1 A bill to be entitled 2 An act relating to regulation of professions; 3 renumbering and amending ss. 501.057, 501.0571, 4 501.0573, 501.0575, 501.0577, 501.0579, 5 501.0581, F.S.; transferring the Florida 6 Commercial Weight-Loss Practices Act from ch. 7 501, F.S., relating to consumer protection, to 8 ch. 468, F.S., relating to professions and 9 occupations; redefining the activity that constitutes a weight-loss program; revising 10 certain notice requirements; providing an 11 12 exemption from regulation; conforming references and cross-references; transferring 13 14 regulatory authority from the Department of 15 Agriculture and Consumer Services to the Department of Health; creating s. 468.828, 16 17 F.S.; requiring weight-loss providers to register; prescribing procedures and 18 19 requirements; providing a penalty; providing 20 for fees; providing a grace period for certain 21 providers; creating s. 468.8281, F.S.; 22 providing requirements for records and meetings 23 held for disciplinary actions; creating s. 468.829, F.S.; requiring display of 24 25 registration; creating s. 468.519, F.S.; 26 prohibiting sexual misconduct in the practice of dietetics and nutrition; amending s. 27 28 455.604, F.S.; requiring instruction in HIV and 29 AIDS for persons licensed as dietitians and nutritionists; creating the Task Force on 30 Regulation of the Weight-Loss Industry; 31

CODING: Words stricken are deletions; words underlined are additions.

providing for its membership and duties; 1 providing effective dates. 2 3 4 Be It Enacted by the Legislature of the State of Florida: 5 6 Section 1. Section 501.057, Florida Statutes, is renumbered as section 468.821, Florida Statutes, and amended 7 8 to read: 9 468.821 501.057 Commercial Weight-Loss Practices Act; 10 short title.--Sections 468.821-468.829 <del>501.057-501.0581</del> may be cited as the "Florida Commercial Weight-Loss Practices Act." 11 12 Section 2. Section 501.0571, Florida Statutes, is 13 renumbered as section 468.822, Florida Statutes, and amended 14 to read: 15 468.822 501.0571 Commercial Weight-Loss Practices Act; 16 definitions.--As used in ss. 468.821-468.829, the term 17 <del>501.057-501.0581</del>: 18 (1) "Examination" means any type of medical, 19 psychological, or nutritional review of a consumer. 20 (2) "Department" means the Department of Health. 21 (3)<del>(2)</del> "Supplement" means any type of vitamin, 22 mineral, or other dietary additive which is recommended to be 23 taken by a weight-loss provider. (4)(3) "Weight-loss location" means any place where a 24 weight-loss program is provided by a weight-loss provider. 25 26 (5)<del>(4)</del> "Weight-loss program" means a general program of instruction, with food, supplements, food products, or a 27 food plan designed for clients from one or more healthy 28 29 population groups, in order that such clients may achieve or maintain a healthy weight. A weight-loss program is not based 30 on an individual nutrition assessment and is not

individualized to provide nutrition care services to manage, treat, or rehabilitate a medical condition, illness, or injury for a specific person or group. A weight-loss program does not include persons who only sell or distribute food, supplements, or food products. any plan or procedure offered to encourage weight loss.

(6)(5) "Weight-loss provider" means the owner of any person engaged in the business engaged in of offering services to consumers to assist them in losing weight and making oral or written statements, visual descriptions, advertisements, or other representations that have the capacity, tendency, or effect of leading consumers to believe that participation in a weight-loss program will result in weight loss. A weight-loss provider does not include a person who markets or distributes food, food materials, or dietary supplements, or any person who engages in the explanation of the use and benefits of those products or the preparation of those products, if that person does not engage for a fee in dietetics and nutrition practice or nutrition counseling, and who is not offering a weight-loss program to the public.

Section 3. Section 501.0573, Florida Statutes, is renumbered as section 468.823, Florida Statutes, and amended to read:

468.823 501.0573 Weight-loss provider requirements.--Each weight-loss provider shall:

(1) Provide to a consumer a written itemized statement of the fixed or estimated cost of the weight-loss program that is being recommended, including all additional products, services, supplements, examinations, or laboratory tests the consumer may have to purchase from the weight-loss provider as part of such program.

