

By the Committee on Education Pre-K - 12; and Senator
Constantine

581-05374-08

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1 A bill to be entitled
2 An act relating to physical education; amending s.
3 1003.455, F.S.; requiring physical education in grades 6
4 through 8; providing for waivers under certain
5 circumstances; providing an effective date.
6

7 Be It Enacted by the Legislature of the State of Florida:
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9 Section 1. Section 1003.455, Florida Statutes, is amended
10 to read:

11 1003.455 Physical education; assessment.--

12 (1) It is the responsibility of each district school board
13 to develop a physical education program that stresses physical
14 fitness and encourages healthful, active lifestyles and to
15 encourage all students in prekindergarten through grade 12 to
16 participate in physical education. Physical education shall
17 consist of physical activities of at least a moderate intensity
18 level and for a duration sufficient to provide a significant
19 health benefit to students, subject to the differing capabilities
20 of students. All physical education programs and curricula must
21 be reviewed by a certified physical education instructor.

22 (2) Each district school board shall adopt a written
23 physical education policy that details the school district's
24 physical education program, the ~~and~~ expected program outcomes,
25 the benefits of physical education, and the availability of one-
26 on-one counseling concerning the benefits of physical education.

27 (3) Each district school board shall provide 150 minutes of
28 physical education each week for students in kindergarten through
29 grade 5 and for students in grade 6 who are enrolled in a school

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30 that contains one or more elementary grades so that on any day
31 during which physical education instruction is conducted there
32 are at least 30 consecutive minutes per day. The equivalent of
33 one class period per day of physical education for one semester
34 of each year is required for students enrolled in grades 6
35 through 8. Students enrolled in such instruction shall be
36 reported through the periodic student membership surveys, and
37 records of such enrollment shall be audited pursuant to s.
38 1010.305. Such instruction may be provided by any instructional
39 personnel as defined in s. 1012.01(2), regardless of
40 certification, who are designated by the school principal. ~~Each~~
41 ~~district school board is encouraged to provide 225 minutes of~~
42 ~~physical education each week for students in grades 6 through 8.~~

43 (4) The requirement in subsection (3) shall be waived for a
44 student who meets one of the following criteria:

45 (a) The student is enrolled or required to enroll in a
46 remedial course.

47 (b) The student's parent indicates in writing to the school
48 that:

49 1. The parent requests that the student enroll in another
50 course from among those courses offered as options by the school
51 district; or

52 2. The student is participating in physical activities
53 outside the school day which are equal to or in excess of the
54 mandated requirement.

55 Section 2. This act shall take effect July 1, 2008.