By Senator Hill

1-1307-06 See HB 831

1	A bill to be entitled
2	An act relating to electroconvulsive therapy
3	and psychosurgical procedures; amending s.
4	458.325, F.S.; prohibiting the administration
5	of electroconvulsive therapy and psychosurgery
6	on persons younger than 18 years of age;
7	providing an effective date.
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9	WHEREAS, electroconvulsive therapy (ECT) is an
10	experimental technique with unknown mechanism of action the
11	efficacy of which has never been proven and which has
12	dangerous and potentially permanent harmful or
13	life-threatening side effects, including brain damage and
14	memory loss, the extent of which have never been tested, and
15	WHEREAS, literature regarding the administration of ECT
16	on children and adolescents consists mainly of single case
17	reports and uncontrolled studies and offers no controlled
18	studies, no reliably applied criteria, and no valid assessment
19	scales, and
20	WHEREAS, ECT devices are classified as Class III
21	devices by the Federal Drug Administration, the most stringent
22	regulatory category covering "those [devices] for which
23	insufficient information exists to [ensure] safety and
24	effectiveness" and "which present a potential, unreasonable
25	risk of illness or injury," and
26	WHEREAS, psychosurgery is an experimental technique the
27	efficacy of which has never been proven and which has
28	dangerous, permanent, and potentially life-threatening side
29	effects, and
30	WHEREAS, the use of invasive and possibly damaging
31	treatment with unknown mechanisms and without scientific basis

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in the context of still-developing neurological systems of 2 children and adolescents cannot be justified, and WHEREAS, on January 20, 2000, the National Council on 3 4 Disability, an independent federal agency, made recommendations to the President and Congress that included 5 the following: "Mental health treatment should be about healing, not punishment. Accordingly, the use of aversive 8 treatments, including physical and chemical restraints, seclusion, and similar techniques that restrict freedom of 9 movement, should be banned. Also, public policy should move 10 toward the elimination of electro-convulsive therapy and 11 psycho surgery as unproven and inherently inhumane procedures. 13 Effective humane alternatives to these techniques exist now and should be promoted, " NOW, THEREFORE, 14 15 16 Be It Enacted by the Legislature of the State of Florida: 17 Section 1. Subsection (1) of section 458.325, Florida 18 Statutes, is amended, and subsection (3) is added to that 19 section, to read: 20 21 458.325 Electroconvulsive and psychosurgical 22 procedures. --23 (1) In each case of utilization of electroconvulsive or psychosurgical procedures, prior written consent shall be 2.4 obtained after disclosure to the patient, if he or she is 25 competent, or to the patient's guardian, if he or she is $\frac{a}{b}$ 26 27 minor or incompetent, of the purpose of the procedure, the 2.8 common side effects thereof, alternative treatment modalities, 29 and the approximate number of such procedures considered necessary and that any consent given may be revoked by the 30

patient or the patient's guardian prior to or between treatments. (3) The administration of electroconvulsive therapy and psychosurgery on persons younger than 18 years of age is prohibited. Section 2. This act shall take effect July 1, 2006.