(2) Disclose the actual or estimated duration of the recommended weight-loss program.

- (3) Provide a copy of the educational and professional experience of the weight-loss provider's staff upon request.
- (4) Provide the name, address, and qualifications of the person who has reviewed and approved the weight-loss program according to s. 468.505(1)(j).
- (5) Produce and distribute to all consumers who inquire about their weight-loss program a palm-sized card with the Weight-Loss Consumer Bill of Rights printed on it.
- (6) Conspicuously post the Weight-Loss Consumer Bill of Rights at the front registration desk <u>or area</u> in each weight-loss location and require every agent, representative, franchisee, or independent contractor to post such a bill of rights in a prominent place in every room in which a presentation or sale of a weight-loss program is made or in which a product or treatment is offered for sale.

Section 4. Section 501.0575, Florida Statutes, is renumbered as section 468.824, Florida Statutes, and amended to read:

 $\underline{468.824}$   $\underline{501.0575}$  Weight-Loss Consumer Bill of Rights.--

- (1) The Weight-Loss Consumer Bill of Rights shall consist of the following provisions:
- (A) WARNING: RAPID WEIGHT LOSS MAY CAUSE SERIOUS HEALTH PROBLEMS. RAPID WEIGHT LOSS IS WEIGHT LOSS OF MORE THAN 1 1/2 POUNDS TO 2 POUNDS PER WEEK OR WEIGHT LOSS OF MORE THAN 1 PERCENT OF BODY WEIGHT PER WEEK AFTER THE SECOND WEEK OF PARTICIPATION IN A WEIGHT-LOSS PROGRAM.
- (B) CONSULT YOUR PERSONAL PHYSICIAN BEFORE STARTING ANY WEIGHT-LOSS PROGRAM.

- (C) ONLY PERMANENT LIFESTYLE CHANGES, SUCH AS MAKING HEALTHFUL FOOD CHOICES AND INCREASING PHYSICAL ACTIVITY, PROMOTE LONG-TERM WEIGHT LOSS.
- (D) QUALIFICATIONS OF THIS PROVIDER SHALL BE PROVIDED TO YOU BY THE PROVIDER PRIOR TO YOUR STARTING THE PROGRAM ARE AVAILABLE UPON REQUEST.
  - (E) YOU HAVE A RIGHT TO:

- 1. ASK QUESTIONS ABOUT THE POTENTIAL HEALTH RISKS OF THIS PROGRAM AND ITS NUTRITIONAL CONTENT, PSYCHOLOGICAL SUPPORT, AND EDUCATIONAL COMPONENTS.
- 2. RECEIVE AN ITEMIZED STATEMENT OF THE ACTUAL OR ESTIMATED PRICE OF THE WEIGHT-LOSS PROGRAM, INCLUDING EXTRA PRODUCTS, SERVICES, SUPPLEMENTS, EXAMINATIONS, AND LABORATORY TESTS.
- 3. KNOW THE ACTUAL OR ESTIMATED DURATION OF THE PROGRAM.
- 4. KNOW THE NAME, ADDRESS, AND QUALIFICATIONS OF THE LICENSED DIETITIAN OR NUTRITIONIST OR REGISTERED DIETITIAN WHO HAS REVIEWED AND APPROVED THE WEIGHT-LOSS PROGRAM PURSUANT ACCORDING TO s. 468.505(1)(j), FLORIDA STATUTES.
- (2) The copies of the Weight-Loss Consumer Bill of Rights to be posted according to  $\underline{s.\ 468.823(6)}\underline{s.\ 501.0573(6)}$  shall be printed in at least 24-point boldfaced type on one side of a sign. The palm-sized copies to be distributed according to  $\underline{s.\ 468.823(5)}\underline{s.\ 501.0573(5)}$  shall be in boldfaced type and legible. Each weight-loss provider shall be responsible for producing and printing appropriate copies of the Weight-Loss Consumer Bill of Rights.
- Section 5. Section 501.0577, Florida Statutes, is renumbered as section 468.825, Florida Statutes, and amended to read:

