

By Representative Kelly

1 House Resolution

2 A resolution urging the increased education of
3 the citizens of the state with regard to the
4 awareness, prevention, and treatment of
5 diet-related diseases.

6
7 WHEREAS, food is the substance by which life is
8 sustained, and the type and quality of food that individuals
9 consume each day plays a vital role in their overall health
10 and physical fitness, whereas a poor diet and inadequate
11 physical activity are second only to smoking as a cause of
12 premature death in the United States, causing some 300,000
13 deaths each year, and

14 WHEREAS, four of the top ten leading causes of death
15 among Americans, including heart disease, cancer, stroke, and
16 diabetes, are directly related to food choices, accounting for
17 seven out of every ten deaths in the United States each year
18 and decreasing the quality of life for millions more, and

19 WHEREAS, nutrition has been recognized as a crucial
20 part of preventing and treating osteoporosis, which threatens
21 over 25 million Americans; the Centers for Disease Control
22 estimates that proper nutrition, essential for healthy
23 pregnancy outcomes and normal birth weights, could reduce the
24 incidence of neural tube birth defects by 50 to 70 percent;
25 and the National Health and Nutrition Examination Survey has
26 shown that increasing caloric intake and declining physical
27 activity are the two primary behavioral factors associated
28 with the epidemic of obesity, and

29 WHEREAS, medical nutrition therapy provided by
30 qualified health professionals is an essential part of the
31 treatment for numerous diseases and life-threatening or

1 debilitating conditions, and it has been noted that patients
2 receiving medical nutrition therapy require fewer
3 hospitalizations and medications and have fewer complications
4 and ultimately lower health care costs, and

5 WHEREAS, there is a need for continuing nutrition
6 education and a wide-scale effort to enhance good dietary
7 practices, NOW, THEREFORE,

8

9 Be It Resolved by the House of Representatives of the State of
10 Florida:

11

12 That the House of Representatives, in recognizing the
13 importance of diet as it relates to health, urges that a
14 concerted effort be made to impress upon the residents of
15 Florida the value of good nutrition in the prevention and
16 treatment of disease.

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31