A bill to be entitled 1 2 An act relating to regulation of professions; 3 renumbering and amending ss. 501.057, 501.0571, 4 501.0573, 501.0575, 501.0577, 501.0579, and 5 501.0581, F.S.; transferring the Florida 6 Commercial Weight-Loss Practices Act from ch. 7 501, F.S., relating to consumer protection, to 8 ch. 468, F.S., relating to professions and occupations; redefining the activity that 9 constitutes a weight-loss program; revising 10 11 certain notice requirements; providing an 12 exemption from regulation; conforming 13 references and cross references; transferring 14 regulatory authority from the Department of 15 Agriculture and Consumer Services to the 16 Department of Health; creating s. 468.828, F.S.; requiring weight-loss providers to obtain 17 permits; prescribing procedures and 18 requirements; providing a penalty; providing 19 20 for fees; providing a grace period for certain providers; creating s. 468.829, F.S.; requiring 21 22 display of permits; creating s. 468.519, F.S.; prohibiting sexual misconduct in the practice 23 24 of dietetics and nutrition; amending s. 455.604, F.S.; requiring instruction in HIV and 25 26 AIDS for persons licensed as dietitians and 27 nutritionists; repealing s. 468.505(1)(k), 28 F.S., relating to exemption of certain persons 29 employed by a hospital, nursing home, assisted 30 living facility, or continuing care facility

from dietitian/nutritionist licensure; 1 2 providing an effective date. 3 4 Be It Enacted by the Legislature of the State of Florida: 5 6 Section 1. Section 501.057, Florida Statutes, is 7 renumbered as section 468.821, Florida Statutes, and amended 8 to read: 9 468.821 501.057 Commercial Weight-Loss Practices Act; short title.--Sections 468.821-468.829 501.057-501.0581 may be 10 11 cited as the "Florida Commercial Weight-Loss Practices Act." 12 Section 2. Section 501.0571, Florida Statutes, is 13 renumbered as section 468.822, Florida Statutes, and amended 14 to read: 15 468.822 501.0571 Commercial Weight-Loss Practices Act; 16 definitions.--As used in ss. 468.821-468.829, the term 17 501.057-501.0581: (1) "Examination" means any type of medical, 18 psychological, or nutritional review of a consumer. 19 20 (2) "Department" means the Department of Health. (3)(2) "Supplement" means any type of vitamin, 21 22 mineral, or other dietary additive which is recommended to be taken by a weight-loss provider. 23 24 (4)(3) "Weight-loss location" means any place where a weight-loss program is provided by a weight-loss provider. 25 26 (5)(4) "Weight-loss program" means a general program 27 of instruction, with food, supplements, food products, or a 28 food plan designed for clients from one or more healthy 29 population groups, in order that such clients may achieve or maintain a healthy weight. A weight-loss program is not based 30

on an individual nutrition assessment and is not

individualized to provide nutrition care services to manage, treat, or rehabilitate a medical condition, illness, or injury for a specific person or group. any plan or procedure offered to encourage weight loss.

(6)(5) "Weight-loss provider" means any person engaged in the business of offering services to consumers to assist them in losing weight and making oral or written statements, visual descriptions, advertisements, or other representations that have the capacity, tendency, or effect of leading consumers to believe that participation in a weight-loss program will result in weight loss.

Section 3. Section 501.0573, Florida Statutes, is renumbered as section 468.823, Florida Statutes, and amended to read:

468.823 501.0573 Weight-loss provider requirements.--Each weight-loss provider shall:

- (1) Provide to a consumer a written itemized statement of the fixed or estimated cost of the weight-loss program that is being recommended, including all additional products, services, supplements, examinations, or laboratory tests the consumer may have to purchase from the weight-loss provider as part of such program.
- (2) Disclose the actual or estimated duration of the recommended weight-loss program.
- (3) Provide a copy of the educational and professional experience of the weight-loss provider's staff upon request.
- (4) Provide the name, address, and qualifications of the person who has reviewed and approved the weight-loss program according to s. 468.505(1)(j).

