House Resolution

A resolution recognizing March 24, 2004, as the 2004 Florida Women's Health Awareness Day.

WHEREAS, Florida is a diversely populated state which is home to many culturally diverse women of every age group and a large elder population, and

WHEREAS, health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity, and women's health involves their physical, emotional, and social well-being and is determined by the social, political, and economic context of their lives, as well as by biology, and

WHEREAS, mortality is not the only significant health indicator when considering differences between women and men, and, despite women's life expectancy of nearly 81 years, their later life is often characterized by isolation, disability, and health problems, and

WHEREAS, heart disease has only recently been recognized not only as the most common cause of death in women, as well as in men, but also as a health problem that may have different signs and symptoms, outcomes, and responses to interventions in women than in men, and

WHEREAS, major depression and dysthymia affect approximately twice as many women as men, and other mental disorders, such as anxiety disorders, anorexia nervosa, and bulimia nervosa, are more common in women; and, although the prevalence of schizophrenia and bipolar disorders is no

different for women than men, there are gender differences in age of onset, pattern of symptoms, and treatment response, and

 WHEREAS, across the country women are more likely than men to be uninsured, and in Florida only one-third of women are covered with health insurance through their employers, compared with 53 percent of men, only 27 percent have dependent coverage, compared with 13 percent of men, and many face obstacles in securing health coverage, which negatively affects their access to health care and may in turn have important implications as to the state of their health, and

WHEREAS, studies have shown that organs donated by women are more likely to be rejected than those of men and that female transplant patients may have a poorer rate of survival compared with their male counterparts; yet, despite this evidence, surgeons still do not take sex into consideration when selecting organ donors and transplant recipients, and

WHEREAS, inasmuch as clinical trials have historically excluded women, pharmaceutical therapies are not designed to address women's needs; and, although there has been progress in identifying and understanding the role of various metabolic enzymes in causing sex differences in pharmacodynamics, some cardiovascular drug findings typify the need for more research and a better understanding of the need for sex-based analyses of responses to drugs, with closer clinical attention to detecting sex-based adverse effects, and

WHEREAS, according to a telephone survey conducted in 2000 by the University of South Florida Birth Defects Center and the University of Florida Bureau of Economic and Business Research, only 15 percent of the state's women knew folic acid prevented

birth defects; and a March of Dimes survey determined that 53 percent of women between 18 and 45 years of age who do not currently take a multivitamin on a daily basis say they would very likely do so on the advice of their physician or health care provider, and

WHEREAS, medical education is limited in nutritional therapies, which affects a physician's ability to provide proactive health regimens to patients, an unfortunate circumstance compounded by even less emphasis being placed on women's unique nutritional needs, and

WHEREAS, mortality rates among African-American women are higher than in any other racial or ethnic group for nearly every major cause of death, including heart disease, lung cancer, cerebrovascular disease, breast cancer, and chronic obstructive pulmonary diseases, and

WHEREAS, Hispanic women suffer from the second-highest rate of cervical cancer, with a mortality rate of 3.3 per 100,000 compared to 2.6 per 100,000 for Caucasian women, and breast cancer diagnoses are increasing among Hispanic women, with Hispanic women having a lower survival rate than non-Hispanic white women, most often due to a later diagnosis, and

WHEREAS, data which suggest that a patient's sex plays an inappropriate role in medical decision making raise the question of possible gender bias in clinical decision making, a bias not necessarily evidencing itself in overt discrimination based on sex; rather, social attitudes, including stereotypes, prejudices, and other evaluations based on gender, may manifest themselves in a variety of subtle ways, as in a seemingly

widespread perception that women's maladies are the result of emotionality, and

WHEREAS, the 2004 Florida Women's Health Awareness Day is a celebration of women taking responsibility for their own health through greater knowledge and understanding, and

WHEREAS, the 2004 Florida Women's Health Awareness Day celebrates the efforts of national and state organizations working with partners and women's health researchers to improve awareness of key women's health issues, NOW, THEREFORE,

Be It Resolved by the House of Representatives of the State of Florida:

That the House of Representatives recognizes the health disparities unique to women and designates March 24, 2004, as the 2004 Florida Women's Health Awareness Day.

BE IT FURTHER RESOLVED that this resolution be spread upon the Journal of the House of Representatives as a tangible recognition of the unique health needs of women.