

1 A bill to be entitled
 2 An act relating to required life skills instruction;
 3 amending s. 1003.42, F.S.; revising the required
 4 instruction in specified life skills to include career
 5 readiness, financial literacy, and home economics;
 6 providing an effective date.

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 8 Be It Enacted by the Legislature of the State of Florida:

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 10 Section 1. Paragraph (o) of subsection (2) of section
 11 1003.42, Florida Statutes, is amended to read:

12 1003.42 Required instruction.—

13 (2) Members of the instructional staff of the public
 14 schools, subject to the rules of the State Board of Education
 15 and the district school board, shall teach efficiently and
 16 faithfully, using the books and materials required that meet the
 17 highest standards for professionalism and historical accuracy,
 18 following the prescribed courses of study, and employing
 19 approved methods of instruction, the following:

20 (o) Comprehensive age-appropriate and developmentally
 21 appropriate K-12 instruction on:

22 1. Health education that addresses concepts of community
 23 health, consumer health, environmental health, and family life,
 24 including:

25 a. Injury prevention and safety.

- 26 | b. Internet safety.
- 27 | c. Nutrition.
- 28 | d. Personal health.
- 29 | e. Prevention and control of disease.
- 30 | f. Substance use and abuse.
- 31 | g. Prevention of child sexual abuse, exploitation, and
- 32 | human trafficking.

33 | 2. For students in grades 7 through 12, teen dating
 34 | violence and abuse. This component must include, but not be
 35 | limited to, the definition of dating violence and abuse, the
 36 | warning signs of dating violence and abusive behavior, the
 37 | characteristics of healthy relationships, measures to prevent
 38 | and stop dating violence and abuse, and community resources
 39 | available to victims of dating violence and abuse.

40 | 3. For students in grades 6 through 12, awareness of the
 41 | benefits of sexual abstinence as the expected standard and the
 42 | consequences of teenage pregnancy.

43 | 4. Life skills that build confidence, support mental and
 44 | emotional health, and enable students to overcome challenges,
 45 | including:

- 46 | a. Self-awareness and self-management.
- 47 | b. Responsible decisionmaking.
- 48 | c. Resiliency.
- 49 | d. Relationship skills and conflict resolution.
- 50 | e. Understanding and respecting other viewpoints and

51 backgrounds.

52 f. For grades 9 through 12, developing leadership skills,
53 interpersonal skills, organization skills, and research skills;
54 career readiness; creating a résumé, including a digital résumé;
55 exploring career pathways; using state career planning
56 resources; developing and practicing the skills necessary for
57 employment interviews; workplace ethics and workplace law;
58 managing stress and expectations; and self-motivation.

59 g. Financial literacy.

60 h. Home economics.

61 5.a. For students in grades 6 through 12, the social,
62 emotional, and physical effects of social media. This component
63 must include, but need not be limited to, the negative effects
64 of social media on mental health, including addiction; the
65 distribution of misinformation on social media; how social media
66 manipulates behavior; the permanency of sharing materials
67 online; how to maintain personal security and identify
68 cyberbullying, predatory behavior, and human trafficking on the
69 Internet; and how to report suspicious behavior encountered on
70 the Internet.

71 b. The Department of Education shall make available online
72 the instructional material being used pursuant to this
73 subparagraph, and each district school board shall notify
74 parents of its availability.

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76 Health education and life skills instruction and materials may
77 not contradict the principles enumerated in subsection (3).

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79 The State Board of Education is encouraged to adopt standards
80 and pursue assessment of the requirements of this subsection.
81 Instructional programming that incorporates the values of the
82 recipients of the Congressional Medal of Honor and that is
83 offered as part of a social studies, English Language Arts, or
84 other schoolwide character building and veteran awareness
85 initiative meets the requirements of paragraph (u).

86 Section 2. This act shall take effect July 1, 2025.