers be permitted by the Department of Health and provides instead that weight-loss providers be registered with the department.
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       Changes definitions of "weight-loss program" and "weight-loss
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      provider in the bill.
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      Provides that any complaint or record maintained by the department pursuant to the discipline of a registered weight-loss provider and, after final action, any proceeding held by the department to discipline a registered weight-loss provider shall remain open and available to the public.
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