A bill to be entitled 1 2 An act relating to required instruction; 3 amending s. 233.061, F.S.; specifying content of required instruction in mental and emotional 4 5 health; providing and effective date. 6 7 Be It Enacted by the Legislature of the State of Florida: 8 9 Section 1. Paragraph (m) of subsection (2) of section 10 233.061, Florida Statutes, is amended to read: 11 233.061 Required instruction.--(2) Members of the instructional staff of the public 12 13 schools, subject to the rules and regulations of the 14 commissioner, the state board, and the school board, shall teach efficiently and faithfully, using the books and 15 16 materials required, following the prescribed courses of study, and employing approved methods of instruction, the following: 17 (m) Comprehensive health education that addresses 18 19 concepts of community health; consumer health; environmental 20 health; family life, including an awareness of the benefits of 21 sexual abstinence as the expected standard and the 22 consequences of teenage pregnancy; mental and emotional health; injury prevention and safety; nutrition; personal 23 health; prevention and control of disease; and substance use 24 and abuse. Instruction in kindergarten through grade 12 25 26 regarding mental and emotional health must be age-appropriate 27 and must address depression, manic depression (bi-polar 28 disorder), schizophrenia, and anxiety disorders, including 29 obsessive-compulsive disorder, and must characterize such mental illnesses as common, inherited, and treatable by 30 including information regarding their frequency in the

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population, common ages of onset, common recognizable
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    symptoms, and the effectiveness of and the need for proper
    medical treatment. Instruction regarding mental and emotional
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   health must also address the correlation between mental
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    illness and addiction and substance abuse due to
   "self-medication"; the prevention of suicide, aggressive
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    behavior, criminal activities, and underachievement through
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   prompt and faithful medical treatment; and the progressive
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    deterioration of the brain, the increase in the severity of
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    symptoms and accompanying problematic behaviors, without
    proper medical treatment. Positive examples of highly
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    successful people with such mental illness shall be presented
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    to remove stereotypes, stigma, and discrimination.
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           Section 2. This act shall take effect July 1, 2000.
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                            HOUSE SUMMARY
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     Specifies content of required instruction in mental and emotional health.
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