- (5) Produce and distribute to all consumers who inquire about their weight-loss program a palm-sized card with the Weight-Loss Consumer Bill of Rights printed on it.
- of Rights at the front registration desk <u>or area</u> in each weight-loss location and require every agent, representative, franchisee, or independent contractor to post such a bill of rights in a prominent place in every room in which a presentation or sale of a weight-loss program is made or in which a product or treatment is offered for sale.

Section 4. Section 501.0575, Florida Statutes, is renumbered as section 468.824, Florida Statutes, and amended to read:

 $\frac{468.824}{501.0575}$ Weight-Loss Consumer Bill of Rights.--

- (1) The Weight-Loss Consumer Bill of Rights shall consist of the following provisions:
- (A) WARNING: RAPID WEIGHT LOSS MAY CAUSE SERIOUS
 HEALTH PROBLEMS. RAPID WEIGHT LOSS IS WEIGHT LOSS OF MORE
 THAN 1 1/2 POUNDS TO 2 POUNDS PER WEEK OR WEIGHT LOSS OF MORE
 THAN 1 PERCENT OF BODY WEIGHT PER WEEK AFTER THE SECOND WEEK
 OF PARTICIPATION IN A WEIGHT-LOSS PROGRAM.
- (B) CONSULT YOUR PERSONAL PHYSICIAN BEFORE STARTING ANY WEIGHT-LOSS PROGRAM.
- (C) ONLY PERMANENT LIFESTYLE CHANGES, SUCH AS MAKING HEALTHFUL FOOD CHOICES AND INCREASING PHYSICAL ACTIVITY, PROMOTE LONG-TERM WEIGHT LOSS.
- (D) QUALIFICATIONS OF THIS PROVIDER SHALL BE PROVIDED TO YOU BY THE PROVIDER PRIOR TO YOUR STARTING THE PROGRAM ARE AVAILABLE UPON REQUEST.
 - (E) YOU HAVE A RIGHT TO:

- 1. ASK QUESTIONS ABOUT THE POTENTIAL HEALTH RISKS OF THIS PROGRAM AND ITS NUTRITIONAL CONTENT, PSYCHOLOGICAL SUPPORT, AND EDUCATIONAL COMPONENTS.
- 2. RECEIVE AN ITEMIZED STATEMENT OF THE ACTUAL OR ESTIMATED PRICE OF THE WEIGHT-LOSS PROGRAM, INCLUDING EXTRA PRODUCTS, SERVICES, SUPPLEMENTS, EXAMINATIONS, AND LABORATORY TESTS.
- 3. KNOW THE ACTUAL OR ESTIMATED DURATION OF THE PROGRAM.
- 4. KNOW THE NAME, ADDRESS, AND QUALIFICATIONS OF THE LICENSED DIETITIAN OR NUTRITIONIST WHO HAS REVIEWED AND APPROVED THE WEIGHT-LOSS PROGRAM <u>PURSUANT</u> ACCORDING TO s. 468.505(1)(j), FLORIDA STATUTES.
- (2) The copies of the Weight-Loss Consumer Bill of Rights to be posted according to $\underline{s.\ 468.823(6)}\underline{s.\ 501.0573(6)}$ shall be printed in at least 24-point boldfaced type on one side of a sign. The palm-sized copies to be distributed according to $\underline{s.\ 468.823(5)}\underline{s.\ 501.0573(5)}\underline{shall}$ be in boldfaced type and legible. Each weight-loss provider shall be responsible for producing and printing appropriate copies of the Weight-Loss Consumer Bill of Rights.

Section 5. Section 501.0577, Florida Statutes, is renumbered as section 468.825, Florida Statutes, and amended to read:

468.825 501.0577 Commercial Weight-Loss Practices Act; exemptions.—The provisions of this act do not apply to persons licensed under chapter 458, chapter 459, chapter 460, chapter 461, chapter 462, chapter 463, chapter 465, chapter 468, or chapter 486 who may give weight-loss advice or provide any weight-loss service which is incidental to the performance

of their profession and which is not the primary activity of the person's practice.

