CS/HB 467, Engrossed 1

2020 Legislature

An act relating to physical therapy practice; amending s. 486.021, F.S.; revising and providing definitions; amending s. 486.025, F.S.; revising the powers and duties of the Board of Physical Therapy Practice; creating s. 486.117, F.S.; requiring the board to establish minimum standards of practice for the performance of dry needling, and additional supervision and training requirements for the performance of dry needling of specified areas, by physical therapists; requiring the Department of Health to submit a report to the Legislature by a specified date; providing construction; providing an effective date.

15

16

Be It Enacted by the Legislature of the State of Florida:

17

18

19

20

Section 1. Subsections (10) and (11) of section 486.021, Florida Statutes, are amended, and subsections (12) and (13) are added to that section, to read:

21 22

486.021 Definitions.—As used in this chapter, unless the context otherwise requires, the term:

23 24

25

"Physical therapy assessment" means observational, verbal, or manual determinations of the function of the movement musculoskeletal or neuromuscular system relative to physical

Page 1 of 8

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

CS/HB 467, Engrossed 1

2020 Legislature

therapy, including, but not limited to, range of motion of a joint, motor power, motor control, posture postural attitudes, biomechanical function, locomotion, or functional abilities, for the purpose of physical therapy making recommendations for treatment.

"Practice of physical therapy" means the performance (11)of physical therapy assessments and the treatment of any disability, injury, disease, or other health condition of human beings, or the prevention of such disability, injury, disease, or other health condition of health, and the rehabilitation of such disability, injury, disease, or other health condition as related thereto by alleviating impairments, functional movement <u>limitations</u>, and <u>disabi</u>lities by designing, implementing, and modifying treatment interventions through therapeutic exercise; functional movement training in self-management and in-home, community, or work integration or reintegration; manual therapy; massage; airway clearance techniques; maintaining and restoring the integumentary system and wound care; physical agent or modality; mechanical or electrotherapeutic modality; patientrelated instruction the use of the physical, chemical, and other properties of air; electricity; exercise; massage; the performance of acupuncture only upon compliance with the criteria set forth by the Board of Medicine, when no penetration of the skin occurs; the use of radiant energy, including ultraviolet, visible, and infrared rays; ultrasound; water; the

Page 2 of 8

51

52

53

54

55

56

57

58

59

60

6162

63

64

65

66

67

68

69

70

71

72

7374

75

CS/HB 467, Engrossed 1

2020 Legislature

use of apparatus and equipment in the application of <u>such</u> treatment, prevention, or rehabilitation the foregoing or related thereto; the performance of tests of neuromuscular functions as an aid to the diagnosis or treatment of any human condition; or the performance of electromyography as an aid to the diagnosis of any human condition only upon compliance with the criteria set forth by the Board of Medicine.

A physical therapist may implement a plan of treatment developed by the physical therapist for a patient or provided for a patient by a practitioner of record or by an advanced practice registered nurse licensed under s. 464.012. The physical therapist shall refer the patient to or consult with a practitioner of record if the patient's condition is found to be outside the scope of physical therapy. If physical therapy treatment for a patient is required beyond 30 days for a condition not previously assessed by a practitioner of record, the physical therapist shall have a practitioner of record review and sign the plan. The requirement that a physical therapist have a practitioner of record review and sign a plan of treatment does not apply when a patient has been physically examined by a physician licensed in another state, the patient has been diagnosed by the physician as having a condition for which physical therapy is required, and the physical therapist is treating the condition. For purposes of this paragraph, a health care practitioner licensed under chapter 458, chapter

CS/HB 467, Engrossed 1

2020 Legislature

- 459, chapter 460, chapter 461, or chapter 466 and engaged in active practice is eligible to serve as a practitioner of record.
- (b) The use of roentgen rays and radium for diagnostic and therapeutic purposes and the use of electricity for surgical purposes, including cauterization, are not "physical therapy" for purposes of this chapter.
- (c) The practice of physical therapy does not authorize a physical therapy practitioner to practice chiropractic medicine as defined in chapter 460, including specific spinal manipulation, or acupuncture as defined in chapter 457. For the performance of specific chiropractic spinal manipulation, a physical therapist shall refer the patient to a health care practitioner licensed under chapter 460.
- (d) This subsection does not authorize a physical therapist to implement a plan of treatment for a patient currently being treated in a facility licensed pursuant to chapter 395.
- (12) "Dry needling" means a skilled intervention, based on Western medicine, that uses filiform needles and other apparatus or equipment to stimulate a myofascial trigger point for the evaluation and management of neuromusculoskeletal conditions, pain, movement impairments, and disabilities.
- (13) "Myofascial trigger point" means an irritable section of soft tissue often associated with palpable nodules in taut

