

## 1 House Resolution

2 A resolution designating May 10, 2026, as "First  
3 Responders Mental Health Awareness Day" in Florida.

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5 WHEREAS, the first responders in this state risk their  
6 lives each day to protect and assist the public, and

7 WHEREAS, first responders often experience high levels of  
8 job-related stress, trauma, and exposure to life-threatening  
9 situations that can have a profound impact on their mental  
10 health and emotional well-being, and

11 WHEREAS, the mental health of first responders directly  
12 affects their ability to make quick, sound decisions in high-  
13 pressure situations, which in turn impacts public safety and  
14 community trust, and

15 WHEREAS, the family members of first responders are also  
16 affected by the stressors associated with a first responder's  
17 job, and

18 WHEREAS, providing support for the families of first  
19 responders is a key component of overall mental health and  
20 wellness, and

21 WHEREAS, acknowledging and addressing the mental health  
22 needs of first responders is essential to preserving their  
23 health, safety, and ability to continue serving the residents of  
24 this state, and

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25           WHEREAS, agencies and organizations in Florida are working  
26 collaboratively to create peer support programs, crisis  
27 intervention training, and confidential access to mental health  
28 care for first responders, and

29           WHEREAS, Florida recognizes the importance of increasing  
30 awareness, promoting education, and encouraging initiatives that  
31 support the mental health and resilience of the first responders  
32 across this state, NOW, THEREFORE,

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34 Be It Resolved by the House of Representatives of the State of  
35 Florida:

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37           That May 10, 2026, is designated as "First Responders  
38 Mental Health Awareness Day" in Florida.