Section 6. Section 501.0579, Florida Statutes, is renumbered as section 468.826, Florida Statutes, and amended to read:

 $\underline{468.826}$ 501.0579 Commercial Weight-Loss Practices Act; unlawful practices.—It is unlawful and an unfair and deceptive trade practice under part II of this chapter $\underline{501}$ to fail to comply with the provisions of $\underline{ss.}$ 468.821-468.829 this act.

Section 7. Section 501.0581, Florida Statutes, is renumbered as section 468.827, Florida Statutes, and amended to read:

468.827 501.0581 Commercial Weight-Loss Practices Act; civil remedies.--

- (1) The department of Agriculture and Consumer Services may bring a civil action in circuit court for temporary or permanent injunctive relief to enforce the provisions of this act and may seek other appropriate civil relief, including a civil penalty not to exceed \$5,000 for each violation, for restitution and damages for injured customers, court costs, and reasonable attorney's fees.
- (2) The department of Agriculture and Consumer
 Services may terminate any investigation or action upon agreement by the offender to pay a stipulated civil penalty, make restitution or pay damages to customers, or satisfy any other relief authorized herein and requested by the department.
- (3) Remedies provided in this section shall be in addition to any other remedies provided by law.

Section 8. Section 468.828, Florida Statutes, is created to read:

468.828 Weight-loss provider permit.--

- (1) A weight-loss provider may not operate in this state until such person has applied for and received from the department a weight-loss provider permit. The department shall prescribe an application form to be used by all persons applying to obtain a weight-loss provider permit. The department shall issue a weight-loss provider permit for each applicant who:
- (a) Has completed the application form and remitted a nonrefundable application fee set by the department in an amount not to exceed \$300.
- (b) Has identified the weight-loss provider by name, street and mailing addresses, and telephone number and, in the case of a partnership, corporation, association, or entity, has identified a registered agent or other person to receive service of papers or other documents or perform other duties as specified by the department.
- (c) Has identified the licensed or registered dietitian/nutritionist who approved the weight-loss program pursuant to subsection (3) by name, street and mailing addresses, and telephone number.
- (2)(a) A weight-loss provider permit is not transferable to another weight-loss provider by any means, including, but not limited to, any sale of a corporation, partnership, sole proprietorship, or other business entity.
- (b) A weight-loss provider shall notify the department within 30 days after a change in ownership of the business and at the same time return the permit to the department for cancellation. Upon a change in ownership of a weight-loss

provider's business, the new owner shall file an application 1 2 for a new permit and shall pay the prescribed permit fee. 3 (3) Any weight-loss program offered by a weight-loss 4 provider shall be reviewed and approved by: 5 (a) A dietitian/nutritionist licensed in this state; 6 (b) A registered dietitian; or 7 (c) A dietitian/nutritionist licensed in another 8 state, provided the requirements for licensure in that state 9 are substantially equivalent to or more stringent than those 10 existing in this state. 11 12 A weight-loss program may not be changed without consultation 13 and approval by one of the individuals listed in this 14 subsection. 15 (4) The person selected pursuant to subsection (3) 16 shall review the provider's weight-loss program to determine compliance with the law and rules and adherence to the minimum 17 safety standards for weight-loss programs and shall consider 18 19 the following points: 20 (a) Appropriateness of the screening process; (b) Appropriateness of the weight-loss food plan, 21 22 supplements, food, or food products for the program's clients; 23 (c) Assurance of nutritional adequacy; 24 (d) Appropriateness of materials, which include, but are not limited to, written nutrition education handouts, 25 26 recorded education materials, lesson or instructional plans, 27 food plans, and screening tools; 28 (e) Appropriateness of the rate of weight change 29 promoted; and

(f) Provision and appropriateness of any maintenance

30

or followup program.