Page 4 of 8

CS/HB 467, Engrossed 1

2020 Legislature

101	bands of muscle fibers.									
102	Section 2. Section 486.025, Florida Statutes, is amended									
103	to read:									
104	486.025 Powers and duties of the Board of Physical Therapy									
105	Practice.—The board may administer oaths, summon witnesses, take									
106	testimony in all matters relating to its duties under this									
107	chapter, establish or modify minimum standards of practice of									
108	physical therapy as defined in s. 486.021, including, but not									
109	limited to, standards of practice for the performance of dry									
110	needling by physical therapists, and adopt rules pursuant to ss.									
111	120.536(1) and $120.54$ to implement the provisions of this									
112	chapter. The board may also review the standing and reputability									
113	of any school or college offering courses in physical therapy									
114	and whether the courses of such school or college in physical									
115	therapy meet the standards established by the appropriate									
116	accrediting agency referred to in s. 486.031(3)(a). In									
117	determining the standing and reputability of any such school and									
118	whether the school and courses meet such standards, the board									
119	may investigate and personally inspect the school and courses									
120	make personal inspection of the same.									
121	Section 3. Section 486.117, Florida Statutes, is created									
122	to read:									
123	486.117 Physical therapist; performance of dry needling									
124	(1) The board shall establish minimum standards of									
125	practice for the performance of dry needling by physical									

Page 5 of 8

148

149

150

CS/HB 467, Engrossed 1

2020 Legislature

126	therapists, including, at a minimum, all of the following:									
127	(a) Completion of 2 years of licensed practice as a									
128	physical therapist.									
129	(b) Completion of 50 hours of face-to-face continuing									
130	education from an entity accredited in accordance with s.									
131	486.109 on the topic of dry needling which must include a									
132	determination by the physical therapist instructor that the									
133	physical therapist demonstrates the requisite psychomotor skills									
134	to safely perform dry needling. The continuing education must									
135	include instruction in all of the following areas:									
136	1. Theory of dry needling.									
137	2. Selection and safe handling of needles and other									
138	apparatus or equipment used in dry needling, including									
139	instruction on the proper handling of biohazardous waste.									
140	3. Indications and contraindications for dry needling.									
141	4. Psychomotor skills needed to perform dry needling.									
142	5. Postintervention care, including adverse responses,									
143	adverse event recordkeeping, and any reporting obligations.									
144	(c)1. Completion of at least 25 patient sessions of dry									
145	needling performed under the supervision of a physical therapist									
146	who holds an active license to practice physical therapy in any									
147	state or the District of Columbia, who has actively performed									

Page 6 of 8

needs no additional supervised sessions to perform dry needling;

dry needling for at least 1 year, and who documents that he or

she has met the supervision and competency requirements and

CS/HB 467, Engrossed 1

2020 Legislature

T2T 01
--------

- 2. Completion of 25 patient sessions of dry needling performed as a physical therapist licensed in any state or in the United States Armed Forces.
- (d) A requirement that dry needling may not be performed without patient consent and must be a part of a patient's documented plan of care.
- (e) A requirement that dry needling may not be delegated to any person other than a physical therapist who is authorized to engage in dry needling under this chapter.
- (2) The board shall establish additional supervision and training requirements before the performance of dry needling of the head and neck or torso by a physical therapist if the board deems it necessary for patient safety.
- (3) The department shall, within existing resources, submit a report to the President of the Senate and the Speaker of the House of Representatives on or before December 31, 2022, detailing the number of physical therapists in the state, the number of physical therapists in the state performing dry needling, any increases or decreases in the number of physical therapists in the state by geographic area, and any adverse medical incidents as defined by the board involving physical therapists in the state performing dry needling.
- (4) The performance of dry needling in the practice of physical therapy may not be construed to limit the scope of

Page 7 of 8

CS/HB 467, Engrossed 1

2020 Legislature

176	practice of	f other	lice	ensed	healt	h car	e pract	titior	ners	s not
177	governed by	y this	chapt	cer.						
178	Section	on 4.	This	act	shall	take	effect	July	1,	2020.

Page 8 of 8