



HR 9145

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House Resolution

A resolution designating May 2003 as "Florida Osteoporosis Prevention Month."

WHEREAS, osteoporosis, a debilitating disease that causes bones to become fragile and more susceptible to fracture, is a serious public health threat for both women and men as they begin to age, and

WHEREAS, recent data suggest that over two million Floridians have osteoporosis or low bone mass that leads to more than 22,000 hip fractures each year, and

WHEREAS, the number of Americans suffering from osteoporosis is expected to reach 52 million by the year 2010, and

WHEREAS, a heightened awareness of the risks and causes of osteoporosis can be a major factor in its prevention when accompanied by a diet rich in calcium and vitamin D, weight-bearing exercise, a healthy lifestyle with no smoking or excessive alcohol use, and bone-density testing and medications when appropriate, NOW, THEREFORE,

Be It Resolved by the House of Representatives of the State of Florida:

That the House of Representatives designates the month of May 2003 as "Florida Osteoporosis Prevention Month" and urges all of the state's residents to acquaint themselves with the risks, causes, and prevention of this enfeebling disease.