- (5) Each weight-loss provider shall comply with all requirements of the Florida Drug and Cosmetic Act, part I of chapter 499; the Florida Commercial Weight-Loss Practices Act, ss. 468.821-468.829; and the Deceptive and Unfair Trade Practices Act, part II of chapter 501.
- (6) Violation of subsection (5), in addition to other remedies provided by law, shall result in suspension of the weight-loss provider's permit. Reinstatement shall require demonstration of full compliance with the applicable laws and payment of a new permit fee.
- (7) Nothing in ss. 468.821-468.829 may be construed to mean that a practitioner licensed under chapter 458, chapter 459, or part X of chapter 468 is required to secure a weight-loss provider permit under ss. 468.821-468.829.
- (8) The department shall by rule set a biennial weight-loss permit renewal fee in an amount not to exceed \$300. The weight-loss program or programs being offered to the public shall be reviewed and approved by one of the individuals listed in subsection (3). Each applicant shall submit to the department with his or her biennial renewal fee the name, address, and phone number of the person who reviewed and approved the weight-loss program.
- (9) Any weight-loss provider in business in this state on October 1, 1998, shall be held harmless for any claim that such provider has not obtained a weight-loss provider permit as required under this section, until October 1, 1999.
- Section 9. Section 468.829, Florida Statutes, is created to read:
- 468.829 Permit to be displayed.--Each weight-loss provider to whom a weight-loss permit is issued shall keep such permit conspicuously displayed in the provider's office,

place of business, or place of employment and, when required, 1 2 shall exhibit such permit to any member or authorized 3 representative of the department. 4 Section 10. Section 468.519, Florida Statutes, is created to read: 5 6 468.519 Sexual misconduct in the practice of dietetics 7 and nutrition. -- The dietitian/nutritionist and nutrition 8 counselor-client relationship is founded on mutual trust. "Sexual misconduct in the practice of dietetics and nutrition" means violation of the dietitian/nutritionist and nutrition 10 counselor-client relationship through which the 11 12 dietitian/nutritionist or nutrition counselor uses that 13 relationship to induce or attempt to induce the client to 14 engage, or to engage or attempt to engage the client, in 15 sexual activity outside the scope of practice or the scope of 16 generally accepted examination or treatment of the client. 17 Sexual misconduct in the practice of dietetics and nutrition 18 is prohibited. 19 Section 11. Subsection (1) of section 455.604, Florida 20 Statutes, is amended to read: 455.604 Requirement for instruction for certain 21 22 licensees on human immunodeficiency virus and acquired immune deficiency syndrome. --23 24 (1) The appropriate board shall require each person 25 licensed or certified under chapter 457; chapter 458; chapter 26 459; chapter 460; chapter 461; chapter 463; chapter 464; 27 chapter 465; chapter 466; part II, part III, or part V, or 28 part X of chapter 468; or chapter 486 to complete a continuing 29 educational course, approved by the board, on human immunodeficiency virus and acquired immune deficiency syndrome 30 31 as part of biennial relicensure or recertification. The course

shall consist of education on the modes of transmission, infection control procedures, clinical management, and prevention of human immunodeficiency virus and acquired immune deficiency syndrome. Such course shall include information on current Florida law on acquired immune deficiency syndrome and its impact on testing, confidentiality of test results, and treatment of patients.

Section 12. Paragraph (k) of subsection (1) of section

Section 12. Paragraph (k) of subsection (1) of section 468.505, Florida Statutes, is repealed.

Section 13. This act shall take effect October 1 of the year in which enacted.

HOUSE SUMMARY

Transfers regulation of commercial weight-loss programs from ch. 501, F.S., relating to consumer protection, to ch. 468, F.S., relating to professions and occupations, and from the Department of Agriculture and Consumer Services to the Department of Health. Redefines the term "weight-loss program." Requires persons operating weight-loss programs to obtain a permit and provides procedures and requirements therefor.

Prohibits sexual misconduct in the practice of dietetics and nutrition. Requires dietitians, nutritionists, and nutrition counselors to complete courses in human immunodeficiency virus and acquired immune deficiency syndrome. Repeals an exemption from dietitian/nutritionist licensure requirements for certain persons employed by a hospital, nursing home, assisted living facility, or continuing care facility.