

By Senator Sharief

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A bill to be entitled
An act relating to the impact of perimenopause and
menopause on women's health; creating s. 381.995,
F.S.; requiring the Department of Health to establish
a perimenopause and menopause policy workgroup;
providing requirements for the workgroup; requiring
the department, in collaboration with others, to
develop and make publicly available on its website
information relating to perimenopause and menopause;
providing requirements for such information; providing
an effective date.

Be It Enacted by the Legislature of the State of Florida:

Section 1. Section 381.995, Florida Statutes, is created to
read:

381.995 Perimenopause and menopause workgroup and
information.—

(1)(a) The Department of Health shall establish a
perimenopause and menopause policy workgroup. The workgroup
shall:

1. Develop key messages relating to perimenopause and
menopause.

2. Set initiative priorities.

3. Ensure, in conjunction with diversity and health equity
stakeholders, that initiatives are representative of diverse
communities of women and that the messaging resonates, is
culturally appropriate, and is delivered by trusted messengers.

4. Create a coordinated communications strategy to focus on

35-00601-26

2026190__

multiple audiences and use a variety of communications tools to reach:

a. Women and men of all ages.

b. Employers.

c. Medical providers.

5. Consider dissemination points for information, including, but not limited to, personal trainers, yoga instructors, hairdressers, religious meeting places, and community centers.

6. Support efforts to communicate the science on the safety of hormone replacement therapy (HRT) and nonhormonal therapies in appropriate patients and their use in improving health for menopausal women.

(b) The workgroup shall be composed of health care providers, women who have experienced perimenopause or menopause, advocates, and other interested parties and associations.

(2) The Department of Health, in collaboration with the workgroup, the Office of Women's Health, and relevant state agencies, shall develop and make publicly available, by posting on its website, resources and a website link to materials relating to perimenopause and menopause. The resources must include, but need not be limited to, all of the following:

(a) Accurate scientific information on perimenopausal and menopausal symptoms and treatment options.

(b) Information on health risks associated with reduced estrogen production and what women can do to stay healthy.

(c) A downloadable checklist that can be printed and taken to a clinician visit and that details recommended preventive

35-00601-26

2026190__

59 care for women as they reach and move through midlife and
60 provides a set of questions women may want to ask their
61 clinician.

62 (d) Content adapted from existing clinician-directed
63 materials relating to perimenopause and menopause, other federal
64 Offices of Women's Health, and tools created by patient
65 education and advocacy organizations.

66 Section 2. This act shall take effect July 1, 2026.