

HB 7139

2013

29 priority for training to the staff in public schools, as
30 appropriate.

31 (3) The mental health first aid training shall consist of
32 the following:

33 (a) An overview of mental illnesses and substance use
34 disorders and the need to reduce the stigma of mental illness.

35 (b) Information on the potential risk factors and warning
36 signs of mental illness or substance use disorders, including
37 depression, anxiety, psychosis, eating disorders, and self-
38 injury, and common treatments for those conditions.

39 (c) An action plan that encompasses the skills, resources,
40 and knowledge to assess the situation; select and implement
41 appropriate interventions; and help an individual with
42 appropriate professional, peer, social, or self-help care.

43 (4) The department shall establish certification
44 requirements for instructors of the Mental Health First Aid
45 Training course.

46 (5) The department may adopt rules to implement the Mental
47 Health First Aid Training program.

48 Section 2. This act shall take effect July 1, 2013.