

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25

House Resolution

A resolution designates May 11-17, 2026, as "Youth  
Mental Health Awareness Week" in Florida.

WHEREAS, the mental health and well-being of children and  
adolescents are essential to their academic success, personal  
development, and overall quality of life, and

WHEREAS, one in six adolescents between the ages of 12 and  
17 in the United States experiences a major depressive episode  
each year, which translates to approximately 325,000 young  
Floridians, and

WHEREAS, one in nine adolescents between the ages of 12 and  
17 in the United States reports experiencing serious thoughts of  
suicide each year, demonstrating the urgent need for increased  
awareness, education, and early intervention, and

WHEREAS, suicide remains a leading cause of death among  
adolescents, with a suicide rate of 7.1 per 100,000 of  
individuals between 15 and 19 years of age in Florida, and

WHEREAS, Mental Health Awareness Month has been observed in  
the United States every May since 1949, providing an opportunity  
to focus attention on the unique mental health needs of children  
and adolescents, and

WHEREAS, schools, families, healthcare providers, and  
community organizations across Florida play a critical role in  
promoting mental wellness, reducing mental health stigma, and

HR 8101

2026

26 | supporting children and adolescents who face mental health  
27 | challenges, NOW, THEREFORE,

28 |

29 | Be It Resolved by the House of Representatives of the State of  
30 | Florida:

31 |

32 |       That May 11-17, 2026, is designated as "Youth Mental Health  
33 | Awareness Week" in Florida to support the mental health and  
34 | well-being of Florida's youth, and to commend the continued  
35 | collaboration among families, schools, healthcare providers, and  
36 | community organizations for supporting young Floridians facing  
37 | mental health challenges.