

HR 9101

2008

## House Resolution

A resolution recognizing April 10, 2008, as "Obesity Awareness Day."

WHEREAS, Florida's leaders have a responsibility to encourage and promote healthy lifestyles for the citizens of this state, including communicating information about healthy diet, the importance of physical activity, and the availability of clinical treatment, and

WHEREAS, in recent years, poor health, in the form of obesity and inactivity, has increased dramatically throughout the world, and

WHEREAS, more than two-thirds of all American adults are overweight or obese, representing approximately 151 million people, and

WHEREAS, according to the Centers for Disease Control, in the year 2006, approximately 34 percent of adults in the United States were classified as "obese," an increase of more than 100 percent since 1980, and

WHEREAS, only 22 percent of American adults engage in recommended regular physical activity of any intensity during leisure time, and only 15 percent engage in the recommended amount of vigorous activity, and

WHEREAS, obesity can lead to a 50-percent to 100-percent increase in risk of death to an individual from all causes, and more than 280,000 Americans die each year from obesity-related diseases, and

WHEREAS, 17.1 percent of all children and adolescents are

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29 | overweight, nearly double the percentage of children and  
30 | adolescents who were classified as overweight two decades ago,  
31 | and

32 |       WHEREAS, in 1980, fewer than 4 percent of childhood  
33 | diabetes cases were Type 2 Diabetes, but that number has since  
34 | risen to approximately 20 percent, and, of the children  
35 | diagnosed as having Type 2 Diabetes, 85 percent are obese, and

36 |       WHEREAS, because the incidence of Type 2 Diabetes has  
37 | tripled in the last 30 years, more people who have diabetes will  
38 | live longer and have a greater chance of developing disabling,  
39 | life-threatening complications from diabetes, and

40 |       WHEREAS, the direct costs of inactivity and obesity account  
41 | for approximately 9.4 percent of national health care  
42 | expenditures, with costs reaching at least \$75 billion in 2003,  
43 | approximately \$37.5 billion of which is borne by the federal and  
44 | state governments, and

45 |       WHEREAS, citizens will become more aware of the growing  
46 | problems related to obesity and inactivity if they are given  
47 | pertinent information and if good examples are set by leaders in  
48 | the community, NOW, THEREFORE,

49 |

50 | Be It Resolved by the House of Representatives of the State of  
51 | Florida:

52 |

53 |       That the House of Representatives, recognizes April 10,  
54 | 2008, as "Obesity Awareness Day."