

HR 8037

2021

House Resolution

A resolution designating May 2021 as "Osteoporosis Awareness Month" in Florida.

WHEREAS, one in two women and one in four men in the United States who are 50 years of age or older will fracture a bone due to osteoporosis in their lifetimes, and

WHEREAS, approximately 4.7 million women who are 50 years of age or older live in this state, and

WHEREAS, a woman's risk of fracturing a hip is equal to her combined risk of being diagnosed with breast, uterine, and ovarian cancer, and

WHEREAS, bone fractures due to osteoporosis can have serious long-term physical and financial consequences, and

WHEREAS, after the first bone fracture, postmenopausal women with osteoporosis are five times more likely to fracture a bone within the next year, and

WHEREAS, persons who are living with osteoporosis often remain undiagnosed and untreated, and

WHEREAS, lifestyle modifications, including regularly engaging in weight-bearing physical activity, eating a balanced diet with the right amounts of calcium and vitamin D, abstaining from smoking, and limiting alcohol; medications that not only fight bone loss but replace lost bone mass; and screenings are

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25 | all important in the effort to prevent and treat osteoporosis,
26 | NOW, THEREFORE,

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28 | Be It Resolved by the House of Representatives of the State of
29 | Florida:

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31 | That May 2021 is designated as "Osteoporosis Awareness
32 | Month" in Florida to increase awareness, screening, and
33 | prevention and provide educational resources to inform and
34 | empower women to take charge of their bone health.