

HR 8045

2020

House Resolution

1 A resolution designating August 2020 as "Abdominal
2 Injury in Youth Football Awareness Month" in the State
3 of Florida.
4

5
6 WHEREAS, during the 2018-19 school year, there were 40,361
7 students participating in the sport of football throughout high
8 schools in the state, and

9 WHEREAS, football encourages discipline, exercise, and
10 teamwork, all of which are critical to the development of a
11 youth, and

12 WHEREAS, abdominal injuries occur most often in collision
13 or contact sports, such as football, wrestling, ice or field
14 hockey, soccer, and lacrosse, and

15 WHEREAS, abdominal injuries are most often seen in youth
16 football because their abdominal wall is thinner and their
17 organs are not as protected by their ribs, and

18 WHEREAS, because of changes to football rules, such as
19 prohibiting helmet-to-helmet contact and chop blocks, contact is
20 often focused between the shoulders and knees, and

21 WHEREAS, direct contact to the abdominal area can cause
22 severe injuries, such as bleeding of the liver or spleen, which
23 are often difficult to recognize until it is too late, and

24 WHEREAS, professional football players routinely wear
25 abdominal protection equipment, which helps reduce the risk of

HR 8045

2020

26 | severe abdominal injuries, but is not readily known about or
27 | available in youth football, and

28 | WHEREAS, having plans and protocols can help protect our
29 | youth, NOW, THEREFORE,

30 |

31 | Be It Resolved by the House of Representatives of the State of
32 | Florida:

33 |

34 | That August 2020 is designated "Abdominal Injury in Youth
35 | Football Awareness Month" in the State of Florida in order to
36 | bring attention to abdominal injury prevention and protection to
37 | youth athletics.