468.825 501.0577 Commercial Weight-Loss Practices Act; exemptions.—The provisions of this act do not apply to persons licensed under chapter 458, chapter 459, chapter 460, chapter 461, chapter 462, chapter 463, chapter 464, chapter 465, parts III, V, and X of chapter 468, or chapter 486 who may give weight-loss advice or provide any weight-loss service which is within the scope of practice of the respective profession incidental to the performance of their profession and which is not the primary activity of the person's practice.

Section 6. Section 501.0579, Florida Statutes, is renumbered as section 468.826, Florida Statutes, and amended to read:

 $\underline{468.826}$  501.0579 Commercial Weight-Loss Practices Act; unlawful practices.—It is unlawful and an unfair and deceptive trade practice under part II of this chapter  $\underline{501}$  to fail to comply with the provisions of  $\underline{ss.}$  468.821-468.829 this act.

Section 7. Section 501.0581, Florida Statutes, is renumbered as section 468.827, Florida Statutes, and amended to read:

468.827 501.0581 Commercial Weight-Loss Practices Act; civil remedies.--

(1) The department of Agriculture and Consumer Services may bring a civil action in circuit court for temporary or permanent injunctive relief to enforce the provisions of this act and may seek other appropriate civil relief, including a civil penalty not to exceed \$5,000 for each violation, for restitution and damages for injured customers, court costs, and reasonable attorney's fees.

(2) The department of Agriculture and Consumer Services may terminate any investigation or action upon agreement by the offender to pay a stipulated civil penalty, make restitution or pay damages to customers, or satisfy any other relief authorized herein and requested by the department.

1 2

(3) Remedies provided in this section shall be in addition to any other remedies provided by law.

Section 8. Section 468.828, Florida Statutes, is created to read:

468.828 Weight-loss provider registration.--

- (1) A weight-loss provider may not operate in this state until such person has applied for and received from the department a weight-loss provider registration. The department shall prescribe an application form to be used by all persons applying to obtain a weight-loss provider registration. The department shall issue a weight-loss provider registration for each applicant who:
- (a) Has completed the application form and remitted a nonrefundable application fee set by the department in an amount not to exceed \$300.
- (b) Has identified the weight-loss provider by name, street and mailing addresses, and telephone number and, in the case of a partnership, corporation, association, or entity, has identified a registered agent or other person to receive service of papers or other documents or perform other duties as specified by the department.
- (c) Has identified the licensed or registered dietitian/nutritionist who approved the weight-loss program pursuant to subsection (3) by name, street and mailing addresses, and telephone number.

1 (2)(a) A weight-loss provider registration is not 2 transferable to another weight-loss provider by any means, 3 including, but not limited to, any sale of a corporation, partnership, sole proprietorship, or other business entity. 4 5 (b) A weight-loss provider shall notify the department 6 within 30 days after a change in ownership of the business and 7 at the same time return the registration to the department for 8 cancellation. Upon a change in ownership of a weight-loss provider's business, the new owner shall file an application 9 for a new registration and shall pay the prescribed fee. 10 (3) Any weight-loss program offered by a weight-loss 11 12 provider shall be reviewed and approved by: 13 (a) A dietitian/nutritionist licensed in this state; 14 (b) A registered dietitian; or (c) A dietitian/nutritionist licensed in another 15 state, provided the requirements for licensure in that state 16 17 are substantially equivalent to or more stringent than those 18 existing in this state. 19 20 A weight-loss program may not be changed without consultation 21 and approval by one of the individuals listed in this 22 subsection. 23 (4) The person selected pursuant to subsection (3) shall consider the following minimum standards in reviewing a 24 25 provider's weight-loss program, to determine whether the weight-loss program being advocated is safe and in compliance 26 with the provisions of ss. 468.821-468.829: 27 28 (a) Nutritional adequacy, measured by consumption of a 29 wide variety of foods based on government recommendations for 30 healthy eating; 31

