

HR 8007

2025

1 House Resolution

2 A resolution recognizing March 2025 as "Blood Clot
3 Awareness Month" in Florida.

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5 WHEREAS, a blood clot is a mass of blood that forms when
6 platelets, proteins, and cells in the blood stick together which
7 may naturally occur after an injury to stop bleeding and to help
8 the wound heal, and

9 WHEREAS, blood clots can be dangerous if they form where
10 they should not, the body makes too many blood clots or abnormal
11 blood clots, or the blood clots that formed to stop bleeding do
12 not break down following an injury, and

13 WHEREAS, blood clots do not discriminate by age, gender,
14 ethnicity, or race and may lead to illness, disability, or even
15 death if not treated early, and

16 WHEREAS, as indicated by the public education campaign
17 "Stop the Clot, Spread the Word," made possible through the
18 partnership of the National Blood Clot Alliance and the Centers
19 for Disease Control and Prevention, up to 900,000 people are
20 negatively affected by blood clots every year, and

21 WHEREAS, an estimated 100,000 Americans die annually due to
22 blood clots and many others have long-term complications, and

23 WHEREAS, blood clots may be further defined as deep vein
24 thrombosis or pulmonary embolisms, and

25 WHEREAS, deep vein thrombosis occurs if a blood clot forms
26 in one of the large veins, typically in a person's lower leg,
27 thigh, pelvis, or arm which may partly or completely block the
28 flow of blood or blood circulation in the body, and if
29 untreated, it can travel to the lungs, causing a blockage known
30 as a pulmonary embolism, which requires immediate medical
31 attention, and

32 WHEREAS, it is important to recognize the signs and
33 symptoms of a blood clot and deep vein thrombosis which often
34 presents as swelling, pain, tenderness, and redness or
35 discoloration of the skin at the affected area, and

36 WHEREAS, a pulmonary embolism is often associated with
37 difficulty breathing, a faster than normal or irregular
38 heartbeat, coughing up blood, and very low blood pressure,
39 lightheadedness, or fainting, and

40 WHEREAS, the negative consequences of blood clots are
41 preventable, and the best ways to avoid them include knowing the
42 risk factors, recognizing the signs and symptoms, informing a
43 medical professional of any risk factors, speaking with a
44 medical professional about blood clots before any surgical
45 procedure, and seeing a medical professional as soon as possible
46 when symptoms emerge, and

47 WHEREAS, to better inform the public of the risks, signs,
48 and symptoms of blood clots, the National Blood Clot Alliance

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49 | annually promotes March as "Blood Clot Awareness Month," NOW,
50 | THEREFORE,

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52 | Be It Resolved by the House of Representatives of the State of
53 | Florida:

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55 | That the month of March 2025 is recognized as "Blood Clot
56 | Awareness Month" in the State of Florida in order to raise
57 | public awareness of prevention measures and of the signs and
58 | symptoms of blood clots and to help residents of this state
59 | avoid the negative health consequences associated with blood
60 | clots.