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6 7 A bill to be entitled

An act relating to electroconvulsive therapy and psychosurgical procedures; amending s. 458.325, F.S.; prohibiting the administration of electroconvulsive therapy and psychosurgery on persons younger than 18 years of age; providing an effective date.

8 WHEREAS, electroconvulsive therapy (ECT) is an experimental 9 technique with unknown mechanism of action the efficacy of which 10 has never been proven and which has dangerous and potentially 11 permanent harmful or life-threatening side effects, including 12 brain damage and memory loss, the extent of which have never 13 been tested, and

WHEREAS, literature regarding the administration of ECT on children and adolescents consists mainly of single case reports and uncontrolled studies and offers no controlled studies, no reliably applied criteria, and no valid assessment scales, and

WHEREAS, ECT devices are classified as Class III devices by the Federal Drug Administration, the most stringent regulatory category covering "those [devices] for which insufficient information exists to [ensure] safety and effectiveness" and "which present a potential, unreasonable risk of illness or injury," and

WHEREAS, psychosurgery is an experimental technique the
efficacy of which has never been proven and which has dangerous,
permanent, and potentially life-threatening side effects, and

27 WHEREAS, the use of invasive and possibly damaging
28 treatment with unknown mechanisms and without scientific basis

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in the context of still-developing neurological systems of children and adolescents cannot be justified, and

WHEREAS, on January 20, 2000, the National Council on 31 32 Disability, an independent federal agency, made recommendations to the President and Congress that included the following: 33 "Mental health treatment should be about healing, not 34 punishment. Accordingly, the use of aversive treatments, 35 including physical and chemical restraints, seclusion, and 36 37 similar techniques that restrict freedom of movement, should be 38 banned. Also, public policy should move toward the elimination 39 of electro-convulsive therapy and psycho surgery as unproven and inherently inhumane procedures. Effective humane alternatives to 40 these techniques exist now and should be promoted, " NOW, 41 THEREFORE, 42

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44 Be It Enacted by the Legislature of the State of Florida: 45

Section 1. Subsection (1) of section 458.325, Florida
Statutes, is amended, and subsection (3) is added to that
section, to read:

458.325 Electroconvulsive and psychosurgical procedures.--49 In each case of utilization of electroconvulsive or 50 (1)psychosurgical procedures, prior written consent shall be 51 52 obtained after disclosure to the patient, if he or she is competent, or to the patient's guardian, if he or she is a minor 53 or incompetent, of the purpose of the procedure, the common side 54 55 effects thereof, alternative treatment modalities, and the approximate number of such procedures considered necessary and 56

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57 that any consent given may be revoked by the patient or the 58 patient's guardian prior to or between treatments.

59 (3) The administration of electroconvulsive therapy and

60 psychosurgery on persons younger than 18 years of age is

- 61 prohibited.
- 62

Section 2. This act shall take effect July 1, 2006.

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