(b) Mechanisms for screening out those persons for whom there is a scientific consensus that weight loss is inappropriate, such as pregnant women;

- (c) Requiring medical permission for children under 10 years of age and recognizing that physician consultation is appropriate for anyone starting a weight-loss program;
- (d) Promoting a rate of weight loss consistent with the provisions of ss. 468.821-468.829;
- (e) Providing a weight maintenance component designed to help weight-loss program participants sustain their weight losses, consistent with government standards for healthy eating; and
- (f) Providing participants with materials

  demonstrating the weight-loss program provider's compliance
  with ss. 468.821-468.829.
- (5) Each weight-loss provider shall comply with all requirements of the Florida Drug and Cosmetic Act, part I of chapter 499; the Florida Commercial Weight-Loss Practices Act, ss. 468.821-468.829; and the Deceptive and Unfair Trade Practices Act, part II of chapter 501.
- (6) Violation of subsection (5), in addition to other remedies provided by law, shall result in suspension of the weight-loss provider's registration under chapter 455.

  Reinstatement shall require demonstration of full compliance with the applicable laws and payment of a reinstatement fee not to exceed the initial application and registration fee.
- (7) The department shall by rule set a biennial weight-loss registration renewal fee in an amount not to exceed \$300. The weight-loss program or programs being offered to the public shall be reviewed and approved at least biennially by one of the individuals listed in subsection (3).

Each applicant shall submit to the department with his or her biennial renewal fee the name, address, and phone number of the person who reviewed and approved the weight-loss program.

Biennial review shall not be required for those providers who have a licensed or registered dietitian/nutritionist meeting the requirements of ss. 468.821-468.829 available for consultation on a regular basis.

- (8) Any weight-loss provider in business in this state on October 1, 1998, shall be held harmless for any claim that such provider has not obtained a weight-loss provider registration as required under this section, until October 1, 1999.
- (9) The department has all authority set forth in part II of chapter 455 to enforce this act. Section 468.828(4) is declared to be self-executing.

Section 9. Section 468.8281, Florida Statutes, is created to read:

468.8281 Availability of disciplinary records and proceedings.--Notwithstanding s. 455.621, any complaint or record maintained by the Department of Health pursuant to the discipline of a registered weight-loss provider and any proceeding held by the department to discipline a registered weight-loss provider shall remain open and available to the public.

Section 10. Section 468.829, Florida Statutes, is created to read:

468.829 Registration to be displayed;
advertisement.--Each weight-loss provider to whom a
weight-loss registration is issued shall keep such
registration conspicuously displayed in the provider's office,
place of business, or place of employment and, when required,

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shall exhibit such registration to any member or authorized
    representative of the department. In addition, each
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    weight-loss provider holding a registration under this act
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    must include the number of the registration in any
    advertisement of weight-loss services which appears in any
5
6
   newspaper, airwave transmission, telephone directory,
7
    direct-mail advertisement, or other advertising medium. Each
8
    weight-loss provider shall conspicuously display in the
9
    provider's office, place of business, or place of employment
    the following statement that must appear in capital letters
10
    clearly distinguishable from the rest of the text: THE STATE
11
12
    OF FLORIDA DEPARTMENT OF HEALTH HAS REGISTERED THIS
    WEIGHT-LOSS PROVIDER TO OPERATE IN FLORIDA. HOWEVER, THE
13
14
   REGISTRATION DOES NOT INDICATE THAT THE DEPARTMENT OF HEALTH
    ENDORSES OR APPROVES THE CONTENT OF THIS WEIGHT-LOSS PROGRAM.
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           Section 11. Section 468.519, Florida Statutes, is
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    created to read:
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           468.519 Sexual misconduct in the practice of dietetics
19
    and nutrition. -- The dietitian/nutritionist and nutrition
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    counselor-client relationship is founded on mutual trust.
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   "Sexual misconduct in the practice of dietetics and nutrition"
    means violation of the dietitian/nutritionist and nutrition
22
    counselor-client relationship through which the
23
    dietitian/nutritionist or nutrition counselor uses that
24
    relationship to induce or attempt to induce the client to
25
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    engage, or to engage or attempt to engage the client, in
    sexual activity outside the scope of practice or the scope of
27
    generally accepted examination or treatment of the client.
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29
    Sexual misconduct in the practice of dietetics and nutrition
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    is prohibited.
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Section 12. Subsection (1) of section 455.604, Florida Statutes, is amended to read:

