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## House Resolution

A resolution designating May 2021 as "Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Awareness Month" and May 12, 2021, as "Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Awareness Day" in Florida.

WHEREAS, Myalgic encephalomyelitis (ME), also known as chronic fatigue syndrome (CFS) or (ME/CFS), is a neuroimmune disease characterized by overwhelming fatigue, neurological impairment, pain, postexertional malaise, headaches, cardiac symptoms, immune dysfunction, hypometabolism, lack of energy production at a cellular level, orthostatic intolerance, severe dizziness and balance problems, increased morbidity, and a higher risk of suicide due to a lack of study within the medical community which has resulted in a lack of available treatments, and

WHEREAS, ME/CFS has been found by the National Academy of Medicine (NAM) to be "a serious, chronic, complex, and systemic disease that frequently and dramatically limits the activities of affected patients" producing a lower quality of life than multiple sclerosis, stroke, renal failure, heart failure, and other chronic diseases, and

WHEREAS, there are an estimated 17 million patients afflicted with ME/CFS worldwide, with 836,000 to 2.5 million

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patients in the United States and a number of reported cases in Florida, and

WHEREAS, ME/CFS is predominantly a postinfectious disease, with nearly 75 percent of patients developing chronic disease following acute infections, and

WHEREAS, coronaviruses and other viral pathogens can trigger ME/CFS and experts are estimating significant surges in ME/CFS cases following the COVID-19 pandemic, and

WHEREAS, ME/CFS persists for years or a lifetime, leaving many patients housebound or bedbound, with the most severely affected unable to speak, eat, or process sound or light, and most unable to attend school or work, and

WHEREAS, NAM noted that the medical community "generally still doubts the existence or seriousness of this disease" and patients have difficulty getting diagnosed or accessing quality medical care, given only a dozen United States clinical research facilities serve 1 million to 2.5 million ME/CFS patients, and

WHEREAS, there is still no treatment approved by the United States Food and Drug Administration for ME/CFS and almost no treatment trials, NOW, THEREFORE,

Be It Resolved by the House of Representatives of the State of Florida:

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That May 2021 is designated as "Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome Awareness Month" and May 12, 2021, is designated as "Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Awareness Day" in Florida to spread awareness of the disease.

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