A bill to be entitled

An act relating to the prevention of obesity; amending s. 381.0054, F.S.; authorizing the Department of Health to require certain food service establishments to display the number of calories in food items for sale; providing exemptions; providing penalties; providing immunity from liability under certain circumstances; providing conditions under which such nutritional-information requirements may be superseded by federal law, rules, or regulations; providing effective dates.

WHEREAS, death due to obesity is preventable and more than 40,000 Florida residents die annually from obesity-related diseases, and

WHEREAS, in 2008, more that 60 percent of the adults and 30 percent of the children in Florida were overweight and at least half of these numbers were obese, with a body mass index greater than 30, and

WHEREAS, approximately 60 percent of overweight children have at least one risk factor for cardiovascular disease and 25 percent of overweight children have two or more risk factors, and

WHEREAS, the number of overweight and obese children has tripled in the last 20 years, and

WHEREAS, excessive body weight affects virtually every organ system in the body and increases the risks of diabetes, myocardial infarction, stroke, cancer, sleep apnea, and osteoarthritis, and

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WHEREAS, obesity-related medical expenditures for adults in this state total more than 5 billion dollars annually, with over half of those costs being financed by Medicare and Medicaid, and the direct economic effects of obesity are far greater than this figure when missed workdays and other costs outside the medical care system and the economic valuation of reduced longevity and quality of life are considered, and

WHEREAS, in 2008, almost 50 percent of food dollars were spent away from the home, and according to a recent poll by Peter D. Hart Research Associates, 79 percent of registered voters favor a law that would require restaurants to provide detailed nutritional information in writing, and

WHEREAS, the current economic crisis provides a unique opportunity to examine questions of fundamental importance to public health, especially those related to obesity and physical activity, NOW, THEREFORE,

Be It Enacted by the Legislature of the State of Florida:

Section 1. Section 381.0054, Florida Statutes, is amended to read:

381.0054 Healthy lifestyles promotion.--

(1) The Department of Health shall promote healthy lifestyles to reduce the prevalence of excess weight gain and obesity in Florida by implementing appropriate physical activity and nutrition programs that are directed towards all Floridians by:

(a) Using all appropriate media to promote maximum public awareness of the latest research on healthy lifestyles and chronic diseases and disseminating relevant information through a statewide clearinghouse relating to wellness, physical activity, and nutrition and their impact on chronic diseases and disabling conditions.

- (b) Providing technical assistance, training, and resources on healthy lifestyles and chronic diseases to the public, county health departments, health care providers, school districts, and other persons or entities, including faith-based organizations, that request such assistance to promote physical activity, nutrition, and healthy lifestyle programs.
- (c) Developing, implementing, and using all available research methods to collect data, including, but not limited to, population-specific data, and track the incidence and effects of weight gain, obesity, and related chronic diseases. The department shall include an evaluation and data collection component in all programs as appropriate.
- (d) Partnering with the Department of Education, local communities, school districts, and other entities to encourage Florida schools to promote activities during and after school to help students meet a minimum goal of 60 minutes of activity per day.
- (e) Partnering with the Department of Education, school districts, and the Florida Sports Foundation to develop a program that recognizes schools whose students demonstrate excellent physical fitness or fitness improvement.

(f) Collaborating with other state agencies to develop policies and strategies for preventing and treating obesity, which shall be incorporated into programs administered by each agency and shall include promoting healthy lifestyles of employees of each agency.

- (g) Advising, in accordance with s. 456.081, health care practitioners licensed in this state regarding the morbidity, mortality, and costs associated with the condition of being overweight or obese, informing such practitioners of clinical best practices for preventing and treating obesity, and encouraging practitioners to counsel their patients regarding the adoption of healthy lifestyles.
- (h) Maximizing all local, state, and federal funding sources, including grants, public-private partnerships, and other mechanisms, to strengthen the department's current physical activity and nutrition programs and to enhance similar county health department programs.
- items served or offered for sale at least 30 days per calendar year in a food service establishment, as defined in s.

  500.03(1)(p), to bear a label or display information that indicates in a clear and conspicuous manner the number of calories in each food item, to be determined within a reasonable basis, as follows:
- (a) Calories displayed on menu board.—The number of calories shall be displayed on the menu board prior to the point of purchase by one of the following means:
  - 1. On a menu board adjacent to the item or its price;

2. On a sign presenting standard food items in a manner similar to the menu board and located on the same wall as the menu board; or

- 3. On a sign at eye level in the consumer queue prior to the point of purchase.
- (b) Calories displayed on menu. -- The number of calories shall be displayed on the menu prior to the point of purchase by one of the following means:
  - 1. In the menu adjacent to the item or its price; or
- 2. In an insert that accompanies or is attached to the menu.
- (c) Referral statement. -- A menu board or a menu shall bear a statement directing the consumer to the location of additional nutritional information that may be known and available but not required, such as, but not limited to, the amount of sodium, trans fat, saturated fat, cholesterol, carbohydrates, sugars, and protein in each food item.
  - (d) Applicability. -- This subsection does not apply to:
- 1. Food offered for sale at a not-for-profit food establishment.
  - 2. Food offered at no cost.

- 3. Food exempted by the State Surgeon General by rule.
- (e) One determination per item. -- A reasonable basis for determination of nutrition information can be made with appropriate accuracy by consulting nutrient databases, cookbooks, laboratory analyses, or other sources that provide a reasonable basis of information regarding the nutrient content of a food, notwithstanding variability in the portion size,

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formulation, and other characteristics of such food or its preparation method.

- (f) Penalty.--A person who knowingly and willfully violates this subsection by:
- $\underline{\mbox{1. Willfully failing to make a disclosure required by this}}$  subsection, or
- 2. Making a disclosure under this section with an intent to deceive,

commits a misdemeanor of the second degree, punishable as provided in s. 775.082 or s. 775.083.

- (g) Liability.--Unless a food service establishment knowingly and willfully violates paragraph (f), the establishment may not be held liable.
- (3) (2) The department may adopt rules pursuant to ss. 120.536(1) and 120.54 to administer this section.
- $\underline{(4)}$  Subsection (1) This section shall be implemented contingent on an appropriation in the General Appropriations Act.
- (5) Subsection (2) may be superseded by federal law if a single, consistent national nutrition labeling standard is established under federal law, rules, or regulations that accomplish the same purpose of providing responsible nutritional information to the consumer.
- Section 2. This act shall take effect January 1, 2010, and, from January 1, 2010, through December 31, 2010, shall apply to all food service establishments having five or more

locations, and, on January 1, 2011, and thereafter, shall apply to all food service establishments.

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