

By Senator Arrington

25-01564-25

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1                                   A bill to be entitled  
2       An act relating to required life skills instruction;  
3       amending s. 1003.42, F.S.; revising the required  
4       instruction in specified life skills to include career  
5       readiness, financial literacy, and home economics;  
6       providing an effective date.

7  
8   Be It Enacted by the Legislature of the State of Florida:

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10       Section 1. Paragraph (o) of subsection (2) of section  
11   1003.42, Florida Statutes, is amended to read:

12       1003.42 Required instruction.—

13       (2) Members of the instructional staff of the public  
14   schools, subject to the rules of the State Board of Education  
15   and the district school board, shall teach efficiently and  
16   faithfully, using the books and materials required that meet the  
17   highest standards for professionalism and historical accuracy,  
18   following the prescribed courses of study, and employing  
19   approved methods of instruction, the following:

20       (o) Comprehensive age-appropriate and developmentally  
21   appropriate K-12 instruction on:

22       1. Health education that addresses concepts of community  
23   health, consumer health, environmental health, and family life,  
24   including:

- 25       a. Injury prevention and safety.  
26       b. Internet safety.  
27       c. Nutrition.  
28       d. Personal health.  
29       e. Prevention and control of disease.

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- 30 f. Substance use and abuse.
- 31 g. Prevention of child sexual abuse, exploitation, and  
32 human trafficking.
- 33 2. For students in grades 7 through 12, teen dating  
34 violence and abuse. This component must include, but not be  
35 limited to, the definition of dating violence and abuse, the  
36 warning signs of dating violence and abusive behavior, the  
37 characteristics of healthy relationships, measures to prevent  
38 and stop dating violence and abuse, and community resources  
39 available to victims of dating violence and abuse.
- 40 3. For students in grades 6 through 12, awareness of the  
41 benefits of sexual abstinence as the expected standard and the  
42 consequences of teenage pregnancy.
- 43 4. Life skills that build confidence, support mental and  
44 emotional health, and enable students to overcome challenges,  
45 including:
- 46 a. Self-awareness and self-management.
- 47 b. Responsible decisionmaking.
- 48 c. Resiliency.
- 49 d. Relationship skills and conflict resolution.
- 50 e. Understanding and respecting other viewpoints and  
51 backgrounds.
- 52 f. For grades 9 through 12, developing leadership skills,  
53 interpersonal skills, organization skills, and research skills;  
54 career readiness; creating a résumé, including a digital résumé;  
55 exploring career pathways; using state career planning  
56 resources; developing and practicing the skills necessary for  
57 employment interviews; workplace ethics and workplace law;  
58 managing stress and expectations; and self-motivation.

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59 g. Financial literacy.

60 h. Home economics.

61 5.a. For students in grades 6 through 12, the social,  
62 emotional, and physical effects of social media. This component  
63 must include, but need not be limited to, the negative effects  
64 of social media on mental health, including addiction; the  
65 distribution of misinformation on social media; how social media  
66 manipulates behavior; the permanency of sharing materials  
67 online; how to maintain personal security and identify  
68 cyberbullying, predatory behavior, and human trafficking on the  
69 Internet; and how to report suspicious behavior encountered on  
70 the Internet.

71 b. The Department of Education shall make available online  
72 the instructional material being used pursuant to this  
73 subparagraph, and each district school board shall notify  
74 parents of its availability.

75  
76 Health education and life skills instruction and materials may  
77 not contradict the principles enumerated in subsection (3).

78  
79 The State Board of Education is encouraged to adopt standards  
80 and pursue assessment of the requirements of this subsection.  
81 Instructional programming that incorporates the values of the  
82 recipients of the Congressional Medal of Honor and that is  
83 offered as part of a social studies, English Language Arts, or  
84 other schoolwide character building and veteran awareness  
85 initiative meets the requirements of paragraph (u).

86 Section 2. This act shall take effect July 1, 2025.