

By Senator Yarborough

4-01450-25

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Senate Resolution

A resolution recognizing the month of March as "Blood Clot Awareness Month" each year in Florida.

WHEREAS, a blood clot is a mass of blood that forms when platelets, proteins, and cells in the blood stick together, and the body naturally forms blood clots after an injury to stop bleeding and to help the wound heal, and

WHEREAS, blood clots are potentially dangerous and can materialize throughout the body in places they should not, such as when the body makes too many blood clots or makes abnormal blood clots, or when the blood clots formed to stop bleeding do not break down following an injury, all of which can lead to illness, disability, and even death if not treated early, and

WHEREAS, as indicated by the public education campaign "Stop the Clot, Spread the Word," made possible through the partnership of the National Blood Clot Alliance and the Centers for Disease Control and Prevention, up to 900,000 people are negatively affected by blood clots every year, and

WHEREAS, an estimated 100,000 Americans die annually due to blood clots, and many others have long-term complications as a result of blood clots, and

WHEREAS, blood clots can be further categorized as a deep vein thrombosis or a pulmonary embolism, and

WHEREAS, a deep vein thrombosis occurs if a blood clot forms in one of the large veins, typically in a person's lower leg, thigh, pelvis, or arm, and is a type of blood clot that can partly or completely block the flow of blood in the body and, if left untreated, can travel to the lungs, causing a blockage

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30 known as a pulmonary embolism, which requires immediate medical
31 attention, and

32 WHEREAS, it is important to recognize the signs and
33 symptoms of a blood clot, with a deep vein thrombosis often
34 presenting as swelling, pain, tenderness, and redness or
35 discoloration of the skin at the affected area, and

36 WHEREAS, by comparison, a pulmonary embolism often is
37 associated with difficulty breathing, a faster than normal or
38 irregular heartbeat, coughing up blood, and very low blood
39 pressure, lightheadedness, or fainting, and

40 WHEREAS, the negative consequences of blood clots are
41 preventable, and the best ways to avoid them include knowing the
42 risk factors, recognizing the signs and symptoms, informing a
43 medical professional of any risk factors, speaking with a
44 medical professional about blood clots before any surgical
45 procedure, and seeing a medical professional as soon as possible
46 when symptoms emerge, and

47 WHEREAS, to better inform the public of the risks, signs,
48 and symptoms of blood clots, the National Blood Clot Alliance
49 annually promotes March as "Blood Clot Awareness Month," NOW,
50 THEREFORE,

51

52 Be It Resolved by the Senate of the State of Florida:

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54 That the month of March is recognized as "Blood Clot
55 Awareness Month" in the State of Florida in order to join the
56 National Blood Clot Alliance in raising public awareness of
57 preventive measures and of the signs and symptoms of blood
58 clots, thereby helping the residents of this state avoid the

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59 negative health consequences associated with blood clots.

60 BE IT FURTHER RESOLVED that the Governor is respectfully
61 requested to issue a proclamation each year calling upon public
62 officials and the residents of this state to observe the month
63 of March as "Blood Clot Awareness Month" with appropriate
64 activities and programs.