455.604 Requirement for instruction for certain licensees on human immunodeficiency virus and acquired immune deficiency syndrome.--

(1) The appropriate board shall require each person licensed or certified under chapter 457; chapter 458; chapter 459; chapter 460; chapter 461; chapter 463; chapter 464; chapter 465; chapter 466; part II, part III, or part V, or part X of chapter 468; or chapter 486 to complete a continuing educational course, approved by the board, on human immunodeficiency virus and acquired immune deficiency syndrome as part of biennial relicensure or recertification. The course shall consist of education on the modes of transmission, infection control procedures, clinical management, and prevention of human immunodeficiency virus and acquired immune deficiency syndrome. Such course shall include information on current Florida law on acquired immune deficiency syndrome and its impact on testing, confidentiality of test results, and treatment of patients.

Section 13. (1) There is created within the

Department of Health a Task Force on Regulation of the

Weight-Loss Industry. The Department of Health shall provide

staff support for the task force. The task force shall consist
of not more than 20 members nominated by the associations and
entities named in this section and appointed by the Secretary
of Health. Members of the task force shall not receive
compensation, per diem, or reimbursement for travel expenses
for service on the task force. Participation in the task force
is optional and at the discretion of each identified group or

1	entity. If all identified groups and entities participate, the
2	task force shall include:
3	(a) One representative from each of the following
4	associations:
5	1. The Florida Dietetic Association.
6	2. The Florida Medical Association.
7	3. The Florida Osteopathic Medical Association.
8	4. The Florida Chiropractic Association.
9	5. The Florida Podiatric Medical Association.
10	6. The Florida Pharmacy Association.
11	7. The Florida Society of Health System Pharmacists.
12	(b) Three representatives from commercial weight-loss
13	programs.
14	(c) One representative from each of the following
15	<pre>entities:</pre>
16	1. The Department of Health.
17	2. The Dietetics and Nutrition Practice Council.
18	3. The Board of Medicine, which representative must be
19	a member of the board who is licensed under chapter 458,
20	Florida Statutes.
21	4. The Board of Osteopathic Medicine, which
22	representative must be a member of the board who is licensed
23	under chapter 459, Florida Statutes.
24	5. The Board of Chiropractic Medicine, which
25	representative must be a member of the board who is licensed
26	under chapter 460, Florida Statutes.
27	6. The Board of Podiatric Medicine, which
28	representative must be a member of the board who is licensed
29	under chapter 461, Florida Statutes.
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1	7. The Board of Pharmacy, which representative must be
2	a member of the board who is licensed under chapter 465,
3	Florida Statutes.
4	8. The Agency for Health Care Administration.
5	(d) Two representatives from the dietary supplement
6	industry.
7	(2) The task force shall hold its first meeting no
8	later than August 1, 1998, and shall report its findings to
9	the President of the Senate, the Speaker of the House of
10	Representatives, and the chairs of the applicable legislative
11	committees of substance not later than December 31, 1998. All
12	task force meetings must be held in Tallahassee at the
13	Department of Health in order to minimize costs to the state.
14	(3) The task force shall study and make
15	recommendations to the Legislature regarding the appropriate
16	level of regulation and placement needed to enforce the
17	Florida Commercial Weight-Loss Practices Act as set forth in
18	sections 468.821-468.829, Florida Statutes, and other
19	weight-loss services.
20	(4) The task force is dissolved effective January 1,
21	<u>1999.</u>
22	(5) This section shall take effect upon this act
23	becoming a law.
24	Section 14. Except as otherwise provided herein, this
25	act shall take effect July 1, 1999.
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