

HB 1149

2026

A bill to be entitled
An act relating to recess requirements for middle school students; amending s. 1003.455, F.S.; requiring district school boards to provide a specified amount of free-play recess each week to students in grades 6 through 8; providing an effective date.

Be It Enacted by the Legislature of the State of Florida:

Section 1. Section 1003.455, Florida Statutes, is amended to read:

1003.455 Physical education; assessment.-

(6) In addition to the requirements in subsection (3),

each district school board shall provide at least 100 minutes of supervised, safe, and unstructured free-play recess each week for students in kindergarten through grade 8 so that there are at least 20 consecutive minutes of free-play recess per day.

This requirement does not apply to charter schools.

Section 2. This act shall take effect July 1, 2026.