

By Senator Peaden

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Senate Resolution No. ____

A resolution recognizing March 2005 as National
Nutrition Month in Florida.

WHEREAS, the Florida Senate recognizes that there is an
epidemic of obesity in the State of Florida, and

WHEREAS, the Secretary of Health is conducting a series
of obesity summit meetings throughout the state, and

WHEREAS, Florida's Department of Health has stated that
the economic impact of overweight and obesity in our state is
manifested in the toll of certain diseases, reaching billions
of dollars expended in the treatment of cardiovascular
disease, cancer, and diabetes, and

WHEREAS, diet-related diseases decrease the quality of
life for millions of Americans and account for 7 out of every
10 deaths in the United States each year, and

WHEREAS, the Surgeon General of the United States has
issued a "call to action" to prevent and decrease overweight
and obesity affecting two-thirds of adults and 15 percent of
children and adolescents, and

WHEREAS, the Federal Trade Commission has stated that
consumers waste billions of dollars each year on unproven,
fraudulently marketed, and potentially harmful products and
treatments for obesity, and

WHEREAS, the food we eat plays a vital role in our
overall health and fitness, and

WHEREAS, the United States Department of Health and
Human Services Healthy People 2010 Initiative cites nutrition
and weight as a specific focus for improving America's health,
listing 18 objectives for promoting health and reducing
chronic diseases associated with diet and weight, and

1 WHEREAS, only 20 percent of Florida adults eat five
2 servings of fruits and vegetables per day, and

3 WHEREAS, there is a great need for continuing nutrition
4 education and for a wide-scale effort to enhance healthy
5 eating practices, NOW, THEREFORE,

6
7 Be It Resolved by the Senate of the State of Florida:

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9 That March 2005 is recognized as National Nutrition
10 Month in Florida.

11 BE IT FURTHER RESOLVED that the Florida Senate urges
12 increased education and awareness of the state's residents
13 concerning prevention and treatment of obesity-related
14 diseases as a major health concern and encourages all
15 Floridians to become informed about nutrition in the hope of
16 achieving optimum health for today and all the days ahead.

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