HB 485 2007

A bill to be entitled

An act relating to electroconvulsive therapy and psychosurgical procedures; amending s. 458.325, F.S.; prohibiting the administration of electroconvulsive therapy and psychosurgery on persons younger than 18 years of age; providing an effective date.

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WHEREAS, electroconvulsive therapy (ECT) is an experimental technique with unknown mechanism of action the efficacy of which has never been proven and which has dangerous and potentially permanent harmful or life-threatening side effects, including brain damage and memory loss, the extent of which have never been tested, and

WHEREAS, literature regarding the administration of ECT on children and adolescents consists mainly of single case reports and uncontrolled studies and offers no controlled studies, no reliably applied criteria, and no valid assessment scales, and

WHEREAS, ECT devices are classified as Class III devices by the Federal Drug Administration, the most stringent regulatory category covering "those [devices] for which insufficient information exists to [ensure] safety and effectiveness" and "which present a potential, unreasonable risk of illness or injury," and

WHEREAS, psychosurgery is an experimental technique the efficacy of which has never been proven and which has dangerous, permanent, and potentially life-threatening side effects, and

WHEREAS, the use of invasive and possibly damaging treatment having unknown mechanisms and without scientific basis

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in the context of still-developing neurological systems of children and adolescents cannot be justified, and

WHEREAS, on January 20, 2000, the National Council on Disability, an independent federal agency, made recommendations to the President and Congress which included the following:
"Mental health treatment should be about healing, not punishment. Accordingly, the use of aversive treatments, including physical and chemical restraints, seclusion, and similar techniques that restrict freedom of movement, should be banned. Also, public policy should move toward the elimination of electro-convulsive therapy and psycho surgery as unproven and inherently inhumane procedures. Effective humane alternatives to these techniques exist now and should be promoted," NOW, THEREFORE,

Be It Enacted by the Legislature of the State of Florida:

Section 1. Subsection (1) of section 458.325, Florida Statutes, is amended, and subsection (3) is added to that section, to read:

458.325 Electroconvulsive and psychosurgical procedures. --

(1) In each case of utilization of electroconvulsive or psychosurgical procedures, prior written consent shall be obtained after disclosure to the patient, if he or she is competent, or to the patient's guardian, if he or she is a minor ex incompetent, of the purpose of the procedure, the common side effects thereof, alternative treatment modalities, and the approximate number of such procedures considered necessary and

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CODING: Words stricken are deletions; words underlined are additions.

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that any consent given may be revoked by the patient or the patient's guardian prior to or between treatments.

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- (3) The administration of electroconvulsive therapy and psychosurgical procedures on persons younger than 18 years of age is prohibited.
 - Section 2. This act shall take effect July 1, 2007.