By the Committee on Education Innovation and Representatives Byrd, Melvin, Flanagan, Wise, Boyd, Warner, Peaden, Silver, Greene, Trovillion, Morroni, Frankel, Tamargo, Horan, Casey and Saunders

A bill to be entitled

An act relating to education; amending s. 232.246, F.S.; revising credit requirements for high school graduation; creating s. 233.0616, F.S.; encouraging elementary schools and middle schools to implement personal fitness programs and providing for the allocation of funds; providing for the allocation of funds for upgrading a physical education specialist position in the Department of Education; providing effective dates.

WHEREAS, the American Heart Association has declared there to be a crisis in physical inactivity as evidenced by studies from the 1996 Surgeon General's report and other recent studies, and

WHEREAS, proper exercise and nutrition greatly enhance a student's learning ability, mental health, and self-esteem and, therefore, should be an integral part of a student's daily learning, and

WHEREAS, nearly half of persons 12 to 21 years of age are not vigorously active on a regular basis and physical activity declines dramatically during adolescence, and

WHEREAS, the number of overweight students has more than doubled in the past two decades and 32 percent of American children 2 to 19 years of age have high cholesterol, and

WHEREAS, most lifetime habits are developed during childhood and school-based intervention has been shown to be successful in increasing physical activity, and

 WHEREAS, regular physical activity can assist in the prevention and management of heart disease, hypertension, diabetes, osteoporosis, obesity, cancer, eating disorders, and mental health problems, NOW, THEREFORE,

Be It Enacted by the Legislature of the State of Florida:

## Section 1. This act may be cited as the "1998 Personal Fitness Education Act."

Section 2. Effective July 1, 1999, subsection (1) and paragraph (a) of subsection (6) of section 232.246, Florida Statutes, are amended to read:

232.246 General requirements for high school graduation.--

- (1) Graduation requires successful completion of either a minimum of 24 academic credits in grades 9 through 12 or an International Baccalaureate curriculum. The 24 credits shall be distributed as follows:
- (a) Four credits in English, with major concentration in composition and literature.
- (b) Three credits in mathematics. Effective for students entering the 9th grade in the 1997-1998 school year and thereafter, one of these credits must be Algebra I, a series of courses equivalent to Algebra I, or a higher-level mathematics course.
- (c) Three credits in science, two of which must have a laboratory component. The State Board of Education may grant an annual waiver of the laboratory requirement to a school district that certifies that its laboratory facilities are inadequate, provided the district submits a capital outlay

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plan to provide adequate facilities and makes the funding of this plan a priority of the school board.

- (d) One credit in American history.
- (e) One credit in world history, including a comparative study of the history, doctrines, and objectives of all major political systems.
- (f) One-half credit in economics, including a comparative study of the history, doctrines, and objectives of all major economic systems. The Florida Council on Economic Education shall provide technical assistance to the department and local school boards in developing curriculum materials for the study of economics.
- (g) One-half credit in American government, including study of the Constitution of the United States. For students entering the 9th grade in the 1997-1998 school year and thereafter, the study of Florida government, including study of the State Constitution, the three branches of state government, and municipal and county government, shall be included as part of the required study of American government.
- (h)1. One credit in practical arts career education or exploratory career education. Any vocational course as defined in s. 228.041(22) may be taken to satisfy the high school graduation requirement for one credit in practical arts or exploratory career education provided in this subparagraph;
- 2. One credit in performing fine arts to be selected from music, dance, drama, painting, or sculpture. A course in any art form, in addition to painting or sculpture, that requires manual dexterity, or a course in speech and debate, may be taken to satisfy the high school graduation requirement for one credit in performing arts pursuant to this 31 subparagraph; or

3. One-half credit each in practical arts career education or exploratory career education and performing fine arts, as defined in this paragraph.

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Such credit for practical arts career education or exploratory career education or for performing fine arts shall be made available in the 9th grade, and students shall be scheduled into a 9th grade course as a priority.

- (i) One-half credit in life management skills to include consumer education, positive emotional development, nutrition, prevention of human immunodeficiency virus infection and acquired immune deficiency syndrome and other sexually transmissible diseases, benefits of sexual abstinence and consequences of teenage pregnancy, information and instruction on breast cancer detection and breast self-examination, cardiopulmonary resuscitation, drug education, and the hazards of smoking. Such credit shall be given for a course to be taken by all students in either the 9th or 10th grade.
- (j) One One-half credit in physical education to include assessment, improvement, and maintenance of personal fitness. Participation in an interscholastic sport, whether at the freshman, junior varsity, or varsity level, for two a full seasons season, shall satisfy the one one-half credit requirement in physical education if the student passes a competency test on personal fitness with a grade of "C" or better. The competency test on personal fitness must be developed by the Department of Education. A school board may not require that the one credit in physical education be taken during the 9th grade year.
  - (k) Eight and one-half  $\frac{\text{Nine}}{\text{Nine}}$  elective credits.

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School boards may award a maximum of one-half credit in social studies and one-half elective credit for student completion of nonpaid voluntary community or school service work. Students choosing this option must complete a minimum of 75 hours of service in order to earn the one-half credit in either category of instruction. Credit may not be earned for service provided as a result of court action. School boards that approve the award of credit for student volunteer service shall develop guidelines regarding the award of the credit, and school principals are responsible for approving specific volunteer activities. A course designated in the Course Code Directory as grade 9 through grade 12 which is taken below the 9th grade may be used to satisfy high school graduation requirements or Florida Academic Scholars award Scholar's Certificate Program requirements as specified in a district's pupil progression plan.

- (6) The Legislature recognizes that adult learners are unique in situation and needs. The following graduation requirements are therefore instituted for students enrolled in adult general education in accordance with s. 239.301 in pursuit of a high school diploma:
- (a) The one one-half credit in physical education required for graduation, pursuant to subsection (1), is not required for graduation and shall be substituted with elective credit keeping the total credits needed for graduation consistent with subsection (1).

Section 3. Section 233.0616, Florida Statutes, is created to read:

233.0616 Personal fitness programs.--Each elementary school and middle school is encouraged to implement a personal

fitness program, approved by the Department of Education, that 1 2 complies with American Heart Association guidelines for 3 elementary school and middle school personal fitness courses. 4 From incentive funds provided in the General Appropriations 5 Act, the Department of Education shall allocate funds to 6 schools implementing personal fitness programs pursuant to 7 this section. 8 Section 4. From funds provided in the General 9 Appropriations Act, the Department of Education shall allocate 10 funds to provide for an additional one-fourth-time position to 11 upgrade the physical education specialist position in the 12 department from a three-fourths-time position to a full-time 13 position. 14 Section 5. Except as otherwise provided herein, this 15 act shall take effect July 1 of the year in which enacted. 16 17 18 HOUSE SUMMARY 19 Revises the physical education credit requirement for high school graduation. Encourages elementary schools and middle schools to implement personal fitness programs and provides for allocation of funds therefor. Provides for allocation of funds for upgrading a physical education specialist position in the Department of Education. 20 21 22 23 24 25 26 27 28 29 30

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