

HB 1149

2026

1 A bill to be entitled
2 An act relating to recess requirements for middle
3 school students; amending s. 1003.455, F.S.; requiring
4 district school boards to provide a specified amount
5 of free-play recess each week to students in grades 6
6 through 8; providing an effective date.

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8 Be It Enacted by the Legislature of the State of Florida:

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10 **Section 1. Section 1003.455, Florida Statutes, is amended**
11 **to read:**

12 1003.455 Physical education; assessment.—

13 (6) In addition to the requirements in subsection (3),
14 each district school board shall provide at least 100 minutes of
15 supervised, safe, and unstructured free-play recess each week
16 for students in kindergarten through grade 8 ~~5~~ so that there are
17 at least 20 consecutive minutes of free-play recess per day.
18 This requirement does not apply to charter schools.

19 **Section 2.** This act shall take effect July 1, 2026.