

HR 9025

2016

## House Resolution

1  
2 A resolution designating February 5, 2016, as "Wear  
3 Red Day" in the State of Florida.  
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5 WHEREAS, heart disease is the number one killer of women,  
6 with heart disease and stroke causing 1 in 3 deaths among women  
7 each year, and affecting 43 million women in the United States,  
8 but only 1 in 5 American women believe that heart disease is her  
9 greatest health threat and only 36 percent of African-American  
10 women and 34 percent of Hispanic women know that heart disease  
11 is their greatest health risk, and

12 WHEREAS, ninety percent of women have one or more risk  
13 factors for developing heart disease, yet women are less likely  
14 to call 911 for themselves when experiencing heart-attack  
15 symptoms than they are if someone else were having a heart  
16 attack, and

17 WHEREAS, eighty percent of cardiac events may be prevented,  
18 and women involved with the American Heart Association's Go Red  
19 for Women movement live healthier lives because it encourages  
20 women to take charge of their health and to schedule a well-  
21 woman visit to learn about their health status and risk for  
22 diseases, and nearly 90 percent of women involved in the  
23 movement have made at least one healthy behavior change to  
24 decrease the risk of heart disease, and

25 WHEREAS, Go Red for Women is asking each American woman to  
26 "Go Red" by wearing red and asking her doctor to check her blood

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27 | pressure, cholesterol, and glucose; stop smoking; lose weight,  
28 | be physically active, and eat healthy; advocate for more woman-  
29 | focused research and education; and make healthy food choices  
30 | for her and her family, NOW, THEREFORE,

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32 | Be It Resolved by the House of Representatives of the State of  
33 | Florida:

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35 |       That February 5, 2016, is designated as "Wear Red Day," and  
36 | citizens are encouraged to show their support for women and  
37 | their fight against heart disease by commemorating the day by  
38 | the wearing of the color red.